



Happy 4th of July!

A Moment with Donna.....The Keyboard

Its early morning...I'm scrambling to get everything in order for my radio show when...YIKES! I cannot access my computer system! Unbelievable!

It has happened again. Another windows update, done sometime during the wee hours of the morning, has mucked up my computer system. Frustration reigns and I shut my system down, reboot it...3times...and on the third attempt somehow I manage to get into the system. However, when I press numerous keys on my keyboard, nothing is happening.

By this time, a few expletives are escaping my lips when I happen to look down at my keyboard. A green light is blinking near a black key and then...poof... it goes dark. My keyboard just died. I think to myself, "Are you kidding me!?" I test more keys...No, it is as dead as a door nail.

Not being a technical person, I honestly never gave a thought to a keyboard having an expiration date. With all of the other issues that plague one with computer technology the last thing I would ever give consideration to is the lowly keyboard. When I thought about it, my keyboard had worked very efficiently for many years and like so many things in life was taken for granted. It had fulfilled its purpose well and was ready for the recycle bin.

So, off to the store I go buying a new keyboard...wireless no less...and within a short period of time I am back in the business of communicating via the wonders of technology.

Abraham Maslow one said, "Appreciate again and again, freshly and naively, the basic goods of life, with awe, pleasure, wonder, and even ecstasy."

QWERTY...that is the title of the typewriter system we use today. Do you know when it came to life? It was in 1873. 144 years ago. The QWERTY layout was devised and created in the early 1870s by [Christopher Latham Sholes](#), a [newspaper](#) editor and printer who lived in [Milwaukee](#), [Wisconsin](#). In October 1867, Sholes filed a patent application for his early writing machine he developed with the assistance of his friends [Carlos Glidden](#) and [Samuel W. Soulé](#).^[1] This information is from Wikipedia.

With our modern keyboards we have altered things a bit to suit our needs, however, when you think about its origin, how its basics still hold true though adapted, it is really amazing. So many things around us have origins that go way back in time and yet we think they have always been here.

While standing in line waiting to pay for my new keyboard I glanced around the store. Thousands of products line shelves, some from the U.S. and some from other places around the world. Its takes a huge infrastructure; millions of employees working for various companies; various transportation modalities to get goods where they need to go; innovation, research, and development consistently evolving as new and old products go to market; laboratories and so much more is required on a daily basis so we can stand in line at our local store and buy what we need in minutes. It truly is phenomenal.

Overall it was about 30 minutes of time and I was back in business with my new keyboard, communicating via the Internet as if nothing had happened. However, I want to take this opportunity to thank those in manufacturing, transportation, packaging and more, who make it possible for me and others like me to have access to this convenience. Know you are appreciated. Thank you.

This is a major holiday weekend and we wish you a safe and most delightful holiday with friends and family as we celebrate this 4th of July. Do take some time though to say thank you to those who have served to preserve the freedoms we enjoy, and, perhaps say a silent prayer of thanksgiving for the rich abundance we have.

Abundant blessings to all of you.

Donna Seebo

Power Thought for July

“If we work marble, it will perish; if we work upon brass, time will efface it; if we rear temples they will crumble into dust; but if we work upon immortal minds and instill into them just principles, we are then engraving upon tablets which no time will efface, but will brighten and brighten to all eternity.

~ Daniel Webster

July's Chuckle

I've started wearing a fitness tracker to count my daily steps, and the first time I made it to 9,989 steps in one day, I proudly showed the device to my stepson.

“Not bad,” he said. “But you'd better keep walking. You're looking at it upside down.”

~J.J., Salem, Massachusetts

“The Donna Seebo Show”

&

“Warriors for Peace”



Heard worldwide.... Celebrating 16 Years

“Delphi Vision Broadcasting” is celebrating its 16th year of positive and informative programming with ‘The Donna Seebo Show’ and ‘Warriors for Peace’. Currently people in over 71 countries, including the United States, are listening to the shows.

I invite you to join me weekdays for insightful and uplifting programming. The theme of the program is ‘Personal Empowerment’. Guests are featured from all over the world giving their knowledge and expertise to you - the listening audience

Go to ‘*The Donna Seebo Show*’ page. **Direct Link:**

<http://www.delphiinternational.com/VisionBroadcasting/VisionBroadcasting.html> .

There you will find a blue player that enables you to connect to the ‘live’ show 9:00 am to 10:00 am, Monday through Friday, Pacific Time. Callers are welcome during the second half of the program – **Call in number - 253.582.5597.**

“*Warriors for Peace*” is aired on Wednesdays, 11:00 am to Noon, Pacific Time. No calls are taken during this interview program.

To listen to any of the broadcasts at any time - click on the tower icon in the past show archives box- then choose the program you are interested in. Shows are available 24/7.

I look forward to having you join me and my guests at my global broadcasting table. Informative and fun, you are invited to join me weekdays where you can “*Light Up Your Life with A Little Bit of Insight*”. Be sure to tell your friends and family about this positive, informative programming available 24/7.

I look forward to having you join me and my guests at my global broadcasting table.



Direct link: <http://www.delphiinternational.com/VisionBroadcasting/VisionBroadcasting.html> .

From 9-10am, Pacific Time the 'live' program can be heard via the flash player and on the upper left side of 'The Donna Seebo Show' page you will find the archive file for all programming. Callers are welcome to call into 'The Donna Seebo Show' during the second half of the program.

Call in number is **253.582.5597**

- 3...Tablets of Light – Danielle Hoffman
- 4...Free Speech & Women in Media – Jayne Rios
- HAPPY 4TH OF JULY EVERYONE**
- 5...Book of Truth – Paul Selig
- 6...Off the Grid – Randy Denmon
- 7...Woman Most Wild – Danielle Dulsky
- 10...My Brain is Out of Control – Dr.
- 11...Sacred Spaces – Bea Pila
- 12...Bankruptcy, A Love Story – Janet Lombardi
- 13...Weekgalized – Johnny Welsh
- 14...3 Demensions of Emotion – Dr. Sam Alibrando
- 17...The Endometreosis Health & Diet Program– Dr. Cook
- 18...A Fine Retribution – Dewey Lambdin
- 19...The Superhuman Mind – Dr. Berit Brogaard
- 20...Energetic Fertility – Nancy M. Mae
- 21...The Angry Smile – Signe Wilson
- 24...The Humming Effect – Johnathan Goldman
- 25...Aquafabulous! – Rebecca Coleman
- 26...Adventures of Women Entrepreneurs – Robin Behrstock
- 27...Ginger's Pet Rescue – Ginger Luke
- 28...Overcoming Your Difficult Family – Eric Maisel
- 31...Open Mike

Warriors for Peace

- 5...The Bravest Guy – Harry Wedewer
- 12...How Whole Brain Thinking Can Save the Future – James Olson
- 19...Shock Factor – Jack Coughlin
- 26...Play Like a Girl – Ellie Roscher



Upcoming Broadcasts & Appearances



July 1 and 8 – Saturday-The Saturday Night Psychic Showcase. Carr's Restaurant banquet room, 11006 Bridgeport Way SW, Lakewood, Washington 98499. I will be available for mini-sessions for an hour, prior to speaker at 6:00 pm, and after program as well. Publications will be available for purchase. **Special note: I will be the keynote speaker on July 8th.** Topic: Mind Dynamics.

July 12 – Wednesday-The Psychic Spectrum. I will be the keynote speaker at the Poodle Dog banquet room in Fife, Washington, (Topic-to be announced). I will be available for mini-sessions prior to speaking and will have publications available for purchase.

July 15 and 16 – Saturday & Sunday-Book Signing, Gig Harbor Summer Art Festival, Washington. The Literary Art Corner, Hours:10 am to 5 pm. Located in front of the Timberland Bank. I will be autographing my award-winning children's publications. Look for my display.

July 22 – Saturday-BEPU Expo-Kent, Washington-10:00 am to 4:00pm-at the Kent Commons in Kent (near Kent Station). Free admission, free parking, free guest speakers, hourly door prizes, and a wide variety of vendors, healers, and readers either way, come join the FUN!! I will be doing mini-readings and will have an abundance of publications for sale. I look forward to seeing you there.

July 25 – Tuesday-Lou J. Free's Showcase. Clarion Hotel, banquet room, Federal Way, Washington. I will be the keynote speaker for the evening at 7pm. (Topic-to be announced). I will be arriving about 5pm to be available for mini-consultations and will also have publications available.

Reaction Test

Submitted by Betty, California

Have fun with this reaction test to stopping a car. They will predict your age based on how quickly you stop. Bet you try it more than once! Have fun.....

This simulates you in the driver's seat of a car. You're driving down a road when you see a big red hand flash in front of you. You have to put on the brakes. Then the test tells you how old you are when it comes to driving. The test is based on reaction times of 2,000 people ages 18 and over. The test plotted their reaction times by age; it matches your reaction time to those averages. Some of their results may surprise you. The Test found that left-handed people and men have slightly better reaction times than the average person.

Click on me_ (<https://www.justpark.com/creative/reaction-time-test/>)

Putting Up the Flag

[Click here: Putting Up the Flag\[puttinguptheflag.com\]](http://puttinguptheflag.com)



The Recipe Box....Parmesan Chips

This is a recipe from one of my guests' cookbook- Pure & Simple, Pascale Naessens of Belgium - and it truly is pure and simple...delicious too!

Ingredients: 2/3 cup grated Parmesan cheese and ½ cup mixed seeds (flax, chia, pumpkin, sesame, etc.).

Directions: Preheat oven to 350 degrees. Line baking sheet with parchment paper. In a bowl mix the cheese and seeds. Spoon small mounds of the mixture onto the prepared baking sheet, leaving some space between them. Do not flatten the mounds. Bake for 10 to 15 minutes. Check often: the chips should be light brown, but not dark brown. Remove from oven and let cool before removing them from the parchment paper and serving.

Golden Nuggets

True Stories about Real People

<http://www.history.com/topics/holidays/july-4th/videos/the-origin-of-fireworks>

Special Comments

A special 'thank you' to the many people who join me weekdays to hear *'The Donna Seebo Show'* and *'Warriors for Peace'* from around the country and the world. Your emails, calls and wonderful letters make my day. It is always a joy to share the talents and information from people and other sources that can make our lives better. Should you have recipes, ideas and/or information you think my listeners might be interested in, please email the information to me. Due to the tremendous amount of material received, I cannot promise that I will use it on my show but I do review everything that is sent.

For authors who are interested in being interviewed on my program, please send a copy of your book/CD/audio tape publication along with your press kit to the address noted below. All materials are reviewed for content and if accepted, you will be called to schedule a date for an interview. Currently my interviews are booked two to three months in advance. It is always advisable to follow up with a phone call to be sure that your materials are received by my office.

You are always welcome to share this newsletter and if you have someone who would like to be added to the subscriber list, just send his/her name and email address to donna@delphiinternational.com or donnaseebo@comcast.net. Past newsletters are archived on my website, and you are welcome to review them at any time. If you desire to be deleted from the mailing just type unsubscribe in subject line.

For scheduling of private appointments (by telephone or in-person), information on gift certificates, speaking engagements, private parties, classes, etc., please contact my office at the telephone number listed at the bottom of this newsletter.

Do you know of children between the ages of 3 to 12 who love to read? Then you'll want to order *"God's Kiss"* my award winning illustrated book and audio tape. Go to my website, fill out the information and I will be delighted to personalize the book for that special child. We are celebrating our 22nd anniversary of 'Classics' publications and now have a new website showing 'God's Kiss' and other products. Both e-books and audio e-books are now available as well.

My new children's publication, *"The Magic Hat"* is also available in e-book and e-audio book format. It is also available in book form and I am happy to personalize it for you. You can go to my website to order directly or Amazon, Create Space, and Kindle. This book is beautifully illustrated by Carol Ann Johnson and you can listen to a 'free' preview of the audio book and view some of the art as well on Mrs. Seebo's Classics website.

Go to www.mrsseebosclassics.com to find out more about these wonderful publications. Be sure to like us on Facebook, LinkedIn, and Twitter.

*Have a magnificent day and remember....
"You are the Master of your Fate, the Captain of your Soul".*

*Donna Seebo - International Mental Practitioner/Psychic, Counselor, Award Winning Author, Speaker, Teacher, Radio/Television Personality, Minister and
Host of the International 'Donna Seebo Show' and 'Warriors for Peace'*

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