School in South Sudan Will Have Doors and Windows!

The Marc Nikkel Primary School in Maar, South Sudan, was founded in 2003 in memory of The Rev. Marc Nikkel, missionary to Sudan from the Diocese of Southwestern Virginia. The second and newest classroom building, raised in 2012, was useful as it stood—but doors, windows, and paint were still needed. The campaign in our diocese to finish and secure the second set of classrooms raised the needed $12,000.

Thanks be to God! Thanks to the people and parishes of the diocese for your outreach!

A major donation of $8,160 came from vestry action taken at Christ Episcopal Church, Big Stone Gap. Parishes and individuals around the diocese donated the remaining $3,160. Your gifts and prayers mean so much to the community and students of the Marc Nikkel School in Maar as they grow and contribute to their new nation of South Sudan!

--MJ Mayerchak
R. E. Lee Memorial
DIRECTORY OF THE OFFICES OF THE DIOCESE OF SOUTHWESTERN VIRGINIA

1-800-346-7982 (DIO-SWVA) ~ 540-342-6797
FAX 540-343-9114 ~ www.dioswva.org

Visit us at 1000-1002 FIRST STREET in Roanoke. Send mail to PO BOX 2279, ROANOKE, VA 24009

The Rt. Rev. Neff Powell
Bishop
npowell@dioswva.org  extension 116

Lynn Robertson
Bishop's Secretary
Data Resources Manager
Lrobertson@dioswva.org  extension 117
M--F; 9--5

Alan Boyce
Canon for Administration
aboyce@dioswva.org  extension 115
M-F; 8-4

The Rev. Gene Anderson
Diocesan Transition Minister (DTM)
ganderson@dioswva.org  extension 122
Wednesday; 9-1
Gene may also be reached at 540-776-9096.

Aimee Bostwick
Diocesan Youth Coordinator
abostwick@dioswva.org  extension 121
M--F most mornings at Evans House, most afternoons from home. Aimee works many night and weekend hours with youth wherever they are located.

Jim Robertson
Accounts Payable and Procurement Coordinating Volunteer
jrobertson@dioswva.org  extension 120
Jim volunteers his time for this service, and consequently he sets his own hours.

Bill Lindsay
Program Coordinator for Planned Giving, Disaster Preparedness, and Grant Applications
blindsay@dioswva.org  extension 110
Bill has retired, and his hours are his own. Fortunately, he still shares some of them with us.

The Rev. John Heck
Director of Phoebe Needles Center, Inc.
johnheck@gmail.com  800-848-1677

Anita Boyd
Director of Grace House
grchse@yahoo.com  276-395-6588

The Rev. Deacon Kathy Chase
Title IV Intake Officer
Intakeofficer@dioswva.org  434-946-7374
This service is performed outside Evans House.

The Rev. Dr. Bob Copenhaver
Chaplain to Retired Clergy, Spouses, and Survivors;
Retired Clergy Insurance Contact
avpiper@aol.com  540-556-8307
Bob serves in this role for love and a small stipend.

The Rev. Becky Crites
Ecumenical and Inter-Religious Officer
becky.crites@gmail.com  540-774-2593

Maile Armstrong
Diocesan Safety Manager
"Safeguarding God's Children" Coordinator
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Nick Moga
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Dena Lee
United Thank Offering Coordinator
dglee7880@gmail.com

Kate Garcia
Parish Services Coordinator
kgarcia@dioswva.org  extension 111

- The Bishop Marmion Resource Center (BMRC) is open M--F, from 9 AM to 5 PM at Evans House. Materials may be previewed and checked out online at BMRC-online.org for pick-up or mailing. Contact Kate Garcia for assistance.
- Connections is a monthly diocesan publication connecting those who serve in similar or related leadership positions with the Evans House staff and with each other. Those who receive it are asked to share it with others in their congregations. Please send submissions for publication to Kate Garcia by the 15th of the preceding month.

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Dear Friends in Christ,

As we prepare for the Walkabouts and the Election of a new bishop, I have found myself reflecting on those events when I was elected.

Two experiences stand out in my memory of the walkabouts. First, five men were nominated, and I was the only one who was not accompanied by a wife. Dorothy taught second grade and it was the end of the school year. She stayed home to write report cards and the report on her student teacher. In addition, Bingham was a bottle dancer in the North Salem (Oregon) High School presentation of *Fiddler on the Roof*. I was able to attend the matinee performance, but Dorothy was needed to take Grandmother and Grandfather Powell to the evening performance. Being spouseless was lonely at times, and I missed out on the camaraderie of the four couples. But it was a good experience of what single parishioners go through and I spent more time visiting with the voters.

The Episcopal Church had just completed the trial of a bishop. A bishop had ordained a gay, partnered man to the priesthood. The bishop had been charged with violating the canons and had been acquitted the day before the Walkabout began. Because of this story, at every question time save one there was a question about homosexuality. “What do you think about the decision?” “Would you ordain a homosexual?” “Would you bless a couple or have you blessed a couple?” These were typical questions.

Most of the questions, though, were about the ordinary concerns of diocesan and church life, particularly small church life, about Christian formation, church attendance and membership, and stewardship. Some questions were about the family. Once or twice when the group ran out of questions I was asked to tell a story.

I remember that as I was going into the interviews my prayer was, “Please God, don’t let me say anything stupid.” Finally, I remember how much I enjoyed the Walkabout and thinking what a fine diocese Southwestern Virginia was.

The day of the election Dorothy and I waited for the results at home. My prayer was, “Please God, I don’t have to win this election, just don’t let me be embarrassed in the count.” We received a call after the third ballot and I was clearly and solidly in second place. I thought, “That’s nice. I ran well.” Then the call came that I had been elected. I had a tremendous feeling of “Well, I’ll be darned.”

We drove up to my parents’ house to tell them the news and have lunch. My mother said, “I am so proud of you.” But she had tears in her eyes and her lower lip trembled. It would mean saying goodbye to us and three of her grandchildren.

The whole search process was so affirming and so fine that I honestly felt that if I was not elected I could still say thank you for the experience.

When I meet the nominees the first thing I am going to do is to thank them for letting their names go forward. You put a lot of yourself out there; your ego does get involved with every election. It is so public. The second thing is to tell them what a fine diocese this is. The third is to tell them that I am holding them in my constant prayers.

I look forward to seeing many of you at the Electing Council on March 9.

Grace and Peace,

[Signature]
Budget cuts over the past several years have vastly eroded our ability to pay to have the Evans Diocesan House grounds properly landscaped and cared for. Our budget does provide for a lawn cutting service to keep the grass mowed and trimmed during the summer months. Thank goodness for the Men's Group from St. Mark's, Fincastle, who spend most of a Saturday every spring spreading mulch and trimming shrubs. This is a tremendous help every year. It is very much appreciated.

I am seeking other volunteers who might take responsibility for the oversight of specific areas of the Evans House property pictured here. Please call me at either 800-DIO-SWVA or at 540-342-6797, email me at aboyce@dioswva.org, or drop by Evans House to discuss the possibilities. I look forward to hearing from you!
The Canterbury Houses in Radford and at Virginia Tech will be working with Feeding America throughout the upcoming year. For more information on how parishes can support our Canterbury members in this effort, contact Sarah Morris (sarahcarper@hotmail.com) at Radford or Scott West (saw764@yahoo.com) at Virginia Tech. Let’s help stop hunger in our diocese, our state, and our country!

St. Paul's, Lynchburg, invites you to a Celtic Evensong Service on March 17, at 5:00 PM. The church is located at 605 Clay St., Lynchburg, VA 24504. For more information, call 434-845-7301 or email info@stpaulslynchburg.org.

Important information from the Church Pension Fund for treasurers, wardens, and administrators: As part of CPF’s efforts to be wise stewards of our financial and natural resources, we are providing the 2013 Federal Reporting Requirements for Episcopal Churches online in a downloadable, searchable PDF file. The PDF file has been posted at cpg.org. Given the possibility that Congress will make further changes to the Tax Code during this current legislative season, it is strongly recommend that you use the online version, which CPG will update on an ongoing basis to reflect any subsequent changes.

St. John's Church, Bedford, invites you to a "Day of Reflection" on Saturday, April 6, 2013, beginning at 9:30 am and closing after Noon Day Prayer.

We are pleased that Sharon Bryant, Chief of the Monacan Nation, communicant and lay reader at St. Paul's Episcopal Mission, Bear Mountain, and postulant for the priesthood, will lead us in a "Day of Reflection." She is currently a Postulant for the Priesthood in our diocese.

The "Day of Reflection" will begin with refreshments 9:30 am with the program following at 10 am. Snacks and sandwiches will be available during breaks, with the program ending at 12:30 and closing with the service of Noon Day Prayer.

Sponsored by the Mary & Martha chapter of the Daughters of the King, everyone is welcome. We hope you will mention the date of April 6 to others. There is no fee.

To help us anticipate numbers, please call St. John's Church, Bedford, at (540) 586-9582 to leave your name & telephone number, or email jshutts@verizon.net.

*"Around the Diocese" continues on page 12

Reminder!
Early bird registration deadline is Feb. 28 …
$45 for everything…$15 in your pocket!

The Music of the Spheres . . .
Choral Anthems from Hymnals and Beyond
A 1-day workshop
Saturday, March 9, 2013
Holy Comforter Episcopal Church
4819 Monument Avenue, Richmond

9:00 am  Coffee & Registration
9:30 – 3:00  Program and lunch

Brought to you by the fine Church Musicians of LPM (Leadership Program for Musicians) and The Committee on Music & Liturgy, Diocese of Virginia.

Morning session: Using hymns as anthems
Our hymnals provide a wonderful resource for choirs with limited resources—great ideas to take home!

Afternoon session: Anthem reading
Unison, two and three part, and simple four part anthems—fun and stimulating!

LEADERS: Ellen Johnston, Martha Burford, David Sinden, and Kevin Feltmann

To Register: Send name(s) and Check to (“LPM Virginia”) c/o Nellwyn Beamon at Church of the Ascension, 405 Talbot Hall Road, Norfolk, VA 23505.

For more information, visit www.lpm-va.org
The Ninety-Fourth Annual Council has come and gone. Resolutions were passed, canons were changed, the proposed budget was amended and passed, and convocations gathered to discuss council topics and possible actions. (You’ll find more information about that on the diocesan website as it becomes available. Look under Governance-->Annual Council.)

Children@Council was led by new Co-Coordinators Lori Heymann and Gretchen Carlson-Hagee, assisted throughout the weekend by Paul Heymann. The children, from babies to fifth graders, each had family members engaged in council business. Gretchen, Lori, and Paul volunteered to spend their weekend supporting diocesan lay and clergy delegates in this way. They spent an incredible number of hours in advance, planning the weekend to ensure that each child would have the activities, meals, and more that would be best for that child, as did former coordinator Sally Willis and her team of volunteers in years past.

Youth@Council continued to grow and to lead the way in showing adults how to be a loving and caring community. All ages were invited to participate in and enjoy Café 56, where amazing, funny, touching skits, songs, and performances of all types were shared. I loved the acts, the return of the Young Adults, and the fact of the coffee house taking place right there in the room where our business session had ended a couple of hours before—but my favorite part was the deafening cheers and applause for each and every act. No one limited him- or herself to supporting only his or her parishioners, or persons from a similar-sized congregation, or people of the same age as oneself, or performances of a certain type. Each person was welcomed to the stage and honored as a gift in the community.

Twenty amazing workshops, led by a multitude of people with experience to share, took place. These were planned for the entire diocese, not just Annual Council participants, by the Education Consortium. By the time you read this, “EdCon” will have already met to begin thinking about the next Saturday@Council event. Planning—and meeting—will continue through the year as we consider what you have asked for and our new bishop’s preferences.

The Sacred Garden Bookstore brought a marvelous display to Council. (They promise to bring their beautiful notecards next year!) In the column to the left you’ll see brief descriptions of just two of the new items now available in the BMRC. You can find others online at bmrc-online.org.

Council has come and gone, but the benefits of our time together will continue throughout the year.
Mothering Sunday

A Lenten Tradition

The fourth Sunday in Lent is known as Mothering Sunday, Refreshment Sunday, and Laetare Sunday. Traditionally a day of refreshment and relaxing the penitential discipline of Lent, rose-pink vestments were allowed to take the place of the purple vestments of Lent. Galatians 4:26 refers to heavenly Jerusalem as "the mother of us all."

In the 17th century, Christians went to church on Mothering Sunday to pay their respects to the mother church of their religion, often returning to their home churches to do so. Since everyone came to church on this day, it became a kind of family reunion day as well, and people would say they were gone "a mothering." They brought flowers and treats to their mothers on the occasion, including a special fruitcake called a simnel cake.

Children of all ages were expected to pay a formal visit to their mothers and to bring a simnel cake as a gift. In return, the mothers gave their children a special blessing. This custom was so well-established that masters were required to give servants enough time off to visit out-of-town mothers—provided the trip did not exceed five days.

Simnel cake is a fruit cake with a flat layer of marzipan (sugar almond paste) placed on top, decorated with eleven marzipan balls representing the twelve apostles minus Judas, who betrayed Christ.

Simnel Cake

6 oz butter
6 oz sugar
3 beaten eggs
8 oz plain flour
1/2 tsp grated nutmeg
1/2 tsp ground cinnamon
4 oz glace cherries
2 oz chopped mixed peel
9 oz currants
4 oz sultanas
1 lb almond paste
A little milk if necessary

Cream together the butter and sugar until pale and fluffy.

Beat in the eggs slowly.

Fold in the flour and spices.

Add the fruit and fold in.

Add a teaspoon or two of milk if too firm.

Line and grease a 7-inch round cake tin.

Roll out half the almond paste to a 6-inch circle.

Spoon 1/2 of the cake mixture into the cake tin.

Put the almond paste circle on top of the cake mixture.

Then add the rest of the cake mixture and bake at 325 degrees until dark brown and firm.

Once the cake is cool, roll 2/3 of the remaining almond paste into a 5-inch circle.

Use the last of the almond paste to roll eleven balls about the size of a walnut. Stick the "apostles" around the outer edge of the top.

Brush entire top with beaten egg and bake at 425 degrees until slightly golden. (Protect the sides of the cake with tin foil.)

The cake pictured is decorated with primulas brushed with egg white, sprinkled with castor sugar, and left to harden in a warm place. Violets may also be used. These can be made in advance and stored until needed.

Palm Sunday Resource

Need help making those Palm Sunday crosses? You can find great videos on youtube.com, using "palm crosses" as the search phrase. Simply written, printable instructions with pictures can be found at www.kingofpeace.org/palmcrosses/. Call 800-DIO-SWVA if you need these mailed to you.
Did you know that a hundred years ago, only about 4 percent of the U.S. population was over age 65? By 2000, that number had reached more than 12 percent. By 2030, an estimated 20 percent of the population will be older than 65 (including most of us!).

I talked in a previous article about things which we can do to help decrease our risk of cognitive impairment as we age—things like eating healthy foods, getting aerobic exercise every day, staying involved in our communities, churches, and other social organizations. All of which sounds like the usual humdrum message we hear every day in the media and from our health care providers. But are there some FUN things we can do to help our brains stay healthy and functional? Of course there are! Here are some ideas for what some people are calling “brain aerobics”:

**Meditation and Prayer:** This may include guided modes such as yoga, Tai Chi, or simply sitting quietly and concentrating on deep, slow breathing, doing centering prayer—and of course, as Christians, we find that Lent is a good time to give more time and intention to our prayer lives.

**Mind Games:** Many of these can be found on the Internet, for those “techies” among us, or try crosswords, Sudoku, word games, jigsaw puzzles—anything which encourages our brains to make connections and formulate logical analyses.

**New learning experiences:** Learn a new language, a new musical instrument, take up a new hobby, or discover a “new” author which you “had” to study in high school, but never tried to enjoy as an adult (I’ve recently rediscovered how funny Jane Austen and the Brontes can be!)

**“Neurobics”:** Change the way you do daily activities, such as switching hands when you use a computer mouse, eat, or brush your teeth.

**Lists:** For example, try to list all 50 states in alphabetical order, the stars of your favorite TV show, or movies from previous decades—or challenge your friends to a “Name That Tune” session using your old records sitting up in the attic.

I hope these suggestions give you some fun ideas for “brain aerobics.” Remember the old adage, “Use it or lose it.” Keep your brain healthy for many years to come—and have fun doing it!
Children@Council 2013 was a wonderful event!

Due to snow, we found ourselves opening the program at the Hotel Roanoke on Friday, rather than at Christ Episcopal Church as planned. An ad hoc art tour around the hotel during the late afternoon on Friday helped give us a break from the room the hotel provided for us. Your children have keen observations about artwork as well as a great sense of what appeals to them.

Back at Christ Episcopal Church basecamp on Saturday, free play was the norm—with some bowling also. A short Bible lesson with discussion, and simple, but filling, meals rounded out our days.

The Bishop and Dorothy joined us on Saturday morning for bread-making. Dorothy read us two stories about bread around the world and how it’s made. The children enjoyed a very well-organized bread-making experience, headed by Christ Episcopal Church bread-maker extraordinaire, Reggie Craft. She set up several individual stations so that each child could make his or her own bread, following Reggie’s specific instructions.

The children were well-prepared and quite capable of executing this activity with minimal to no help. They got to see how bread is made from start to finish. Their pride in their accomplishment was evident on every child’s face when they saw the bread rise and bake. (Of course you who attended the Council Eucharist enjoyed the best Eucharistic bread on Sunday—but who’s bragging?)

Our annual foray to Highland Park on Saturday was also fun. It included sledding and modified snowboarding (standing on the sled by the adventurous), as well as playing on the playground equipment.

The children were very industrious about grooming the “slope”—ask them about it. I will remind families again to have children wear winter clothes! Hats, scarves, gloves are all a must. This activity goes on regardless of weather! We headed back to church just before our fingers fell off.

The group of children was a delight to be around. They were engaged, helpful, cooperative, empathetic, respectful, and fun! Me worry about the future? Ha! No chance of that with these deep souls. Lucky Aimee (Bostwick) and Youth@Council will get to have several C@C graduates who are ready to move forward in their faith and involvement.

I have some new ideas for next year. We could’ve used more hands, especially in food prep, serving, and clean up. More discussion on that will follow regarding how easy that help would be to give. Some help with the ice breaker activities on Friday and the Bible lesson on Sunday would be welcomed too. While Gretchen, Paul, and I are undaunted pros, we welcome anyone who would love to be part of this unique gig. Kids are totally cool.

Thank you for trusting your children’s early Council journey to us; you have certainly made our job easy.

In peace, for the children,
Lori Heymann, Gretchen Carlson-Hagee, and Paul Heymann
I must admit, the weekend was getting off to a shaky start, thanks to Mother Nature doing her best to deter folks from wanting to venture out. Yet, I was amazed by the resilience of folks and their willingness to travel even with snow on the ground! All in all, by the time Saturday afternoon rolled around, we had close to 200 folks in the building creating the magic that is always inexplicably Y@C!

I believe pictures can tell the story most eloquently.

From swaying or dancing to the music of Sloan River Project, to being blown away by a cross composed of what others may see as our weaknesses or brokenness during Saturday night worship, to applauding DioSwVaians of every age as they took the stage at Café 56, to, once again, tearing up at the final slideshow...another weekend full of joy and love that only the youth of this diocese can share...was completed. It is my prayer that all youth have returned to their parishes ready to share the spiritual gifts that they discovered and so freely shared with me and the community gathered at Y@C...Ignite your light and let it shine!

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**Upcoming Youth Events:**

**Spring Youth Event**  
Phoebe Needles ~ May 3--5  
This event is for 5th--8th graders. Save the date!

**Mass on the Mountain**  
Eagle Rock ~ May 17--18  
*(Please note change of date!)*

Emmanuel, Eagle Rock, will be the location for our spring MOM. Youth and their families are invited to a night of camping and exploring the Eagle Rock area. On Saturday we will have lunch at Maw and Paw’s restaurant (best hamburgers anywhere!) and play on the river. We will end our time together with a Bluegrass Mass for the community to enjoy outside at Emmanuel, Eagle Rock. More details are to come, but please mark your calendars now!

**If the Good Lord's Willin' and the Creek Don't Rise . . .**  
A Youth Pilgrimage on the Crooked Road in DIOSWVA.  
July 12--21

Youth in grades 8-12 are invited to journey with us on the Crooked Road and discover the beauty, history, stories, and music of Southwestern Virginia. From Bluefield and Pocahontas to Eagle Rock and Glasgow, we will listen, learn and celebrate the incredible people and parishes of our unique diocese. It all culminates in attending the consecration of the 6th Bishop on Saturday, and playing on the Appalachian Trail and the James River on Sunday. The cost is yet to be determined, but will be very affordable! Stay tuned for more information and visit the youth website for further details: [www.youth.dioswva.org](http://www.youth.dioswva.org).
Youth@Council 2013 with Bishop Neff Powell . . . “Firework: Ignite the Light and Let It Shine!”

Sloan River Project

Young Adults at Cafe 56

Skit team

Welcoming late arrivals

Sharon Massie and her bubbles at Cafe 56
The Chancellor reminds all parish vestries that according to Diocesan Canon 14, section 6, every person chosen as vestry member shall, before acting as such, subscribe to the vestry declaration and promise printed on part 3 of the annual Notice of Vestry Elections. This report was due by January 9, 2013. Copies are available in the Resources=>Parish Resources section of www.dioswva.org and also behind Tab #3 of the Diocesan Paperwork Notebook as updated with material distributed at last fall’s convocation meetings.

Have you found and "liked" the diocesan Facebook page? Each week you’ll find the Sunday collect, diocesan news, cartoons, prayers, a mystery set of doors from one of our fifty-six parishes, and more. Look for us at http://www.facebook.com/DIOSWVA.


Parish Clergy and Senior Wardens received a letter inviting them to submit names of Resource People, so that these can be added to the Bishop Marmion Resource Center catalogue. A form for collecting information was provided with the letter, and responses may also be given online at http://www.dioswva.org/Resources/resource-personal-data-collection-form.html.

It is important to note that, while recommendations must come from parish experience rather than from the individuals themselves, individuals should be asked for permission to use their names and contact information. (To see an example, go to www.bmrc-online.org and enter "Alan Boyce" in the search box.)

The Executive Board is looking forward to learning more about the many gifts and talents to be found in our diocese!

The Transition Committee announces that an offering will be received during the Eucharist at the Special Council To Elect a Bishop (March 9). Bishop Powell has said that the proceeds will be presented to the bishop-elect for his or her discretionary fund.

Jackson-Feild Homes would like to thank those churches and Episcopalians who provided gifts or funds for the children for Christmas. All the children were sponsored and there were additional funds left over to purchase recreational and activity equipment and supplies. The girls and boys were overwhelmed on Christmas morning.

A sampling of some of the children’s comments:
Kiersten - "I loved it! It was the best Christmas I ever had."
C.J. - "A memorable and fun experience I will never forget."
Tiffany - "I am very grateful for my gifts because someone really cares about me."

Jackson-Feild is a residential treatment program that serves children who have emotional disorders. Every effort is made to make these children feel loved, appreciated and valued. Each day, we strive to give the children experiences and opportunities that all children have during their teenage years, and the Christmas sponsorship program is just one of them. Visit their website at http://www.jacksonfeild.org/ to learn more.

Funds collected from the Good Friday Offering are gathered and distributed to the Province of Jerusalem and the Middle East which includes the Dioceses of Jerusalem and Cyprus and the Gulf, all members of the Anglican Communion. Information and resources for the Good Friday Offering are available at www.episcopalchurch.org/goodfridayoffering. For more information contact the Rev. Canon Robert Edmunds, Episcopal Church Middle East Partnership Officer, redmunds@episcopalchurch.org.

The next program for the Center for Lifelong Learning is Tuesday, March 12, at 10:00 AM at the Phoebe Needles Center. Dr. Charles Thompson, of Duke University, will present a program on his book, Spirits of Just Men. Please make a reservation by Friday, March 8, at noon. Lunch will be available. If you have any questions or wish to make a reservation, please call the Center at 540-483-1518 or email pncenter@gmail.com. (Full page flyer on page 14)
River Adventure Program
of the Episcopal Diocese of Southwestern Virginia

Youth River Trips

James River Trip
June 16 - June 21
*rising 6th & 8th graders

New River Trip One
June 23 – June 28
*rising 8th – 11th graders

New River Trip Two Plus
June 30 – July 5
*rising 9th – 12th graders

Convocation River Trips

The Augusta Convocation
June 1

The Roanoke Convocation
June 22

The Lynchburg Convocation
June 29

The New River & Abingdon Convocations
August 3

Registration: www.campbethelvirginia.org/summer.htm
Program Director Maile Armstrong (540) 354-6016

“Our purpose is to build, experientially, a Christian community in an outdoor environment . . . to enhance self-esteem, positive Christian values, and leadership abilities that individuals will take home with them.”
“SPIRITS OF JUST MEN”

MARCH 12th, 2013

Spirits of Just Men: Mountainmen, Liquor Bosses, and Lawmen in the Moonshine Capital of the World (2011) tells the story of moonshine in 1930s America, as seen through the remarkable location of Franklin County, Virginia, a place that many still refer to as the “moonshine capital of the world.” Charles D. Thompson Jr. chronicles the Great Moonshine Conspiracy Trial of 1935, which made national news and exposed the far-reaching and pervasive tendrils of Appalachia’s local moonshine economy. Thompson, whose ancestors were involved in the area’s moonshine trade and trial as well as local law enforcement, uses the event as a stepping-off point to explore Blue Ridge Mountain culture, economy, and political engagement in the 1930s. Drawing from extensive oral histories and local archival material, he illustrates how the moonshine trade was a rational and savvy choice for struggling farmers and community members during the Great Depression.

“Thompson brings the area to life, offering a portrait of a place that the government forgot, a blue-collar town run amok with barefoot children and well-armed men. … A meticulous, exhaustive history of moonshining, poverty and Blue Ridge culture.”

— Kirkus Reviews

Charlie Thompson will present an engaging program on his recent book. Charles Thompson is director of the B.N. Duke Scholarship Program as well as the undergraduate program at the Center for Documentary Studies at Duke University. He holds the faculty position of Lecturer in the Department of Cultural Anthropology at Duke. Thompson holds a Ph.D. in Religion and Culture from UNC-Chapel Hill. An author and filmmaker, Thompson’s latest works are the 2010 film, Brother Towns, and the 2011 book, Spirits of Just Men. He is currently at work on a book and website pairing entitled, Border Odyssey: Traveling the Valley of the Shadow of Death.

“SPIRITS OF JUST MEN”

To register, please complete this form and return it with the registration fee to the Center by March 8th.

Name ___________________________ Spouse/Guest ___________________________
(Please include the Rev., Dr., Mr., Mrs., Ms., Miss)

Address ___________________________ City __________ State ______ Zip Code ______

Daytime Telephone Number __________ Email Address ___________________________

Any special dietary accommodations? ___________________________

Please make your check payable to The Phoebe Needles Center, Inc.

Unless otherwise informed, The Phoebe Needles Center will consider your registration as permission to use your photograph if it appears in video or still photos including our web site unless otherwise requested.
SPONSOR-A-DAY

To support diocesan ministries, consider sponsoring a day out of the year that has special meaning to you. Each sponsorship is a $200 donation to diocesan ministry. You can give the donation in honor or in memory of a birthday, anniversary, death, or other occasion. (This donation is in addition to your annual voluntary pledged giving to your parish.)

Parishes and small groups are also encouraged to consider sponsoring a day.

Date I/we wish to sponsor: ______/______/______
Amount enclosed: _______________

Please mark your check "Sponsor-A-Day: month/day/year"

Person making donation:_________________________________________

Telephone: ( ) _____________________________________________
Address: ____________________________________________________

Occasion: ____________________________________________________

In Celebration of: _____________________________________________

In Honor of: _________________________________________________

In Memory of: ________________________________________________

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2013 DONORS

♦ June 22: Rich Jones; In celebration of the Election of F. Neff Powell, Fifth Bishop of the Diocese, in 1996
♦ June 23: Rich Jones; In celebration of the cheering presence of Dorothy Powell in our diocese for seventeen years
♦ October 3: Jim and Nancy Henry; In celebration of another year of Nancy being cancer-free
♦ November 21: Dennis Case

Sponsor-A-Day pledges are used to support diocesan ministries. Bold lettering indicates new pledges.
# Received Reports

A big THANK YOU to all parishes who have already returned diocesan paperwork due in 2013 to the diocesan office. Check the chart to see who you are!

(Chart reflects materials received by the fifteenth of each month.) Parishes in need of copies can find them in the Diocesan Paperwork notebook.

For more information or other assistance, contact [LRobertson@dioswva.org](mailto:LRobertson@dioswva.org) or call 1-800-DIO-SWVA.

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"When is that due?"

- Notice of 2013 Vestry Elections: January 9, 2013
- 2013 Parish Officers Report: February 1, 2013
- 2012 Parochial Report: March 1, 2013
- 2012 Parish Audit: August 31, 2013
- 2014 Parish Funding Commitment (VPG): December 15, 2013
- Court of Record Information for Parish Trustees: Update as changes occur
- Parish By Laws: The diocesan canons say that parishes may adopt by laws and that if they do they are to send them and any amendments to them to the bishop "promptly following adoption."
The following clergy have indicated availability to celebrate and/or preach in our diocese.
Please contact kgarcia@dioswva.org with changes. Additions and changes are italicized.

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<th>Name</th>
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<td>Anderson, Gene</td>
<td>5631 Warwood Drive</td>
<td>(540) 776-9096</td>
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<td>Bowen, Roger</td>
<td>324 Sherwood Avenue</td>
<td>(540) 292-6423</td>
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<tr>
<td>Busch, Glenn</td>
<td>3024 Cardinal Place</td>
<td>(434) 384-8673</td>
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<td>Copenhaver, Bob</td>
<td>50 Draper Place</td>
<td>(540) 556-8307</td>
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<td>Furgerson, John</td>
<td>11 Whitmore St.</td>
<td>(540) 464-1244</td>
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<td>Furlow, Mark</td>
<td>3812 Faculty Dr.</td>
<td>(859) 321-9244</td>
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<td>Gilmans, Robert</td>
<td>414 Boys’ Home Road</td>
<td>(281) 900-8839</td>
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<td>Glover, John</td>
<td>14449 S. Eastside Hwy.</td>
<td>(540) 249-1402</td>
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<td>Hershbell, Jackson</td>
<td>274 Still House Drive</td>
<td>(540) 464-4641</td>
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<td>Johnson, Ronald N.</td>
<td>320 Dudley Creek Road</td>
<td>(540) 719-2316</td>
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<td>Jones, Richard</td>
<td>1902 Jamestown Road</td>
<td>(703) 823-3186</td>
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<td>Lane, John D.</td>
<td>307 Rainbow Dr</td>
<td>(540) 885-5842</td>
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<td>Laycock, Brad</td>
<td>2725 Wilshire Ave., SW</td>
<td>(540) 765-4889</td>
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<td>Litzenburg, Thomas</td>
<td>316 S. Jefferson St.</td>
<td>(540) 463-58855</td>
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<tr>
<td>Lloyd, B.</td>
<td>3202 Matthews Lane</td>
<td>(540) 552-5372</td>
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<tr>
<td>Mannschreck, Mary Lou</td>
<td>PO Box 757</td>
<td>(276) 979-4225</td>
</tr>
<tr>
<td>McNeer, Conrad</td>
<td>490 North Court Street, #6</td>
<td>(276) 628-7817</td>
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<td>Moore, Matthew</td>
<td>1824 King College Road, Apt. D-5</td>
<td>(423) 217-0950</td>
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<td>Morrison, Robert D.</td>
<td>119 Briarwood St.</td>
<td>(434) 384-0019</td>
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<td>Noble, Mitzi</td>
<td>508 Tranquility Road</td>
<td>(540) 761-5700</td>
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<tr>
<td>Judy Parrish</td>
<td>989 Pigeon Hill Road</td>
<td>(434) 277-8321</td>
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<td>3708 Manton Dr.</td>
<td>(434) 384-9758</td>
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<td>1711 Link Road</td>
<td>(434) 384-4744</td>
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<td>1246 Summit Ave.</td>
<td>(540) 598-9836</td>
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<td>595 Mountain View Dr.</td>
<td>(276) 625-0325</td>
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<td>2228 Karen Dr.</td>
<td>(540) 389-5205</td>
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<td>Spruhan, Judy</td>
<td>720 Diamond Road</td>
<td>(540) 389-1913</td>
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<td>Rates: The diocesan standard for</td>
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<td>Guest Celebrant and/or Guest Preaching is $150 for one service; $200 for two services; $250 for three services. The diocesan standard for Assisting is $100 for one service; $150 for two services, $200 for three services. The diocesan standard for Guest Retired Bishops celebrating is $175. All amounts are plus $0.565 per mile, effective January 1, 2013. The cost of any meals and/or lodging involved is to be negotiated with the vestry.</td>
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Bishop's Visitations and Sunday Schedule

Bishop Powell visits every parish in the diocese over the course of fourteen months. His final visitation will take place on July 14, 2013. Our new bishop's visitations will begin July 21, 2013.

October 2012
07 St. Paul's, Bear Mountain
14 St. Mark's, Fincastle
21 Christ, Pulaski
28 R.E. Lee Memorial, Lexington

November 2012
04 Emmanuel, Bristol
11 Ascension, Amherst
18 St. Paul's, Salem
25 Thanksgiving

December 2012
02 St. Mark's, Clifford; St. Luke's, PedlarMills
09 Trinity, Staunton
16 St. Stephen's, Forest
23 Christmas vacation
30 Christmas vacation

January 2013
06 Trinity, RockyMount
13 St. John's, Bedford
20 Christ, Blacksburg
27 Council

February 2013
03 Trinity, Buchanan
10 Christ, Roanoke
17 St. John's, Waynesboro
24 St. James', Roanoke

March 2013
03 Walkabouts
10 House of Bishops
17 St. Peter's, Callaway
23 Peace in the Valley, Nellysford
24 Grace, Massies Mill, Trinity, Arrington
31 Christ, Marion
St. Paul's, Saltville

April 2013
07 Good Shepherd, Galax
14 St. Luke's, Hot Springs
21 St. John's, Roanoke
28 St. Thomas', Christiansburg

May 2013
05 St. Thomas', Abingdon
12 Reserved
19 Grace, Lynchburg
26 Memorial Day

June 2013
02 St. John's, Lynchburg
09 St. Peter's, Altavista
16 Emmanuel, Covington
23 St. Andrew's, Clifton Forge
30 Tazewell Cluster

July 2013
07 Reserved
14 Good Shepherd, Blue Grass (Bp. Powell’s final visitation)
21 St. Elizabeth's, Roanoke (the new bishop’s first visitation)
28 St. Thomas', Bedford County
St. John's, Glasgow

August 2013
04 St. Mark's, St. Paul
All Saints, Norton
11 St. Paul's, Martinsville
18 St. John's, Wytheville
25 Christ, Big Stone Gap

September 2013
01 Labor Day
08 Trinity, Lynchburg
15 Christ, Buena Vista
22 House of Bishops
29 St. Paul’s, Lynchburg

October 2013
06 Trinity, Richlands
13 Christ, Martinsville
20 St. Paul’s, Bear Mountain
27 Emmanuel, Staunton

November 2013
03 Grace, Radford
10 Trinity, Moneta
17 Good Shepherd, Folly Mills
24 Thanksgiving

Looking Ahead at Evans House
April
01 Deadline for parishes to ask bishop for permission to use non-CPA audit
01 Easter Monday; Evans House closed
11 Education Consortium
14 Augusta Convocation Meeting
St. Luke's, Hot Springs
20 Commission on Ministry COE
21 Roanoke Convocation Meeting
St. James’, Roanoke
28 New River Convocation Meeting
St. Thomas’, Christiansburg

May
03–05 SYE at Phoebe Needles
05 Abingdon Convocation Meeting
St. Thomas’, Abingdon
09 Education Consortium
11 Companions for Mission
17–18 MOM at Emmanuel, Eagle Rock; Blue Grass Mass
19 Lynchburg Convocation Meeting
St. Stephen’s, Forest
27 Memorial Day; Evans House closed

Another Way to Improve Your Day in Just Five Minutes

Five minutes. It’s only a little bit of time. But it’s long enough for you to do one thing that could make your whole day better. So take five minutes and try this simple way to lower stress, boost your mood, and get more energy. It might give you that extra spark you need to meet the challenges of the day.

9. Turn off your electronics. Take a little break, already, from all your gadgets. Staring at computer screens and electronics all day long can zap your energy and encourage inactivity. So log off -- of everything -- every now and then. This is especially important to allow you to unwind and relax before bed. Just because the world is on, 24-7, you don’t have to be!

--Suggestions adapted from webmd.com by Church Medical Trust
The mission of the Diocese of Southwestern Virginia is to challenge and support the creativity of our congregations in Christian growth and global responsibility.

James De Koven was born in Middletown, Connecticut, in 1831, ordained by Bishop Kemper in 1855, and appointed professor of ecclesiastical history at Nashotah House. In addition, he administered a preparatory school and assisted at the Church of St. John Chrysostom in Delafield, Wisconsin.

Nashotah House was associated, from the time of its foundation, with many of the principles of the Oxford Movement, above all in its emphasis on the sacramental life of the church and the expression of devotion to the Eucharist—including such practices as bowing to the altar, at the name of Jesus, and before receiving communion. In 1859, De Koven became Warden of the church college at Racine, Wisconsin, where he emphasized the life of worship. He died there in 1879.

De Koven came to national attention at the General Conventions of 1871 and 1874, when the controversy over “ritualism” was at its height. In 1871, he asserted that the use of candles on the altar, incense, and genuflections were lawful, because they symbolized “the real, spiritual presence of Christ” which the Episcopal Church upheld, along with the Orthodox and the Lutherans. He cited a recent decision of an ecclesiastical court of the Church of England, which affirmed as the teaching of the Church of England that “the spiritual presence of the Body and Blood of our Lord in the Holy Communion is objective and real.”

Because of his advocacy of the “ritualist” cause, consents were not given to his consecration as Bishop of Wisconsin in 1874 and of Illinois in 1875.

To the General Convention of 1874, De Koven expressed the religious conviction that underlay his hurchmanship: “You may take away from us, if you will, every external ceremony; you may take away altars, and super-altars, lights and incense and vestments; … and we will submit to you. But, gentlemen … to adore Christ’s Person in his Sacrament—that is the inalienable privilege of every Christian and Catholic heart. How we do it, the way we do it, the ceremonies with which we do it, are utterly, utterly, indifferent. The thing itself is what we plead for.”

James De Koven
Priest, 1879
March 22
from *Holy Women, Holy Men*