The offering of prayer late in the evening, often called Compline, has sometimes been described as the “goodnight prayer of the Church’. It rounds off the day and prepares us for a quiet night. As the psalmist wrote:

I lie down in peace and take my rest for it is in God alone that I dwell unafraid.

Night Prayer derives its content from the wisdom of the centuries in Scripture and above all in the psalms, but also from contemporary Christian experience of God. It celebrates the awareness that each of us who tries to pray is a part of the human whole.
The angels of God guard us through the night and quiet the powers of darkness.

The Spirit of God be our guide to lead us to peace and to glory.

It is but lost labor that we haste to rise up early, and so late take rest, and eat the bread of anxiety. For those beloved of God are given gifts even while they sleep.
My brothers and sisters,
our help is in the name of the eternal God,
who is making the heavens and the earth.

Dear God,
thank you for all that is good,
for our creation and our humanity,
for the stewardship you have given us of this
planet earth,
for the gifts of life and of one another,
for your love which is unbounded and eternal.

O thou, most holy and beloved,
my Companion, my Guide upon the way,
my bright evening star.
We repent the wrongs we have done.

Silence....
We have wounded your love.
O God, heal us.

We stumble in the darkness.
Light of the world transfigure us.

We forget that we are your home.
Spirit of God, dwell in us.

Eternal Spirit, living God,
in whom we live and move and have our being,
al that we are, have been, and shall be is known to you,
to the very secret of our hearts
and all that rises to trouble us.
Living flame, burn into us,
cleansing wind, blow through us,
fountain of water, well up within us,
that we may love and praise in deed and in truth.
Invocation

Eternal Spirit,
flow through our being and open our lips,
that our mouths may proclaim your praise.

Let us worship the God of love.
Alleluia, alleluia.

Reading of the psalm.....
Reading of scripture.....
Nothing Can Trouble

Nothing can trouble
Nothing can frighten,
Those who seek God shall never go wanting.

Nothing can trouble
Nothing can frighten,
God alone fills us.

Nada te turbe
Nada te espante,
quien a Dios tiene nada le falta.

Nada te turbe
Nada te espante,
Solo Dios basta.
God be in my head, and in my understanding;

God be in my mouth, and in my speaking;

God be in my heart, and in my thinking;

God be at my end, and at my departing.
Prayers

Into your hands, O God, I commend my spirit, for you have redeemed me, O God of truth and love.

Keep me, O God, as the apple of an eye; hide me under the shadow of your wings.

Preserve us, O God, while waking, and guard us while sleeping, that awake we may watch with Christ, and asleep may rest in your peace.
Song of Simeon

Praise be to God, I have lived to see this day,
God’s promise is fulfilled, and my duty done.

At last you have given me peace,
for I have seen with my own eyes
the salvation you have prepared for all nations –
A light to the world in its darkness,
and the glory of your people Israel.

Glory be to God, sustaining, redeeming, sanctifying,
as in the beginning, so now, and for ever.

Amen
Lord, have mercy

Christ, have mercy

Lord, have mercy

Eternal spirit, Earth-maker, Pain-bearer, Life-giver,
Source of all that is and that shall be,
Father and Mother of us all,
Loving God, in whom is heaven:

The hallowing of your name echo through the universe!
The way of your justice be followed by the peoples of the world!
Your heavenly will be done by all created beings!
Your commonwealth of peace and freedom
sustain our hope and come on earth.

With the bread we need for today, feed us,
In the hurts we absorb from one another, forgive us.
In times of temptation and test, strengthen us.
From trials too great to endure, spare us,
From the grip of all that is evil, free us.

For you reign in the glory of the power that is love,
now and for ever. Amen
I will lie down in peace and take my rest, for it is in God alone that I dwell unafraid.

Let us bless the Earth-maker, the Pain-bearer, the Life-giver. Let us praise and exalt God above all for ever.

May God’s name be praised beyond the furthest star, Glorified and exalted above all for ever.
God our Creator, our centre, our friend,  
we thank you for our good life,  
for those who are dear to us,  
for our dead, and for all who have helped and influenced us.  
We thank you for the measure of freedom we have,  
and the extent to which we control our lives;  
and most of all we thank you for the faith that is in us,  
for our awareness of you and our hope in you.  
Keep us, we pray you, thankful and hopeful  
and useful until our lives shall end.  

Amen
Lord, it is night.
The night is for stillness. Let us be still in the presence of God.

It is night after a long day. What has been done has been done; what has not been done has not been done; let it be.

The night is dark. Let our fears of the darkness of the world and of our own lives rest in you.

The night is quiet. Let the quietness of your peace enfold us, all dear to us, and all who have no peace.

The night heralds the dawn. Let us look expectantly to a new day, new joys, new possibilities.

In your name we pray.

Amen
Thanks be to God.

The divine Spirit dwells in us.

Thanks be to God.