



A Moment with Donna... The Magic of Now

Fall always fills me with an enthusiasm that makes every day full of delightful, joyful expectations. I think it is due to the family visits to my grandparent's home during the fall season in Virginia. Living in Southern California we didn't have the changing of the seasons like the folks on the other side of the country do. The east coast during fall is ablaze with brilliant oranges, golds, reds, greens, and the various tones of brown, as nature gets ready for winter's rest.

When visiting my grandparent's I always had a special job to do. I had to rake up the thousands of dead leaves that filled their back yard. Now you wouldn't think that would be a job a child would enjoy, however, I had an agenda. The back yard had a high brick fence that edged the lower part of the yard. The yard itself was sloped and to rake the leaves down was easy. There was an area in the lower left corner that I would rake the leaves into and then I would climb up onto that brick wall, then jump down right into the pile of leaves I had raked....whoosh! Those leaves flew every which way, which was absolutely fine with me. Of course, I would have to rake them up again, but...yes, I would do the same thing over and over again until I got so pooped I couldn't do it anymore. When you are 7 years old, the things that make you happy are very different from what you experience as an adult.

As I was preparing this editorial I was a bit overwhelmed with a rather intense schedule, however, I had made a point to walk in the rain during the day, not caring whether I got wet or not, looking about at the magnificent changing colors of the local trees that were so radiantly beautiful against a backdrop of depressive grey skies when...unexpectedly, a patch of blue suddenly broke open, with rays of sunshine gold streaming down. It was awesome! I just stood quietly in the moment, savoring every second.

How often do you just stop to enjoy the present moment? Do you give yourself the time to even make it ok to laugh at the antics of a squirrel, or hug a tree, or spend an hour or two doing something totally frivolous ... just for the fun of it? We need to watch children and appreciate how they take the time to do exactly that. Children, just like our pets, live in the moment. We adults sometimes take ourselves far too seriously and forget to delight in this wonderful experience of life, appreciating the phenomenal gifts it can give us.

Touch base with that child self within, that part of you that can be fascinated with, and appreciate, the artistry of a dandelion, the magnificence of a woodpecker, the elegance of a tree swaying in the wind, and the airbrushing of colors that Mother Nature never ceases to apply to her nature kingdom of creatures and plants.

May this changing of seasons bring you the wonders and richness of life's many gifts and...the time to enjoy them.

Donna Seebo

Lower Thought for October

Besides the practical knowledge which defeat offers, there are important personality profits to be taken. Defeat strips away false values and makes you realize what you really want. It stops you from chasing butterflies and puts you to work digging gold. ~ William Moulton Marston

October's Phuckle

When the box with my Halloween costume arrived, it was empty. I called the company and asked where my Maid Marian costume was.

“We’re sorry, Ma’am. We’ll send your costume tomorrow,” the representative said. “In the meantime, feel free to keep the Lady Godiva costume you got by mistake.”

The Donna Seebo Show

&

“Warriors for Peace”



Heard worldwide.... Celebrating 17 Years

“Delphi Vision Broadcasting” is celebrating its 17th year of positive and informative programming with ‘The Donna Seebo Show’ and ‘Warriors for Peace’. Currently people in over 128 countries, including the United States, are listening to the shows.

I invite you to join me weekdays for insightful and uplifting programming. The theme of the program is ‘Personal Empowerment’. Guests are featured from all over the world giving their knowledge and expertise to you - the listening audience

Go to ‘*The Donna Seebo Show*’ page. **Direct Link:**

<http://www.delphiinternational.com/VisionBroadcasting/VisionBroadcasting.html> .

There you will find a blue player that enables you to connect to the ‘live’ show 9:00 am to 10:00 am, Monday through Friday, Pacific Time. Callers are welcome during the second half of the program – **Call in number - 253.582.5597.**

“*Warriors for Peace*” is aired on Wednesdays, 11:00 am to Noon, Pacific Time. No calls are taken during this interview program.

To listen to any of the broadcasts at any time - click on the tower icon in the past show archives box- then choose the program you are interested in. Shows are available 24/7.

I look forward to having you join me and my guests at my global broadcasting table. Informative and fun, you are invited to join me weekdays where you can “*Light Up Your Life with A Little Bit of Insight*”. Be sure to tell your friends and family about this positive, informative programming available 24/7.



Upcoming Radio Guests on the Donna Beebo Show
- October 2018-

- 1...Collision of Wills – Jack Gilden
- 2...Runic Book of Days – S. Kelley Harrell
- 3...Divorce Hackers Guide – Anne Grant
- 4...Resilience – Linda Graham
- 5...Guide to Modern Cupping Therapy – Shannon Gilmartin, 2nd guest Kai
- 8...Trust But Verify – Karna Small Bodman
- 9...Love's Invisible Dance – Karen Aberle
- 10...Dancing with Raven 7 Bear - Sonja Grace
- 11...The Sybil's Oraculum – Tayannah Lee McQuillar
- 12...Can't See the Wood for the Trees – Alison Smith (Europe)
- 15... Facing Freedom – Eryn Donnalley
- 16...Hidden Causes of Heart Attack & Stroke – Dr. Christian
- 17...Truthful Living – Jeffrey Gitmer/Napoleon Hill
- 18...Angry Black Woman
- 19...MacCaulley's Monster – Albert Bartlett
- 22...Natural Antibiotics – Christopher Vasey (England)
- 23...Spirits in Stone - Glenn Kreisbry
- 24...Cleansing Rites of Curanderismo
- 25...To be announced
- 26...Star Power – Vanessa Montgomery (Australia)
- 29...Real Witches of New England – Ellen Hopman
- 30...To be announced
- 31...Secret of Spirit Communication – Trish McGregor

Warriors for Peace

- 3...Exiled – Katya Cengel
- 10...The War Outside My Window
- 17...Hidden Battles on Unseen Fronts – Celia Straus
- 24...Shade of Black – Jessica Goodell
- 21...My Soul is Filled with Joy – Karen Treiger

Mrs. Beebo's Classics

Something new is in the works and we are excited...stop by for a visit and get a peek at what is evolving. We are so excited that my new children's publication – *The Woodcutter and The Tree* - is coming close to going to the printer. Check out the cover on my website.

A special 'Go Fund Me Project' has started too for upcoming publications. Check it out.

<http://mrsseebosclassics.com/news-events/>



Upcoming Broadcasts and Appearances



October 6th & 27th- Saturday Night Psychic Showcase at Carr's Restaurant, Bridgeport Way, Lakewood, Washington. I will be on the psychic panel, will have my publications available, arriving about 5pm. Keynote speaker - Panel will be doing demonstrations my presentation at 6 pm. I will be available for mini-sessions before and after the showcase.

October 15th – BEPC meeting...Location: Denny's Restaurant, Banquet Room, 1246 Central Ave. N. Time: I will be speaking at 6:00pm. Doors open at 5:30 for meeting. Topic...The Role of the Psychic in the 21st century.

When one mentions the word 'psychic' old images of witches, creepy crones and warlocks come into many people's minds. However, that imaging may never totally go away... especially at Halloween! But we are in a new environment mixed with science, quantum physics & more. Join me on the 15th and I'll be doing demonstrations of mind skills that show the abilities of mind are not limited in time or space.

Anchorage, Alaska...October 17, Wednesday afternoon to October 21st, Sunday evening.

I will be available for private sessions. Should you or a friend desire to schedule time with me while I am in Anchorage, please call my office at 253.582.5604 (prior to the 17th) or you can call 907.222.5005. I will be staying at a different location this trip so it is important that you note the local number and also my office number should you need it. Please do not call the hotel prior to my arrival as they will not take messages until I arrive.

October 25th – Tuesday evening, Lou J. Free's Showcase, IHOP Restaurant, 178 SW Campus Drive, Federal Way, WA 98023 253.661.7300. I will be the keynote speaker at 7 pm and will be arriving between 5-6 pm, available for mini-sessions up to 7pm. I will have publications available for sale.

An Additional Shuckle to Share

<https://www.youtube.com/embed/1veWbLpGa78....Submitted by B.G., Dana Point, CA>

Golden Nuggets... True Stories about Real People



SS Warrimoo

A FASCINATING SHORT SEA STORY

The passenger steamer SS Warrimoo was quietly knifing its way through the waters of the mid-Pacific on its way from Vancouver to Australia. The navigator had just finished working out a star fix and brought the master, Captain John Phillips, the result. The Warrimoo's position was LAT 0° 31' N and LON 179 30' W. The date was 31 December 1899.

"Know what this means?" First Mate Payton broke in, "We're only a few miles from the intersection of the Equator and the International Date Line".

Captain Phillips was prankish enough to take full advantage of the opportunity for achieving the navigational freak of a lifetime. He called his navigators to the bridge to check & double check the ship's position. He changed course slightly so as to bear directly on his mark. Then he adjusted the engine speed. The calm weather & clear night worked in his favor.

At mid-night the SS Warrimoo lay on the Equator at exactly the point where it crossed the International Date Line! The consequences of this bizarre position were many:

The forward part (bow) of the ship was in the Southern Hemisphere & in the middle of summer. The rear (stern) was in the Northern Hemisphere & in the middle of winter. The date in the aft part of the ship was 31 December 1899. In the bow (forward) part it was 1 January 1900.

This ship was therefore not only in: different days, different months, two different years, two different seasons, but in two different centuries - all at the same time. ~Submitted by B.Z., Washington

What's Your Story?



I am in the process of putting together a publication "Stories People Tell Me". I have had a number of submissions and I am looking for an additional 25 stories about paranormal experiences, UFO's, aura's and the unique and unusual not logical happenings that make us aware that life is anything but boring. Please send submissions to donnaseebo@comcast.net. Do send your contact information as well (phone number, etc.) Thank you.



The Recipe Box - Hot Chocolate & Orange Toddy

Fall has arrived and cooler temperatures are evolving. There is nothing like a yummy cup of hot chocolate to warm up when you are feeling that crisp chill in the air. This is a simple and easy twist to an old time favorite. Enjoy!

Ingredients: 2 ½ oz. of orange-flavored dark chocolate, 2 ½ cups of milk, 3 Tbsp rum, 2 Tbsp heavy cream, grated nutmeg. (Note: you can add orange extract for more orange flavor.)

Directions: Break orange-flavored dark chocolate into squares and place in a small saucepan with the milk. Heat over a low heat until just boiling, stirring constantly. Remove the pan from the heat and stir in the rum. Pour into cups. Pour the cream over the back of a spoon or swirl onto the top so that it sits on top of the hot chocolate. Sprinkle with grated nutmeg and serve at once.

Special Comments

A special 'thank you' to the many people who join me weekdays to hear 'The Donna Seebo Show' and 'Warriors for Peace' from around the country and the world. Your emails, calls and wonderful letters make my day. It is always a joy to share the talents and information from people and other sources that can make our lives better. Should you have recipes, ideas and/or information you think

my listeners might be interested in, please email the information to me. Due to the tremendous amount of material received, I cannot promise that I will use it on my show but I do review everything that is sent.

For authors who are interested in being interviewed on my program, please send a copy of your book/CD/DVD publication along with your press kit to the address noted below. All materials are reviewed for content and if accepted, you will be called to schedule a date for an interview. Currently my interviews are booked two to three months in advance. It is always advisable to follow up with a phone call to be sure that your materials are received by my office.

You are always welcome to share this newsletter and if you have someone who would like to be added to the subscriber list, just send his/her name and email address to donna@delphiinternational.com or donnaseebo@comcast.net. Past newsletters are archived on my website, and you are welcome to review them at any time. If you desire to be deleted from the mailing just type unsubscribe in subject line.

For scheduling of private appointments (by telephone or in-person), information on gift certificates, speaking engagements, private parties, classes, etc., please contact my office at the telephone number listed at the bottom of this newsletter.

Do you know of children between the ages of 3 to 12 who love to read? Then you'll want to order "*God's Kiss*" my award winning illustrated book and audio tape. Go to my website, fill out the information and I will be delighted to personalize the book for that special child. We are celebrating our 22nd anniversary of 'Classics' publications and now have a website showing 'God's Kiss' and other products. Both e-books and audio e-books are now available as well.

My children's publication, "*The Magic Hat*" is available in e-book and e-audio book format. It is also available in book form and I am happy to personalize it for you. You can go to my website to order directly or Amazon, Create Space, and Kindle. This book is beautifully illustrated by Carol Ann Johnson and you can listen to a 'free' preview of the audio book and view some of the art as well on Mrs. Seebo's Classics website.

Late summer we will be coming out with book #3, *The Woodcutter & The Tree*. Stay tuned for more information. It is exciting to bring a book to completion and we'll be letting you know when it all comes together.

Go to www.mrsseebosclassics.com to find out more about these wonderful publications. Be sure to like us on Facebook, LinkedIn, and Twitter.

Have a magnificent day and remember....

"You are the Master of your Fate, the Captain of your Soul".

Donna Seebo - International Mental Practitioner/Psychic, Counselor, Award Winning Author, Speaker, Teacher, Radio/Television Personality, Minister and Host of the International 'Donna Seebo Show' and 'Warriors for Peace'

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