Journey into Compassion
A Study Series
Homework for Session V

Read Chapters 7 and 8
P 87 - P 113

A definition of intentional displacement is:

“To go someplace or participate in some activity that challenges you to move or shift from your ordinary or proper place.”

Activity 1

Allow yourself to be open to experiencing something new that stretches you to consider how others experience the world.

For example:

• Take a drive through a neighborhood that you tend to avoid. Park the car and walk around.
• Attend a religious service outside of your own tradition, or of a different socio/economic group from your own worship community. Stay for a while afterward and converse with the participants.
• Visit a homeless shelter, speak with the staff about their work, and if possible, share a meal with residents.
• Attend a cultural or religious event that reflects the values and community practices of a people who are different from what you’ve experienced before. Observe what’s different. Notice your feelings, fears, prejudices.
• Drive to another part of town with a different ethnic or socio/economic community to do your grocery shopping. Notice the other shoppers. Notice the products and how they are different, etc.

Optional Activity 2

Expose yourself to the basics of Haiku poetry. (see http://www.squidoo.com/how-to-write-a-haiku-poem

Write a simple three line verse around a subject related to community, displacement or togetherness. Be ready to share with the others.