Spiritual Communion

When a Christian is genuinely unable to attend a celebration of the Holy Eucharist, this form of prayer may be used.

⚠ In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Collect

Almighty God, whose blessed Son our Savior Jesus Christ ascended far above all heavens that he might fill all things: Mercifully give us faith to perceive that, according to his promise, he abides with his Church on earth, even to the end of the ages; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. Amen.

A reading from the Revelation to John. (3:20)

Listen! I am standing at the door, knocking; if you hear my voice and open the door, I will come in to you and eat with you, and you with me.

Thanks be to God.

A reading from the Gospel according to John. (15:4-5a,8-9)

Jesus said, "Abide in me, as I abide in you. Just as the branch cannot bear fruit unless by itself unless it abides in the fine, neither can you, unless you abide in me. I am the vine, you are the branches. My father is glorified by this, that you bear much fruit and become by disciples. As the Father has loved me, so I have loved you; abide in my love."

Praise to you, Lord Christ.

The Act of Contrition

O God, I am very sorry that I have sinned against you, who are so good. Forgive me for Jesus' sake, and I will try to sin no more.

The Act of Reception

O Lord, in union with the faithful at every altar of your Church where your blessed Body and Blood are being offered to the Father, I desire to offer you praise and thanksgiving. I believe that you are truly present in the Holy Sacrament. And since I cannot now receive you sacramentally, I pray you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.

Come, Lord Jesus, dwell in me in the fullness of your strength, in the perfection of your ways, and in the holiness of your spirit, and rule over every hostile power, in the might of your Spirit and to the glory of your Father. Amen.

May the Body and Blood of our Lord Jesus Christ preserve my body and soul to everlasting life. Amen.

The Act of Praise and Thanksgiving

Blessed, praised, and adored be Jesus Christ on his throne of glory in Heaven, and in the most holy Sacrament of the Altar. Amen.