

## Research Results

# Into Reading Kansas Study 2023–2024

## Study Profile

**District:**

Small, rural Kansas district

**Grades:**

2–5

**Sample:**

375 students; 30 teachers

**Evaluation period:**

2023–2024 school year

**Study Conducted By:**

Cobblestone Applied Research & Evaluation, Inc.

**ESSA Evidence Level:**

Tier 4 ESSA Demonstrates a Rationale

**Study design:**

Single-Group Pre-Post

**Outcome Measure:**

FastBridge aReading Assessment

## The Study

The purpose of this study was to expand the previous research evidence of *HMH Into Reading*® on students' literacy skills in Kansas. The study, conducted by Cobblestone Applied Research & Evaluation, Inc., used a single group pre-post design to examine whether students using the *HMH Into Reading* program improved in their reading achievement over the course of the school year.

## District Characteristics

During the 2023–2024 school year, all elementary schools in the district participated in their first of year of implementing *HMH Into Reading* as the core English language arts curriculum. Located in a rural agriculture setting, the participating school district includes 1,6000 students with the following demographics: White (85%), Hispanic (4%), African American (2%), Native America (2%), and Asian (< 1%). Of the students, 16% are eligible for special education services and 60% are eligible for free or reduced-price lunch (NCES, 2023).

## HMH Into Reading

*HMH Into Reading* is a research-based, evidence-informed, comprehensive English language arts program built to support teachers in delivering explicit and systematic instruction across all literacy strands—phonological awareness, phonics, fluency, vocabulary, comprehension, and writing—using a structured literacy approach. The program engages students in building knowledge and skills through culturally relevant texts organized around science, social studies, and arts topics. *HMH Into Reading* provides standards-aligned K–5 content and assessments, data insights, and differentiated resources to meet diverse classroom needs during whole- and small-group instruction.

In addition, to support the delivery of effective instruction, *HMH Into Reading* features research-based approaches to professional learning that support teachers in becoming developers of high-impact learning experiences for their students.

Comprehensive professional learning solutions are data and evidence driven, mapped to instructional goals, and centered on students, and they build educators’ collective capacity. HMH® allows teachers to achieve agency in their professional growth through effective instructional strategies, embedded teacher support, and ongoing professional learning relevant to everyday teaching.

# Participants

A total of 375 students were included in the analytic sample for Grades 2–5 (See Table 1 for participating students’ demographic characteristics). The district provided the research firm with students’ 2023–2024 school year demographic and FastBridge assessment data to analyze students’ reading outcomes. Students were included in the analysis if they had both demographic information and FastBridge aReading assessment scores for the beginning of the year (BOY), middle of the year (MOY), and end of the year (EOY). Note, Grades K–1 were not included in the analytic sample because the FastBridge Early Reading assessment for Grades K–1 does not produce a composite score that can be analyzed across the school year.

# Measures

## FastBridge aReading Assessment

The Formative Assessment System for Teachers™ Adaptive Reading assessment, also known as the FastBridge aReading assessment is a computer adaptive test that is designed to individually measure students broad reading ability. The question-and-response format is similar to common state-wide administered standardized tests. The test items address five target areas: concepts of print, phonological awareness, phonics, vocabulary, and comprehension. Administered three times a year to screen and estimate annual growth, the test provides scaled scores ranging from 350 to 750 (Renaissance, 2024).

**Table 1.** *HMH Into Reading* district students, Grades 2–5 (N = 375)  
Demographic characteristics of study participants, 2023–2024

Student characteristics	Number %
<b>Grade</b>	<b>N=375</b>
2	89 (24%)
3	91 (24%)
4	99 (26%)
5	96 (26%)
<b>Ethnicity</b>	
White	333 (89%)
Native American	19 (5%)
African American	15 (4%)
Hispanic	5 (1%)
Asian	2 (1%)
<b>Special education</b>	
No	304 (81%)
Yes	71 (19%)

# Results

## Teacher Implementation

All elementary schools in the school district were implementing *HMH Into Reading* for the first full year, as their core English language arts curriculum. Nearly all of the teachers participated in the *HMH Into Reading* “Getting Started” virtual training. The majority of teachers reported using *HMH Into Reading* instruction, practice, and assessment activities daily for at least 61 to 120 minutes, along with *HMH Into Reading* writing activities daily for at least 16 to 30 minutes. The *HMH Into Reading* structured literacy lessons for foundational literacy skills instruction were provided as an option for all K–2 teachers, with more than 50% of teachers reporting use.

# Analysis

The study used a single-group pre-post design. To determine the impact of *HMH Into Reading* on the literacy skills of students in Grades 2–5 during the 2023–2024 school year, a series of repeated measures ANOVA tests were executed for each grade level to assess if there were significant differences in students' composite scores on the FastBridge reading assessment at BOY, MOY, and EOY.

## Findings

### Grade 2

There was a significant effect of time of measurement of the FastBridge reading assessment (i.e., BOY, MOY, EOY) on Grade 2 students' scores,  $F(2, 176) = 92.80, p < .001$ , with time of measurement accounting for 51% of the variance in scores,  $\eta^2p = .51$ . Post-hoc tests showed that there was a significant difference between students' FastBridge BOY scores ( $M = 470.8$ ;  $SD = 25.4$ ) and MOY scores ( $M = 482.2$ ;  $SD = 24.1$ ),  $MMOY-MBOY = 11.4, p < .001$ , as well as between their MOY scores and EOY scores ( $M = 489.8$ ;  $SD = 22.2$ ),  $MEOY-MMOY = 7.6, p < .001$ <sup>1</sup> (see Figure 1).

These results suggest that Grade 2 students using *HMH Into Reading* performed significantly better on the FastBridge reading assessment over the school year, with performance improving from BOY to MOY, and further improving from MOY to EOY.

### Grade 3

There was a significant effect of time of measurement of the FastBridge reading assessment (i.e., BOY, MOY, EOY) on Grade 3 students' scores,  $F(2, 172) = 67.79, p < .001$ , with time of measurement accounting for 44% of the variance in scores,  $\eta^2p = .44$ . Post-hoc tests<sup>1</sup> showed that there was a significant difference between students' FastBridge BOY scores ( $M = 495.4$ ;  $SD = 21.6$ ) and MOY scores ( $M = 499.4$ ;  $SD = 20.8$ ),  $MMOY-MBOY = 4.0, p < .001$ , as well as between their MOY scores and EOY scores ( $M = 505.6$ ;  $SD = 20.2$ ),  $MEOY-MMOY = 6.2, p < .001$  (see Figure 1).

These results suggest that Grade 3 students using *HMH Into Reading* performed significantly better on the FastBridge reading assessment over the school year, with performance improving from BOY to MOY, and further improving from MOY to EOY.

### Grade 4

There was a significant effect of time of measurement of the FastBridge reading assessment (i.e., BOY, MOY, EOY) on Grade 4 students' scores,  $F(1.9, 180.7) = 41.30, p < .001$ <sup>2</sup>, with time of measurement accounting for 30% of the variance in scores,  $\eta^2p = .30$ . Post-hoc tests<sup>1</sup> showed that there was a significant difference between students' FastBridge BOY scores ( $M = 508.1$ ;  $SD = 23.5$ ) and MOY scores ( $M = 510.9$ ;  $SD = 20.8$ ),  $MMOY-MBOY = 2.8, p < .001$ , as well as between their MOY scores and EOY scores ( $M = 518.0$ ;  $SD = 20.3$ ),  $MEOY-MMOY = 7.1, p < .001$  (see Figure 1).

These results suggest that Grade 4 students using *HMH Into Reading* performed significantly better on the FastBridge reading assessment over the school year, with performance improving from BOY to MOY, and further improving from MOY to EOY.

### Grade 5

There was a significant effect of time of measurement of the FastBridge reading assessment (i.e., BOY, MOY, EOY) on Grade 5 students' scores,  $F(2, 184) = 19.54, p < .001$ , with time of measurement accounting for 18% of the variance in scores,  $\eta^2p = .18$ . Post-hoc tests<sup>1</sup> showed that while there was no significant difference between students' FastBridge BOY scores ( $M = 518.6$ ;  $SD = 22.2$ ) and MOY scores ( $M = 519.9$ ;  $SD = 21.5$ ),  $MMOY-MBOY = 1.3, p = .723$  there was a significant increase from their MOY scores to their EOY scores ( $M = 524.5$ ;  $SD = 22.2$ ),  $MEOY-MMOY = 4.6, p < .001$  (see Figure 1).

These results suggest that Grade 5 students using *HMH Into Reading* show improved performance on the FastBridge reading assessment over the school year, with significantly improved performance from the MOY to the EOY.

**Figure 1.** *HMH Into Reading* district students, Grades 2–5 ( $n = 365$ )  
FastBridge aReading assessment mean scaled scores, 2023–2024

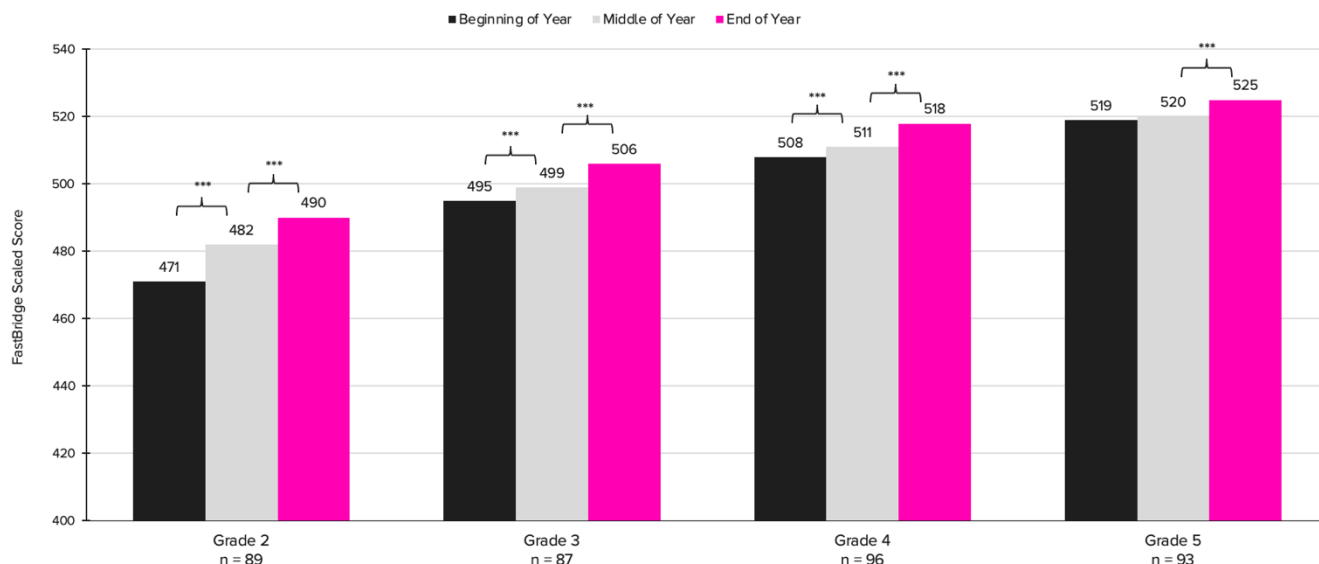


Figure note: \*\*\*significance at  $p < .001$

## Conclusion

The *HMH Into Reading* Kansas study examined the impact of the *HMH Into Reading* program on Grades 2–5 students' reading outcomes during the 2023–2024 school year. Cobblestone Applied Research & Evaluation, Inc. designed a single-group pre-post study that included students from all elementary schools in the school district. FastBridge reading assessment data were analyzed separately for each grade level to address the research question, comparing students' performance at three points (BOY, MOY, EOY). **The study results indicate that students in Grades 2–5 showed significant improvement over the year.** This study further expands the research evidence for the program which has previously demonstrated a positive impact across grade levels, using various outcome measures and in different states.

## References

Renaissance (2024). Technical manual: Psychometric evidence of the FastBridge universal screener and progress monitoring system. <https://renaissance.widen.net/s/zh2slrtqdr/pefastbridge>

U.S. Department of Education. Institute of Education Sciences, National Center for Education Statistics (NCES) (2023). *Common Core of Data (CCD): Public elementary/secondary school universe of data (2022–2023)*. <https://nces.ed.gov/ccd>

Check out more *HMH Into Reading* research at  
[hnhco.com/research](https://hnhco.com/research)

