



Member Assistance Program

Sworn

Brigitta Belz
Bernie Colon
Geoffrey Burr
Antonette Zendejas
Charles De La Cruz
Desiree Spurlock
Kelly Stinnette
Anthony Dupree
Ernesto Servin
Christopher Harrison
Richard Hinzo
Jessie Holt
Maria Humes
Kenneth Impellizeri
Edward Kaszucki
Kyle Kelley
Kevin Mayer
Robert Korbecki
Andrew Korenkov
Lawrence Cahill
Jonathan Lowe
Ed McGuire
Robert Meisner
Michael Brown
Edward Murphy
Andrea Myers
Natalie Stone
Kimberly Norcia
Patrick Murphy
Vernon Peterson
Ricky Castro

Sworn (cont'd)

Robert McDonald
Victor Rodriguez
Paul Salas
Robert Stinson
Sarah Sutter
Jared Thompson
Tod Bassett
Franklin White
Mariam Sadri
Chappie Hunter
Scott Barnes
Steve Schnick

Civilian

Betty Alvarez
Carl Rader
Marie Cuvadar
Deanna Dotta
Kristina Miller
Laura Manasan
Mellissa Santagata
Rebecca Spradley
Roxanne Cahill
Danielle Schule
Jo Ann Wirick

Spouses

Patsy Bell
Dena Brown
Tristina Craft
Erika Serrato

Wellness Unit Mission

The Wellness Unit is committed to removing and reducing interferences to employee wellness by:

- Identifying and enhancing existing resources
- Developing and providing wellness education
- Collaborating with academic institutions on innovative LE studies
- Developing partnerships with health and wellness providers
- Staying abreast of wellness program best-practices through research
- Developing and administering a fitness and preventive health incentive program
- Serving as an advocate for employees enduring personal or professional difficulties

Wellness Unit Services

- **Resource Identification**-we will help link you to a resource that best fits your needs whether in answer to a personal or professional issue.
- **Check on employees**-we will call anyone you are concerned about but may not feel comfortable calling and let them know the services we have available. Your request will be kept completely confidential at your request.
- **Provide answers when we can.** We will check on the status of any personnel investigation you may be under and provide you with a status update or rough timeline of when you can expect to hear from the investigator. We will not, however, insert ourselves into the details of the investigation or make recommendations to the investigator about how to handle the investigation.
- **Provide educational seminars and workshops.** We will facilitate workshops around the issues that are important to your well-being and health.
- Share important Law Enforcement studies and collaborate with academic institutions willing to partner on studies important to our department.
- Rally immediate debriefing and intervention resources for all employees impacted by significant critical incidents, officer deaths, or other spontaneous events where employees would benefit from a variety of help resources being immediately available.
- We will continually recruit and train prospective peer support and MAP personnel, and provide coordination for the department's chaplain services.

Wellness Unit



EMPLOYEE RESOURCES

(See "Wellness Unit," SDDP Intranet, for more info)

Wellness Unit

Ed Zwibel
Office (619)531-2243
Cell (619)569-6189
email: zwibele@pd.sandiego.gov

Pepper Kelly
Office (619)531-2740
Cell (619)851-3199
email: pkelly@pd.sandiego.gov

Marnie Minton
Office (619)531-2246
Cell-(619)218-2062
email: fminton@pd.sandiego.gov

Mike Miranda
Cell (619)247-5917
email: mirandam@pd.sandiego.gov

FOCUS Psychological Services

FOCUS offers confidential counseling services to all San Diego Police Department employees—sworn, civilian, retired, and their dependents are eligible. The following is a list of available counseling: Individual Counseling, Marriage/Relationship Counseling, Child/Adolescent Counseling, Family/Step Family Counseling, Post Traumatic Incident Counseling, Habit Control (Weight/smoking), Alcohol/Substance Abuse Counseling, Stress Management, Anger Management, Treatment of depression/anxiety, Grief resolution, Divorce Counseling.

(858)565-0066 www.focuspsychservices.com



San Diego Police Department Chaplain Program

Mission of Chaplains: To provide a presence of spiritual and emotional care and counseling for all SDPD personnel.

Rev. Donald Brenner-MidCity 619-596-0750
djbrenner@cox.net

Rev. Christopher Chadwick-Comm 858-204-1565
chris.chadwick@canyonridgebaptist.com

Rev. Robert Cobb-Central 619-300-5020
robc@mvcf.com

Rev. Robert Griner-Southeastern 619-228-3579
prslbob@yahoo.com

Rev. Dennis Hodges-Southeastern 619-517-3404
living.hope@cox.net

Rabbi Barney Kasdan-Northern 858-204-2174
bkasdan@kehilatariel.org

Rabbi David Kornberg-Northwestern 858-354-2533
rabbik@betham.com

Rev. Russ Locke-Southern 619-990-9847
russlocke@aol.com

Rev. Dale Lowrimore-Western 619-916-9632
dlowrimore@cox.net

Rev. Mike Macintosh-Northwestern 858-518-5155
mike@horizonsd.org

Rabbi Scott Meltzer-Central 858-752-1329
rabbi@ohrshalom.org

Rev. Mike Mitschke-At Large 619-890-5000
pastormike@cox.net

Fr. Owen Mullen-Eastern/Traffic 858-335-7377
omullen@aol.com

Rev. Chuck Price-Eastern/Traffic/GST 619-249-2229
wixim@cox.net

Fr. Henry Rodriguez-At Large 619-889-1844
enriquesj@aol.com

Rev. Herb Smith-Northeastern 858-442-6417
hsmithclef@aol.com

Rev. Erin Hubbard-MidCity 619-933-7889
erinhubbard@cox.net

Rev. Bryon Barmer-Southeastern 619-573-0404
bbarmer3944@gmail.com

Past. Kendrick Neal—Northeastern 703-508-7017
kneal@fbcmm.org

Rev. Gwyn Jones—Northern 303-552-7278
Gwyn.jones@usw.salvationarmy.org

ALCOHOL SUBSTANCE ABUSE PROGRAM

Trained counselors with experience in 12-step recovery programs. Available to provide alcohol/substance abuse information, counseling, training and direct assistance to all department employees and their families.

Deanna Dotta (Communications)
619-857-5005 ddotta@pd.sandiego.gov

Mark Zdunich (SWAT Armory)
619-972-1589 mzdunich@pd.sandiego.gov

Mike Miller (Retired Sergeant)
858-672-2728 mmillersr@san.rr.com

SDLEO WIVES

Contact Erika Serrato
sandiegoleowives.eserrato@gmail.com

Medical Assistance 619-531-2124
EMPLOYEE ASSISTANCE PROGRAM (EAP)
619-236-6373

EMPLOYEE ASSOCIATIONS

SDPOA 858-573-1199
SDMEA 858-300-3888
AFSCME127 619-640-4939