



A Moment with Donna..... The Magic Bank Account

The author of this commentary is not known. A well read, folded paper was found in the wallet of Coach Paul Bear Bryant of Alabama after he died in 1982. This is what it said. Imagine that you had won the following **PRIZE** in a contest. Each morning your bank would deposit \$86,400 in your private account for your use. However, this prize has 5 rules.

1. Everything that you didn't spend during each day would be taken away from you.
2. You may not simply transfer money into some other account.
3. You may only spend It.
4. Each morning upon awakening, the bank opens your account with another \$86,400 for that Day.
5. The bank can end the game without warning; at any time, it can say, "Game Over!" It can close the account and you will not receive a new one.

What would you personally do?

You would buy anything and everything you wanted right? Not only for yourself, but for all the people you love and care for. Even for people you don't know, because you couldn't possibly spend it all on yourself, right?

You would try to spend every penny, and use it all, because you knew it would be replenished in the morning, right?

Actually, this game is real! Shocked? Yes?!

Each of us is already a winner of this **PRIZE**. We just can't seem to see it. The **PRIZE** is **TIME**

1. Each morning we awaken to receive 86,400 seconds as a gift of Life.
2. And when we go to sleep at night, any remaining time is not credited to us.
3. What we haven't used up that day is forever lost.
4. Yesterday is forever gone.
5. Each morning the account is refilled, but the bank can dissolve your account at any time without warning...so, what will *You* do with your 86,400 seconds? Those seconds are worth so much more than the same amount in dollars. Think about it and remember to Enjoy every second of your life, because time races by so much quicker than you think.

So take care of yourself, be happy, love deeply and enjoy life!

Here's wishing you a wonderful and beautiful day. Start spending....Submitted by B.G., California, Author Unknown

When I read this article that was e-mailed to me, it said so much that I didn't feel like I really needed to add to it, excepting these few thoughts. Within the past few years I have had to say goodbye to friends and loved ones, including my four-pawed friends. So I have become more mindful that life is a magnificent gift meant to be attentive to, and to appreciate those wonderful moments when we can share our talents, gifts, stories, and much more each and every day. May you choose those environments, education, experiences, new friendships, and the care of old friendships that share the enthusiasm for life you so richly desire?

Abundant blessings,

Donna Seebo

Lower Thought for March

"Everybody thinks of changing humanity and nobody thinks of changing himself"

~Count Leo Tolstoi

March's Phuckle

An old country doctor had just finished delivering a farm family's tenth baby in ten years. He was aware that the mother's health wasn't too good. As he sat sipping a cup of coffee in the kitchen, the father came up to him: "You know doctor," he said, "we've had so many kids that we've plumb run out of names. I sure don't know what to call this 'un."

"If I were you," said the doctor, thoughtfully, "I'd call it quits!"

The Donna Seebo Show

&

"Warriors for Peace"



Heard worldwide.... Celebrating 16 Years

"Delphi Vision Broadcasting" is celebrating its 16th year of positive and informative programming with 'The Donna Seebo Show' and 'Warriors for Peace'. Currently people in over 128 countries, including the United States, are listening to the shows.

I invite you to join me weekdays for insightful and uplifting programming. The theme of the program is 'Personal Empowerment'. Guests are featured from all over the world giving their knowledge and expertise to you - the listening audience

Go to '*The Donna Seebo Show*' page. **Direct Link:**

<http://www.delphiinternational.com/VisionBroadcasting/VisionBroadcasting.html> .

There you will find a blue player that enables you to connect to the 'live' show 9:00 am to 10:00 am, Monday through Friday, Pacific Time. Callers are welcome during the second half of the program – **Call in number - 253.582.5597.**

"*Warriors for Peace*" is aired on Wednesdays, 11:00 am to Noon, Pacific Time. No calls are taken during this interview program.

To listen to any of the broadcasts at any time - click on the tower icon in the past show archives box- then choose the program you are interested in. Shows are available 24/7.

I look forward to having you join me and my guests at my global broadcasting table. Informative and fun, you are invited to join me weekdays where you can “*Light Up Your Life with A Little Bit of Insight*”. Be sure to tell your friends and family about this positive, informative programming available 24/7.



- 1...The Way Home to Love – Maresha DuCharme
- 2...Boomer Stress – David Pragman
- 5...Spiritland – Charles Langley
- 6...Sick to Death – Maggie Hadleigh-West
- 7...A Woman’s Voice – Marilyn Singleton, M.D.
- 8...Accidental Shaman – Howard Charing (England)
- 9...Revelation of the Aquarian Age – Barbara Hand-Chow
- 12...One Pedal at a Time – CJ Golden
- 13...The Church – Marie Friend
- 14...Are You an Echo? –David Jacobson & 9:30am – Astara, The Emerald Spiral Expo
- 15...Prevent, Survive, Thrive - Breast Care-Dr. John West
- 16...The Wealthy Teacher – Danny Kofke
- 17...**Happy St. Patrick’s Day to all of you and may the blessings of the leprechauns be with you.**
- 19...Silence – Father Anthony Gabriel
- 20...Angels on Earth – Laura Schroff
- 21...To be announced
- 22...Raw – Bella Mahaya Carter
- 23...To be announced
- 26...Unlocking Greatness – Charlie Harary
- 27...Make A List – Marilyn McIntyre
- 28...The New Senior Woman – Thelma Reese
- 29...Daughters Betrayed by Their Mothers – Holli Kenley
- 30...The Two Most Important Days -

Warriors for Peace

- 7...From Liberty to Magnolia – Janice Ellis
- 14...America Invades – Christopher Kelly
- 21...The Simple Little Rule, The Golden Rule Rediscovered – Mike Ellerkamp
- 28...To be announced



March 10th & 31st – Saturday Night Psychic Showcase. . I will be on the psychic panel, will have my publications available, arriving about 5pm. Panel will be doing demonstrations after the speaker at 6pm. I will be available for mini-sessions before and after the showcase.

March 14th – Wednesday...Psychic Spectrum, Poodle Dog Restaurant Banquet Room, Fife, Washington. I will be the Keynote speaker at 7 pm and will have my publications with me as well. I will

be arriving between 5-6pm, depending on traffic, and will be available for mini-sessions before and after the presentation.

March 20th – Tuesday...Lou J. Free's Showcase, IHOP Restaurant, 178 SW Campus Drive, Federal Way, WA 98023 253.661.7300. I will be the keynote speaker at 7 pm and will be arriving around 5 pm, available for mini-sessions up to 7pm. I also will have publications available for sale.

March 24th – The Emerald Spiral Expo – Kent Commons, in Kent, Washington. This is a wonderful semi-annual event that people from all over the state love to attend. Speakers and vendors of various backgrounds and talents are conveniently gathered together and you have the opportunity to meet and interact with them. I have been participating in this community event for a number of years and it is always a joyful experience. I'll be giving mini-sessions and if course, will have publications galore. We look forward to seeing you there. For more information go to www.emeraldsipiral.com.

Won't you join us? Oh...by the way, I will be speaking at 11:00am and my topic is: The Psychic in Today's World – Their Purpose and Value.

April – 2018

April 14th - Saturday Night Psychic Showcase. . I will be on the psychic panel, will have my publications available, arriving about 5pm. Panel will be doing demonstrations after the speaker at 6pm. I will be available for mini-sessions before and after the showcase.

April 11th - Psychic Spectrum - Poodle Dog Restaurant Banquet Room, Fife, Washington. I will be the Keynote speaker at 7 pm and will have my publications with me as well. I will be arriving between 5-6pm, depending on traffic, and will be available for mini-sessions before and after the presentation.

April 17th - Tuesday...Lou J. Free's Showcase, IHOP Restaurant, 178 SW Campus Drive, Federal Way, WA 98023 253.661.7300. I will be the keynote speaker at 7 pm and will be arriving around 5 pm, available for mini-sessions up to 7pm. I also will have publications available for sale.

Anchorage, Alaska – April 25th to April 30th. *More information will be forthcoming in upcoming newsletter.*



What's Your Story?

I am in the process of putting together a publication "Stories People Tell Me". I have had a number of submissions and I am looking for an additional 25 stories about paranormal experiences, UFO's, aura's and the unique and unusual not logical happenings that make us aware that life is anything but boring. Please send submissions to donnasebo@comcast.net. Do send your contact information as well (phone number, etc.) Thank you.

Golden Nuggets

True Stories about Real People

~ Submitted by Bill Z., Washington

The U.S.A. is not the only country the uses electronic surveillance, and is not the only country that has spy satellites, and is not the only country that has nuclear weapons and will use them if it feels necessary or threatened, and is not the only country that monitors your phone calls and emails, and is not the only country that uses drones. Welcome to the 21st. Century. Eye in the sky



The Recipe Box...Baked Peaches with Mascarpone

Sometimes we want something sweet after a delicious meal but don't want to bake a cake or anything fancy. Simple in flavor, not time consuming, yet satisfying to the sweet tooth. This recipe will fill the bill nicely. One of my guests, Pascale, shared this and it is delicious.

Ingredients: 2 peaches, 8 oz. mascarpone, 3 Tbls. honey, handful of slivered almonds

Directions: Preheat oven to 350 degrees. Halve and pit the peaches. Place them cut side up in a baking dish. Mix the mascarpone with the honey, and spoon it over the peaches. Sprinkle with slivered almonds and bake for 15 to 20 minutes, until the peaches are soft.

Special Comments

A special 'thank you' to the many people who join me weekdays to hear *'The Donna Seebo Show'* and *'Warriors for Peace'* from around the country and the world. Your emails, calls and wonderful letters make my day. It is always a joy to share the talents and information from people and other sources that can make our lives better. Should you have recipes, ideas and/or information you think my listeners might be interested in, please email the information to me. Due to the tremendous amount of material received, I cannot promise that I will use it on my show but I do review everything that is sent.

For authors who are interested in being interviewed on my program, please send a copy of your book/CD/DVD publication along with your press kit to the address noted below. All materials are reviewed for content and if accepted, you will be called to schedule a date for an interview. Currently my interviews are booked two to three months in advance. It is always advisable to follow up with a phone call to be sure that your materials are received by my office.

You are always welcome to share this newsletter and if you have someone who would like to be added to the subscriber list, just send his/her name and email address to donna@delphiinternational.com or donnaseebo@comcast.net. Past newsletters are archived on my website, and you are welcome to review them at any time. If you desire to be deleted from the mailing just type unsubscribe in subject line.

For scheduling of private appointments (by telephone or in-person), information on gift certificates, speaking engagements, private parties, classes, etc., please contact my office at the telephone number listed at the bottom of this newsletter.

Do you know of children between the ages of 3 to 12 who love to read? Then you'll want to order *"God's Kiss"* my award winning illustrated book and audio tape. Go to my website, fill out the information and I will be delighted to personalize the book for that special child. We are celebrating our 22nd anniversary of 'Classics' publications and now have a website showing 'God's Kiss' and other products. Both e-books and audio e-books are now available as well.

My new children's publication, *"The Magic Hat"* is available in e-book and e-audio book format. It is also available in book form and I am happy to personalize it for you. You can go to my website to order directly or Amazon, Create Space, and Kindle. This book is beautifully illustrated by Carol Ann Johnson and you can listen to a 'free' preview of the audio book and view some of the art as well on Mrs. Seebo's Classics website.

Go to www.mrsseebosclassics.com to find out more about these wonderful publications. Be sure to like us on Facebook, LinkedIn, and Twitter.

***Have a magnificent day and remember....
"You are the Master of your Fate, the Captain of your Soul".***

*Donna Sebo - International Mental Practitioner/Psychic, Counselor, Award Winning Author, Speaker, Teacher, Radio/Television
Personality, Minister and
Host of the International 'Donna Sebo Show' and 'Warriors for Peace'*

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