

Boca Raton Police Services Department
Proof of Annual Physical Examination

All sworn officers of the Boca Raton Police Services Department shall undergo a physical examination with the physician of their choosing once a year on their own time and at their own expense. The officer shall provide a copy of this completed form to the Department as proof of such examination within thirty days of the examination. The exam should be *at least* thorough enough to determine if the officer can perform the following activities as part of the Department's physical fitness test:

	Officer able to attempt/perform?	
Bench Press	Yes	No
Push Ups	Yes	No
Sit Ups	Yes	No
Vertical Jump	Yes	No
300 Meter Run	Yes	No
1 ½ Mile Run	Yes	No

Should any medical issues be revealed during the examination that would impact the officer's ability to perform the basic functions of his/her occupational duties or any of the above test components, a separate medical note indicating any necessary restrictions must be obtained by the officer and submitted to his or her supervisor.

I hereby certify that _____ received a physical examination on
patient name

date of exam

Physician Name (print please)

Signature

Office Phone Number

Completed forms must be submitted to the employee's immediate supervisor.
A copy must be sent by the supervisor to the Training Sergeant for retention.