WELCOME TO ALL VISITORS! Trinity is a place where you will find open minds, open hearts and open doors. We believe that as people of God, we can all share in God’s love; a love that is inclusive, ever abundant and meant to be expressed through our action in the world. We are delighted to have you with us and hope you will come back often. If you would like to learn more about life here at Trinity please:

- Fill out a Welcome Card
- Join us for coffee on the Labyrinth Plaza
- Visit our Resource & Welcome Tables
- Visit our website at www.trinitysb.org

The Worship Bulletin you received along with this handout will be your basic guide through this morning’s liturgy.

Parish Notes: In the column to the right you will find the scripture readings, hymns and other music for this service. The following pages contain further information about today’s worship and our upcoming meetings and events.

Hymn Singing: The hymn numbers are listed to the right and on the pillars at the front of the church. The Hymnal is the red book located in the pew rack in front of you.

Reading the Lessons: If you would like to follow the scripture readings, Bibles are available at the back of the church.

Open Communion: From whatever tradition you come and wherever you are in your journey of faith, you are welcome at our table. You will find simple directions on how to participate in the worship bulletin.

Children & Youth: Trinity offers a Summer Sacred Arts program for ages 3-10, beginning at 9:45 a.m. in the Guild Hall.

Children at Communion: Children in the Summer Sacred Arts are brought in to the church at the Peace to join us for Holy Communion. At this point, you are welcome to gather your children from the nursery to be with you.

Nursery & Toddler care is available 9:30-11:15 a.m. (Ask an usher for directions).

LESSONS: Bibles are available at the rear of the church.

First Lesson: 1 Kings 2:10-12; 3:3-14 OT 237
Psalm 111 See Back Page
Second Lesson: Ephesians 5:15-20 NT 150
The Holy Gospel: John 6:51-58 NT 75

HYMNS
PROCESIONAL HYMN 488
OFFERTORY HYMN 148
DISMISSAL HYMN 336

events at trinity

PARISH CONVERSATION: HOSPITALITY TODAY after both services See Page 2
RACE: REFLECTIONS & ACTIONS WEDNESDAY, AUGUST 19 See Page 2
AN EVENING WITH TANIA ISRAEL THURSDAY, AUGUST 20 See Page 2
CHURCH SCHOOL WORK DAY SATURDAY, AUGUST 22 See Page 2

Happy Summer!

the week ahead

Sunday, August 16
8:00 a.m. Holy Eucharist
9:00 a.m. Parish Conversation: Hospitality
9:15 a.m. Centering Prayer
9:45 a.m. Summer Sacred Arts
10:00 a.m. Holy Eucharist
11:30 a.m. Coffee Hour
11:30 a.m. Parish Conversation: Hospitality

Tuesday, August 18
5:30 p.m. Holy Eucharist

Wednesday, August 19
Noon Base Community
7:00 p.m. Race: Reflections & Actions

Thursday, August 20
10:30 a.m. Women’s Circle
7:00 p.m. An Evening With Tania Israel

Friday, August 21
9:00 a.m. Healing Touch

Saturday, August 22
10:30 a.m. Church School Work Day

Sunday, August 23
8:00 a.m. Holy Eucharist
9:00 a.m. Parish Conversation: Rector Qualities and Attributes
9:15 a.m. Centering Prayer
9:45 a.m. Summer Sacred Arts
10:00 a.m. Holy Eucharist
11:30 a.m. Coffee Hour
11:30 a.m. Parish Conversation: Rector Qualities and Attributes

Trinity Episcopal Church • 1500 State Street • Santa Barbara Ca 93101 • 805.965.7419 • www.trinitysb.org
worsehip ministers

8:00 a.m. Holy Eucharist
Presiding: The Rev. Mark Asman
Preaching & Assisting: The Rev. Carren Sheldon
Acolyte: Diana Buzerak
Readers: Beth Horvath
Intercessor: John Ruffin
Lay Eucharistic Minister: Jane Hahn
Ushers: Jim and MK Micallef
Altar Guild: Nollie Lei Dawson
Ministry of Presence: Terry Walker

10:00 a.m. Holy Eucharist
Presiding: The Rev. Mark Asman
Preaching & Assisting: The Rev. Carren Sheldon
Acolyte: Susan Decker, Isabella Friedman, Sheila Goodner, Terre Sanitate
Prayer Ministers: John Michal, Iva Schatz, Marie Schoeff, Terry Walker
Readers: Andrew Siegel, Kate Wallace
Intercessor: John Ruffin
Lay Eucharistic Ministers: Michael Kramer, Mandy Phillips, Dane Goodman, Anne Roediger
Ushers: Stephen Humphreys, Dell Barden, Dave Malvinni, Ronald Squires
Welcome Team: Joyce Rainer, Carol Carpenter, Anne Shaw, Marlene Carroll, Glenn Stuck
Heart & Hand: Norma Stuck
Altar Guild: Edith Hollister, Sue Adams
Flower Guild: Nollie Lei Dawson
Ministry of Presence: Lynn Carlisle, Aaron Panchal
Cantor: Grey Brothers
Organist: Thomas Joyce
Summer Sacred Arts: Alexis Henderson, Carola Pisani, Bill Wood, Dianne Delaney
Weekly Office Volunteers: Jessie Breyspraak, Mary Campbell, Jane Ellison, Betty Ferry, Andrea Fritzen, MK & Jim Micallef, Susannah Rake, Nina Zimmer

The Abundance Table
Come by and see what it's all about. Share and enjoy Trinity’s food abundance each Sunday until mid-September. Stop by the table each week outside by the Labyrinth Plaza to share fruits, vegetables, plants and flowers, etc. Take home things you can use and/or bring something from your yard to share - though not necessary.

Race and Trinity
Wednesday, August 19, 7:00 p.m.
Why do white people find it difficult to talk about racism? Join us to discuss this and related aspects of what Dr. Robin D’Angelo calls “white fragility.” Wednesday, August 19, 7:00-8:00 p.m. in the Trinity Library. All are welcome. For more information, contact Judy Stevens at 698-9309 or prayandact3@gmail.com.

LGBTQ Trinity Presents: An Evening with: Tania Israel
Thursday, August 20, 7:00-8:30 p.m.
Tania will present her recent TED Talk: Bisexuality and Beyond Trinity Episcopal Church Q and A Panel Discussion Light Refreshments Tania Israel is a Professor in the Dept. of Counseling, Clinical and School Psychology; UCSB. Her scholarship focuses on interventions to support the mental health and well-being of LGBTQ individuals and communities, privilege and oppression, intersections among gender, ethnicity, and sexual orientation, and social justice.

Our mission
As God’s people, we will share the love of God in a way that nurtures body, mind and spirit. Demonstrating God’s love for the world, we will serve a diverse population and accept one another without reservations. By including all people as one family in worship and service to God, we are all empowered and inspired by the Spirit to continue the work of Jesus Christ.
TRINITY’S CHOIR BACK SOON!  
First Rehearsal September 3
Trinity’s great all-volunteer choir will be rejoining us in our 10:00 a.m.
services beginning September 13. 
Our first rehearsal for the new season will be Thursday,
September 3, at 7:30 p.m. in the Guild Hall. We joyfully welcome
new members! Please speak to me, email me, or give me a call if you or
someone you know might be interested in joining us! Sing with us for a few
weeks, or for a season, or make a year of it! Questions? See “Singing in Trinity’s
Choir” in Trinity Notes.

~Grey Brothers, Minister of Choral and Congregational Music.
969-9129 brothers@westmont.edu

COFFEE HOUR - TREATS NEEDED SUNDAYS!
Parishioners with last names from P-Z
are invited to sign up for a Sunday to host our popular social time. Hosts are asked to bring 3
dozen treats, savory or sweet, plated and ready
to serve. Sign up on the Labyrinth Plaza.
Contact: Jill Kennedy at jillken@att.net

SCHOOL OF THE HEART
SEPTEMBER 4-5
Trinity will be sponsoring our second, School of the Heart:
Exploring Interfaith Contemplative Practices, the weekend of September 4 - 5. This is an opportunity
to learn about and practice mindfulness and meditation from internationally respected
spiritual teacher, Nithya Shanti. Nithya, a former Buddhist monk, is committed
to sharing practical wisdom teachings for happiness and enlightenment with people in a joyful and transformational way. Please sign up at the Welcome Table, call the church office (965-7419), or email the office (office@trinitysb.org) to sign up for either or both sessions:

• Friday, September 4, 7:00 - 8:30 p.m., 
  Talk by Nithya Shanti
• Saturday, September 5, 9:00 a.m. - 1:00 p.m., Mindfulness/Meditation Teaching & Practice

MEET TRINITY’S CAMPUS CARE COMMITTEE (CCC)
Trinity’s facilities are in very good shape, thanks to the generous people who participated in the Looking Beyond Ourselves Capital Campaign. Now our mission turns to maintenance. A small Campus Care Committee has formed for this purpose, including Paul Gunderson, Jim Micallef, Marcella Simmons, Loren Solin and led by Michael Arnold, who Chairs the Building Committee and serves as Junior Warden on Trinity’s Vestry. You can help by letting CCC know when you spot something which needs maintenance. So far, we’ve heard about a couple of cracked roof tiles and a tripped circuit breaker. If you see a maintenance opportunity, please let the Campus Care Committee know by email: campuscare@trinitysb.org. Thanks!

COFFEE HOUR - TREATS NEEDED SUNDAYS!
Parishioners with last names from P-Z
are invited to sign up for a Sunday to host our popular social time. Hosts are asked to bring 3
dozen treats, savory or sweet, plated and ready
to serve. Sign up on the Labyrinth Plaza.
Contact: Jill Kennedy at jillken@att.net

episcopal campus ministry at
st. michaels in IV

Mindfulness on Mondays: Meditation
Group meets Mondays 7:00 - 8:15 p.m.
in the St. Mike’s Chapel.
The group offers carefully guided Mindfulness meditation, Loving Kindness and Compassion meditation along with talks and discussion. Weekly free group meditation sittings. Led by Radhule Weininger, Ph.D.,
who practices psychotherapy and teaches Mindfulness Meditation. She has studied meditation since a stay in Sri Lanka in 1980 and is mentored in her teaching by Jack Kornfield. She strives to make Buddhist psychology and practice accessible and relevant to our current lives.

If you are interested in knowing more about St. Mike’s, contact Trinity liaisons Randy and Frances Hahn (rhahn51@cox.net, fahn1@cox.net) or go to www.saintmikesucsb.org.
SOUND BITES from the Portfolio Committee

The Portfolio Committee continues its important role of gathering our voices for the publication of the Trinity Portfolio. Prior to the launch of the portfolio website, we will be publishing “Sound Bites,” a first look at some of the information being collected from our All-Parish Survey and the Parish Conversations. Today, the first Sound Bite is from the survey. It’s exciting to see that almost 75% of active parishioners are involved in one or more shared ministries, and that so many people would like to be more involved. Take a look at the two graphs below, and watch for more Sound Bites to come.

![Involvement in Shared Ministry at Trinity](image)

![Where are we involved?](image)
**June Financials**

<table>
<thead>
<tr>
<th>Year</th>
<th>Actual</th>
<th>Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 2015</td>
<td>$54,905</td>
<td>$54,733</td>
</tr>
<tr>
<td>Income</td>
<td>$60,109</td>
<td>$58,565</td>
</tr>
<tr>
<td>Expense</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Year-to-Date**

- **Income**: $367,587
- **Expense**: $374,732
- **Balance of current funds**: $6,145

Trinity is grateful for each financial pledge and gift supporting our programs and ministries. Because our expenses are largely predictable and our income varies from month-to-month, staying as current as possible is a great help to us. If at any time your circumstances change, please notify Cami Segna, our parish Business Manager.

For a full statement of our income and expense, and vestry notes, see the bulletin board in the Parish Hall building for monthly update.

**Capital Campaign Update**

- **Pledge goal**: $2,300,000
- **Actual pledges**: $2,158,004
- **Income to date**: $2,159,489
- **Expenses to date**: $2,051,111
- **Balance of current funds**: $108,378

**Mid Week Worship**

- **Tuesday Evening Eucharist**: 5:30 p.m.

**Pastoral Care**

- **Hospital Visitation**: If you, or a member of the parish you know, is going into the hospital please notify Mark and Carren so they can arrange to visit.
- **Homebound Visitation**: If you, or a member of the parish you know, are homebound (long-term or short-term) and would like a visit or the Eucharist brought to them, please contact the Pastoral Care Committee: Fawzia Talbert 684–8536 or fawzia.talbert@gmail.com or Don Zimmerman 893–3422.
- **Healing Touch Prayer Ministry**: If you, or someone you know, would like to receive a time of Healing Touch Prayer, please contact Nina Zimmer at 968–4084.
- **Helping Hands**: The purpose of Helping Hands is to provide short-term care and support for parishioners who need a little extra help due to illness or life circumstances. These volunteers do things like cook a meal, run an errand, or provide transportation. Helpers are put into a resource pool and called upon on an “as need” basis. Mac McNeel, 280–2504
- **Prayer Shawl Ministry**: Shawls are handmade by parishioners and blessed each month. If you or someone you know is in need of this prayer-filled comfort, please contact: Norma Stuck, 964–5807, normaestuck@gmail.com.
- **Pastoral Emergency Contact Number**: In case of a pastoral or medical EMERGENCY outside of regular office hours please call 726–1255. Clergy will respond to your page as soon as possible.

**About Pledging**

Our vision of Stewardship recognizes that God is the giver and has blessed each one of us with many gifts. Common to us all is the privilege and blessing of how we use the precious gifts of our time, talent and treasure. Stewardship is the spiritual practice of discerning the use of these gifts in building God’s dream of love and justice in our hearts, relationships and world. At Trinity we call your gift of time and talent Shared Ministry and we call your gift of treasure a pledge. Pledge forms are available at the Welcome Table.

**Trinity Contact List**

**Staff**

- The Rev. Mark E. Asman, Rector masman@trinitysb.org
- The Rev. Carren Sheldon, Associate Rector cseldon@trinitysb.org
- Katrina Perez, Administrative Assistant office@trinitysb.org
- Hannah Ruth Brothers, Administrative Assistant office@trinitysb.org
- Judith Torres, Coordinator of Shared Ministries jtorres@trinitysb.org
- Cami Segna, Business Manager csegna@trinitysb.org
- Elizabeth Hess, Coordinator of Children’s Ministries ehess@trinitysb.org
- Libby Yardi, Coordinator of Youth Ministries lyardi@trinitysb.org
- Grey Brothers, Minister of Choral & Congregational Music brothers@westmont.edu
- Thomas Joyce, Minister of Keyboard Music tjoyce@trinitysb.org
- Miguel Toscano, Sexton mtoscano@trinitysb.org
- Jan Fadden, Parish Nurse, 636-2559

**Parish Council**

- Administration & Inclusion: Geoff Hornby, 729-2383, ghornby@earthlink.net
- Children & Youth Council: Vanessa Woods, 637-0201, nessawoods@gmail.com and Susan Krutzsch 569-5012, krutzsch.s@gmail.com
- Adult Formation: Dennis Wylie, 967-9515, dwylie@cox.net
- Hospitality: Jill Kennedy, 570-9485, jillken@att.net and Julia Laraway, 682-6926, a1fyri516@aol.com
- Justice & Outreach: Brian Bargiel, 682-4303, brian@thebargiels.com and Laurinda Marshall, 685-5586, laurindax@yahoo.com
- Worship: Lynn Carlisle, 722-0509 lynncarlisle@gmail.com
- Vestry
  - Anne Porter, Senior Warden, anneporter@cox.net
  - Michael Neal Arnold, Junior Warden, mnarnold@hascob.com
  - Diana Thomas, Clerk, deeleee.thomas@gmail.com
  - Stephen Humphreys, humphreys@history.ucsb.edu
  - Ann Jaqua, annjaqua@cox.net
  - Georgia Noble, gnoble@cox.net
  - Aaron Panchal, apanchal@westmont.edu
  - Patsy Price, pstadel@gmail.com
  - Elizabeth Schmid, eschmid09@me.com
  - Stephen Singleton, teaslton@cox.net
  - Terry Walker, terrywallace805@gmail.com
  - Kristi Wallace, kristi957@gmail.com

**Capital Campaign Update**

As of June 2015

- **Pledge goal**: $2,300,000
- **Actual pledges**: $2,158,004
- **Income to date**: $2,159,489
- **Expenses to date**: $2,051,111
- **Balance of current funds**: $108,378

**Mid Week Worship**

- **Tuesday Evening Eucharist**: 5:30 p.m.

**Pastoral Care**

- **Hospital Visitation**: If you, or a member of the parish you know, is going into the hospital please notify Mark and Carren so they can arrange to visit.
- **Homebound Visitation**: If you, or a member of the parish you know, are homebound (long-term or short-term) and would like a visit or the Eucharist brought to them, please contact the Pastoral Care Committee: Fawzia Talbert 684–8536 or fawzia.talbert@gmail.com or Don Zimmerman 893–3422.
- **Healing Touch Prayer Ministry**: If you, or someone you know, would like to receive a time of Healing Touch Prayer, please contact Nina Zimmer at 968–4084.
- **Helping Hands**: The purpose of Helping Hands is to provide short-term care and support for parishioners who need a little extra help due to illness or life circumstances. These volunteers do things like cook a meal, run an errand, or provide transportation. Helpers are put into a resource pool and called upon on an “as need” basis. Mac McNeel, 280–2504
- **Prayer Shawl Ministry**: Shawls are handmade by parishioners and blessed each month. If you or someone you know is in need of this prayer-filled comfort, please contact: Norma Stuck, 964–5807, normaestuck@gmail.com.
- **Pastoral Emergency Contact Number**: In case of a pastoral or medical EMERGENCY outside of regular office hours please call 726–1255. Clergy will respond to your page as soon as possible.
PSALM 111

Hallelujah!
I will give thanks to the Lord with my whole heart,
in the assembly of the upright, in the congregation.
Great are the deeds of the Lord!
they are studied by all who delight in them.
Full of majesty and splendor is the work of the Lord,
whose righteousness endures for ever.
Gracious and full of compassion is the Lord,
whose marvelous works are to be remembered.
The Lord gives food to the God-fearing,
ever mindful of the covenant.
The Lord has shown the chosen people works of power
in giving them the lands of the nations.
The hands of the Lord work faithfulness and justice;
all the commandments of the Lord are sure.
They stand fast for ever and ever,
because they are done in truth and equity.
The Lord sent redemption to the chosen people,
commanding the covenant for ever;
holy and awesome is the name of the Lord.
The fear of the Lord is the beginning of wisdom;
those who act accordingly have a good understanding;
the praise of the Lord endures for ever.

TODAY’S MUSIC
8 a.m. & 10:00 a.m. Services

PRELUDE
Doctor Gradus ad Parnassum
Claude Debussy (1862-1918)

COMMUNION
Bruyères
Claude Debussy

POSTLUDE
How Fair and How Pleasant Art Thou
Marcel Dupré (1886-1971)

10:00 a.m. Service Only

OFFERTORY
Adagio in E major
Frank Bridge (1879-1941)

COMMUNION
Rêverie
Alexander Scriabin (1872-1915)

FOODBANK

NEEDS

VOLUNTEERS to sort food donations.
We have one-time shifts every Wednesday and Friday from 1:00-3:00 p.m. No weekly or monthly commitment required. Just sign up for the shift(s) you can commit to so we know how many people (and who) to expect. We can only allow 12 people to sign up per shift due to limited space. Each individual volunteer must sign up via the link below before coming in to volunteer. Mature teens are welcome to sign up too!

We have many other volunteer opportunities to fill. To learn more about them or to sign up for a warehouse tour, please visit the website at http://www.foodbanksbc.org or contact Melissa at 403-2471

community

FOODBANK SANTA BARBARA COUNTY

NEEDS

VOLUNTEERS to sort food donations.
We have one-time shifts every Wednesday and Friday from 1:00-3:00 p.m. No weekly or monthly commitment required. Just sign up for the shift(s) you can commit to so we know how many people (and who) to expect. We can only allow 12 people to sign up per shift due to limited space. Each individual volunteer must sign up via the link below before coming in to volunteer. Mature teens are welcome to sign up too!

We have many other volunteer opportunities to fill. To learn more about them or to sign up for a warehouse tour, please visit the website at http://www.foodbanksbc.org or contact Melissa at 403-2471

prayers

Please remember these prayer requests during the Prayers of the People and the week ahead.

*Please Remember In Your Prayers:


For the departed: Susan Siddall, Margaret Govea (sister of Elizabeth Rutherford), George Seltzer, George Breytspraak, William Putegnat, Marianne Wheatcroft-Pardue, Richard Harvey, Devon Rice, William Howard Arnold II, Gwendolyn Strong, Michel Reid, Mary Liz.

Serving our country in the armed forces: Craig & Catherine Christ, Grant Fish, Michael C. Fish, Lisa Skjoldhanlin, Alec Menoni, David Dees, Theresa Berry, Thomas Richert, Steven Finch, Frederic Johnston, Nicole A. Dennis, Kyle Ray, John Whitney, Taylor Sutherland, Ross Monten, Rodger Schuld.

Postulants and Candidates for Holy Orders: Michael Corrigan, Lauren Williams, Sarah Thomas.

*Note: Names will be removed after 60 days. If you wish to have someone added, call the office at 965–7419 or email office@trinitysb.org. Please indicate which list: short-term, long-term or departed.