



ST. MATTHEW'S
EPISCOPAL CHURCH

**Would you like to learn more about our community's story?
The needs in our area? St. Matthew's resources and needs?**

**The Episcopal Health Foundation is sponsoring a wonderful opportunity
to grow in these areas.**

Join with the Rev. Katie Leuba in

Called to Community Learning Journey: Exploring Faith & Health.

Help us discover ways to build healthier communities in accordance with the Episcopal faith.

First Meeting: Sunday, May 4th at Noon in the Huffman Conference room. Lunch provided.

Sessions 2-7, Sundays at 9:15am

Session 8: June 22nd at Noon. Lunch provided.

Overview: The Episcopal Health Foundation Congregational Engagement team would like to share this self-guided learning journey. It aims to inspire, educate, and motivate congregations to engage in ministry and outreach activities that build healthier communities consistent with our Episcopal identity.

Through a structured framework participants will:

- Deepen their understanding of how the Baptismal Covenant connects to health and the community structures that impact wellness
- Identify the strengths and needs within both their congregation and the surrounding community
- Explore and develop practical next steps for impactful community ministry

We will be given a guidebook and access to online learning modules designed to provide valuable educational content and interactive activities. There are five chapters of content which encourage each congregation to understand their community's story, the capacity of their church and the story of the Episcopal Health Foundation. The interactive activities include a community survey focused on the congregation pinpointing community needs and a congregational survey which aims to illustrate the congregation's resources and capacity.