



A Moment with Donna....Six Doctors

Submitted by B.G., California

Steve Jobs Died a billionaire at age 56. This is his final essay:

I reached the pinnacle of success in the business world. In some others' eyes, my life is the epitome of success. However, aside from work, I have little joy. In the end, my wealth is only a fact of life that I am accustomed to. At this moment, lying on my bed and recalling my life, I realize that all the recognition and wealth that I took so much pride in have paled and become meaningless in the face of my death.

You can employ someone to drive the car for you, make money for you but you cannot have someone bear your sickness for you. Material things lost can be found or replaced. But there is one thing that can never be found when it's lost - Life. Whichever stage in life you are in right now, with time, you will face the day when the curtain comes down.

Treasure love for your family, love for your spouse, and love for your friends. Treat yourself well and cherish others. As we grow older, and hopefully wiser, we realize that a \$300 or a \$30 watch both tell the same time. You will realize that your true inner happiness does not come from the material things of this world. Whether you fly first class or economy, if the plane goes down - you go down with it.

Therefore, I hope you realize, when you have mates, buddies and old friends, brothers and sisters, who you chat with, laugh with, talk with, have sing songs with, talk about north-south-east-west or heaven and earth, that is true happiness! Don't educate your children to be rich. Educate them to be happy. So when they grow up they will know the value of things and not the price. Eat your food as your medicine; otherwise, you have to eat medicine as your food.

The one who loves you will never leave you for another because, even if there are 100 reasons to give up, he or she will find a reason to hold on. There is a big difference between a human being and being human. Only a few really understand it. You are loved when you are born. You will be loved when you die. In between, you have to manage!

The six best doctors in the world are sunlight, rest, exercise, diet, self-confidence and friends. Maintain them in all stages and enjoy a healthy life."

~ ~ ~ ~ ~ ~
This has been a year of challenge and change for so many of us. Steve's legacy is well expressed in this simple direct statement. Life is a magnificent gift to be cherished and appreciated. Friends, family, and even strangers, can bring in magic when we allow it to happen. May this holiday season bring richness and fullness of heart and spirit, that fills you with a childlike wonder of this miracle we call life.

Happy Holidays everyone!

Donna Seebo

Power Quote for December 2018

“Take a look at those two open hands of yours. They are tools with which to serve, make friends, and reach out for the best in life. Open hands open the way to achievement. Put them to work today.

~Wilfred A. Peterson

December's Chuckle

Whenever someone calls me ‘ugly’ I get super sad and hug them, because I know how tough life is for the visually impaired. ~Will Ferrell

The Donna Seebo Show"

&

"Warriors for Peace"



Heard worldwide.... Celebrating 17 Years

“Delphi Vision Broadcasting” is celebrating its 17th year of positive and informative programming with ‘The Donna Seebo Show’ and ‘Warriors for Peace’. Currently people in over 128 countries, including the United States, are listening to the shows.

I invite you to join me weekdays for insightful and uplifting programming. The theme of the program is ‘Personal Empowerment’. Guests are featured from all over the world giving their knowledge and expertise to you - the listening audience

Go to ‘*The Donna Seebo Show*’ page. **Direct Link:**

<http://www.delphiinternational.com/VisionBroadcasting/VisionBroadcasting.html> .

There you will find a blue player that enables you to connect to the ‘live’ show 9:00 am to 10:00 am, Monday through Friday, Pacific Time. Callers are welcome during the second half of the program – **Call in number - 253.582.5597.**

“*Warriors for Peace*” is aired on Wednesdays, 11:00 am to Noon, Pacific Time. No calls are taken during this interview program.

To listen to any of the broadcasts at any time - click on the tower icon in the past show archives box- then choose the program you are interested in. Shows are available 24/7.

I look forward to having you join me and my guests at my global broadcasting table. Informative and fun, you are invited to join me weekdays where you can “*Light Up Your Life with A Little Bit of Insight*”. Be sure to tell your friends and family about this positive, informative programming available 24/7.



Featured Radio Guests on the Donna Seebo Show



Upcoming Guests – December 2018

- 3...Dear Congress – Vellah Jones
- 4...Skip the Drama-Dr. Sarah Hughes (Australia)
- 5...Catch the Christmas Spirit-Dorothy Wilhelm
- 6...Intelligence of the Cosmos-Ervin Laszio (Europe)
- 7...Celebrate Survival – Lon Cole
- 10.. A Christmas Story-Jay Frankston

- 11..Stem Cell Research-Christian Wilde
- 12..Anyone Can Be Rich-Mark Tobak
- 13..Sweet After Death-Valentina Giambanco
- 14..Thermography-Lenna Shepard
- 17..Creating a Healthy Income with a Twist-Rebecca Whitman
- 18..Illustrated Herbiary-Maia Toll
- 19..Cathadeus-Jeff Peters
- 20..Otherworldly Encounters-Nomar Slevik
- 21..Best of Bridge Holiday Classics (Canada)
- 24..Christmas Special
- 25..Christmas Special
- 26..Super Foods-Cal Orey
- 27..Dream a Better Dream-Marina Haber
- 28..Kinesiology Taping-John Langedoen (Germany)
- 31..My Search for Christopher on the Other Side – Joe McQuillen

Warriors for Peace

- 5...USS Arizona-T.J.Cooper
- 12..Living and Awakened Life-Master Charles Connor
- 19..Choosing the Hero – Riva Levinson
- 26..Peace-Christopher Papadopoulos

Mrs. Seebo's Classics

Something new is in the works and we are excited...stop by for a visit and get a peek at what is evolving. We should be going to press this month of December and The Woodcutter & The Tree will be available by the end of January, 2019.

<http://mrsseebosclassics.com/news-events/>



What's Your Story?

I am in the process of putting together a publication "Stories People Tell Me". I have had a number of submissions and I am looking for an additional 25 stories about paranormal experiences, UFO's, aura's and the unique and unusual not logical happenings that make us aware that life is anything but boring. Please send submissions to donnaseebo@comcast.net. Do send your contact information as well (phone number, etc.) Thank you.

Upcoming Broadcasts & Appearances-December 2018

December 1st and 15th, Saturday...The Metaphysical Meetup, Carr's Restaurant on Bridgeport in Lakewood, Washington. There is a keynote speaker at 6pm and I will be on the panel doing demonstrations of psychometry. Books and other information will be available that evening and I will be available for mini-consultations as well. Look forward to your joining us for a fun evening of demonstrations and conversation.

December 4th – Tuesday evening, Lou J. Free’s Showcase, IHOP Restaurant, 178 SW Campus Drive, Federal Way, WA 98023 253.661.7300. I will be the keynote speaker at 7 pm and will be doing a blindfold demonstration as well, arriving between 5-6 pm, available for mini-sessions up to 7pm. I will have publications available for sale.

December 12th, Wednesday...The Psychic Spectrum, Poodle Dog Restaurant Banquet Room, Fife, Washington. I will be the keynote speaker at 6pm, will have publications available and also will be doing mini-sessions before and after the program.

Golden Nuggets True Stories about Real People

Burial at Sea-74 years Ago. Submitted by B.Z, Washington

Here's footage you'll see only once in a lifetime. Just imagine being there to witness it! Tough times, tough people!

Here's a sea burial you may not have read about : Loyce Edward Deen, an Aviation Machinist Mate 2nd Class, USNR, was a gunner on a TBM Avenger.

On November 5, 1944, Deen's squadron participated in a raid on Manila where his plane was hit multiple times by anti-aircraft fire while attacking a Japanese cruiser. Deen was killed. The Avenger's pilot, Lt.; Robert Cosgrove, managed to return to his carrier, the USS Essex.

Both Deen and the plane had been shot up so badly that it was decided to leave him in the plane. It is the only time in U.S. Navy history (and probably U.S. military history) that an aviator was buried in his aircraft after being killed in action. <http://loyceedeen.webstarts.com/uploads/GoingHome.mp4>

A Story That Will Touch Your Heart

[Typewriter Artist - YouTube](https://www.youtube.com/embed/svzPm8IT36o?rel=0)

<https://www.youtube.com/embed/svzPm8IT36o?rel=0>

Submitted by B.G., California



The Recipe Box...Scotty's Nest Eggs

Nest eggs have been a favorite breakfast in the Seebo household for a lot of years. Usually I make ours with bacon, however, I think you'll enjoy this variation and it is perfect for a quick family breakfast during the holidays.

Ingredients: For each nest egg...2-3 thin slices black forest ham, 1 large egg, 1Tbbs. cream, 1 to 1 1/2 Tbbs. shredded Swiss Cheese, sprinkle of basil, 1/2 English muffin.

Directions: Preheat oven to 350 degrees. Grease large muffin cups. Line with ham and break egg over top. Add cream and sprinkle with cheese and basil. (Place water in any unused muffin cups to prevent damage.) Bake 12 to 15 minutes. Serve on half of a toasted English muffin.

Special Comments

A special 'thank you' to the many people who join me weekdays to hear *'The Donna Seebo Show'* and *'Warriors for Peace'* from around the country and the world. Your emails, calls and wonderful letters make my day. It is always a joy to share the talents and information from people and other sources that can make our lives better. Should you have recipes, ideas and/or information you think my listeners might be interested in, please email the information to me. Due to the tremendous amount of material received, I cannot promise that I will use it on my show but I do review everything that is sent.

For authors who are interested in being interviewed on my program, please send a copy of your book/CD/DVD publication along with your press kit to the address noted below. All materials are reviewed for content and if accepted, you will be called to schedule a date for an interview. Currently my interviews are booked two to three months in advance. It is always advisable to follow up with a phone call to be sure that your materials are received by my office.

You are always welcome to share this newsletter and if you have someone who would like to be added to the subscriber list, just send his/her name and email address to donna@delphiinternational.com or donnaseebo@comcast.net. Past newsletters are archived on my website, and you are welcome to review them at any time. If you desire to be deleted from the mailing just type unsubscribe in subject line.

For scheduling of private appointments (by telephone or in-person), information on gift certificates, speaking engagements, private parties, classes, etc., please contact my office at the telephone number listed at the bottom of this newsletter.

Do you know of children between the ages of 3 to 12 who love to read? Then you'll want to order *"God's Kiss"* my award winning illustrated book and audio tape. Go to my website, fill out the information and I will be delighted to personalize the book for that special child. We are celebrating our 22nd anniversary of 'Classics' publications and now have a website showing 'God's Kiss' and other products. Both e-books and audio e-books are now available as well.

My children's publication, *"The Magic Hat"* is available in e-book and e-audio book format. It is also available in book form and I am happy to personalize it for you. You can go to my website to order directly or Amazon, Create Space, and Kindle. This book is beautifully illustrated by Carol Ann Johnson and you can listen to a 'free' preview of the audio book and view some of the art as well on Mrs. Seebo's Classics website.

Late summer we will be coming out with book #3, *The Woodcutter & The Tree*. Stay tuned for more information. It is exciting to bring a book to completion and we'll be letting you know when it all

comes together. Go to www.mrsseebosclassics.com to find out more about these wonderful publications. Be sure to like us on Facebook, LinkedIn, and Twitter.

*Have a magnificent day and remember....
"You are the Master of your Fate, the Captain of your Soul".*

*Donna Seebo - International Mental Practitioner/Psychic, Counselor, Award
Winning Author, Speaker, Teacher, Radio/Television Personality, Minister and
Host of the International 'Donna Seebo Show' and 'Warriors for Peace'*

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