

Discerning God's Voice in Everyday Life" --- a workshop with Brother David Vryhof, SSJ and Brother Lucas Hall on Saturday. November 19, 8:30a until 2p.

Making decisions is a part of life. All of us are constantly having to make choices, great and small, and these choices make up the pattern of our lives. The purpose of this weekend program is to explore the role of prayer in making life choices. How do we discern which of the options before us represents "the will of God" for our lives? How can we learn to recognize the movement of the Spirit in our prayer as we consider the choices before us? The program will include teaching and group discussion as well as some time for individual reflection. Come join Brother David Vryhof and Brother Lucas Hall, as they help us explore God's working in our lives and in the choices before us.

8:30 am – Registration

9:00 am–12:00 pm (with breaks)

Workshop: "Discerning God's Voice in Everyday Life: An Introduction to Ignatian Spiritual Discernment"

Part One: An Introduction to St Ignatius of Loyola and the Art of Spiritual Discernment

Part Two: A Context for Doing Spiritual Discernment

Part Three: A Method for Doing Spiritual Discernment

Part Four: Rules for the Discernment of Good and Evil Spirits

2:00- 5:00 pm – Br. David is available for 25-minute individual spiritual direction sessions.

To purchase tickets, go to <https://bit.ly/Vryhof1119>. Lunch is included with the price of your ticket.