Vendor Contacts, Websites & Network Access Directions

**Cigna Medical & Dental**  
(800) 244-6224

1. Go to www.cigna.com  
2. Click on FIND A DOCTOR. Then select the orange box that reads, “For plans offered through work or school”.  
3. Choose the provider type you are looking for: doctor, dentist, or hospital/pharmacy/facility  
4. Enter the geographic location you wish to search  
5. Select one of the plans offered by your employer during Open Enrollment  
6. Enter a provider name, specialty, or other search term. Click Search to see your results.

**If searching for medical providers:**

a. For CDHP or OAP/OAP-IN plans, choose “Open Access Plus, OA Plus, Choice Fund OA Plus”

**If searching for dental providers:**

a. Select dentist instead of provider. Choose Cigna Dental PPO or EPO  
b. For Network, choose either Cigna DPPO Advantage or Cigna DPPO

**Cigna Behavioral Health**  
(866) 395-7794

1. Go to www.cignabehavioral.com  
2. Click on FIND A THERAPIST OR PSYCHIATRIST  
3. Log in (on left) to review your EAP benefits. “Episcopal” is the Employer ID  
4. Fill in the fields for seeking a provider under either Behavioral Health or EAP  
5. Click SEARCH

**Anthem Blue Cross and Blue Shield**  
(844) 812-9207

1. Go to www.anthem.com  
2. Under Menu, Click on Find a Doctor  
3. Login with your username or search as a guest.  
4. Enter your search criteria  
5. Under Select a plan/network, select National PPO (BlueCard PPO)  
6. Click Search and Continue  
7. Choose the type of provider you are looking for and click Search

**Kaiser Permanente**

Colorado  
(877) 883-6698  
Georgia:  
(866) 800-1486  
Mid-Atlantic States:  
(877) 740-4117
Kaiser Permanente (continued)

Northwest:              (866) 800-3402
Northern California:    (800) 663-1771
Southern California:    (800) 533-1833

1. Go to [www.kp.org](http://www.kp.org)
2. If searching as a guest, click on **Doctors and Locations**. Select your region and click **SEARCH**
3. Select the criteria for your search

EyeMed Vision Care              (866) 723-0513

1. Go to [www.eyemedvisioncare.com](http://www.eyemedvisioncare.com)
2. Click on **Find a Provider**. Enter your zip code. Under Choose Network, select **Insight**, and click **GET RESULTS**

Express Scripts (Pharmacy Benefit)       (800) 841-3361

1. Go to [www.express-scripts.com](http://www.express-scripts.com) and follow the steps to register. Then log on to price medications, view Express Scripts’ formulary list (preferred drugs), locate a participating pharmacy, etc.
2. Express Scripts has special representatives to assist you with any Open Enrollment questions. Call (800) 841-3361 and select option #1

Health Advocate             (866) 695-8622

1. Go to [www.healthadvocate.com](http://www.healthadvocate.com)
2. Click on Member Login
3. Enter “Episcopal” in the log-in box and click **SUBMIT** to view your benefits

Amplifon Hearing Health Care       (866) 349-9055

[www.amplifonusa.com](http://www.amplifonusa.com)

Click on “Find a Provider”
Enter zip code and hit enter

UnitedHealthcare Global Assistance       (800) 527-0218 (from US, Canada, Puerto Rico, Virgin Islands, Bermuda)

[https://members.uhcglobal.com](https://members.uhcglobal.com)

Medical Trust Client Services Call Center

Active and Retired Members       (800) 480-9967 (8:30AM – 8:00PM ET)