



*Happy New Year - 2019*

*A Moment with Donna....6 Little Stories*

A brand New Year, 2019, is clean and shiny with opportunities, new experiences, and the chance to step into a bigger and better self, enabling you to be ready to expand horizons of awareness and expectations. What are your aspirations, your visions, your wildest dreams of growth and change? Are you willing to move forward, daring to reach...stretching yourself...into new territories of experiences? These six little stories give wisdom nuggets we can all benefit from.

{1} Once, all villagers decided to pray for rain. On the day of prayer all the people gathered, but only one boy came with an umbrella. **That's FAITH.**

{2} When you throw babies in the air, they laugh because they know you will catch them. **That's TRUST.**

{3} Every night we go to bed without any assurance of being alive the next morning, but still we set the alarms to wake up. **That's HOPE.**

{4} We plan big things for tomorrow in spite of zero knowledge of the future. **That's CONFIDENCE.**

{5} We see the world suffering, but still we get married and have children. **That's LOVE.**

{6} On an old man's shirt was written a sentence, 'I am not 80 years old; I am sweet 16 with 64 years of experience.' **That's ATTITUDE.**

Have a happy day and live your life like the six stories. ~Author Unknown

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Whatever 2018 presented to you... the good, the bad, the ugly...keep in mind that you always have choice in your life to move forward to... the beautiful, the expansion of love in your life on all levels, and the dynamic reaching out to achieve your heartfelt dreams.

May 2019 bless your life, and those that you love, with excellent health, prosperity, joy, grace, fulfillment, and harmony.

*Donna Seebo*

*Power Thought for January 2019*

"Good friends are the rare jewels of life...difficult to find and impossible to replace!

~Author Unknown

*January's Chuckle*

When I was a child, I thought nap time was punishment. Now it's like a mini-vacation. ~Author Unknown

*"The Donna Seebo Show"*

&

*"Warriors for Peace"*



*Heard worldwide.... Celebrating 18 Years*

**\*\*\*Upcoming changes are happening with the Donna Seebo Show and we'll be posting the information as soon as everything is in place...stay tuned!\*\*\***

"Delphi Vision Broadcasting" is celebrating its 18<sup>th</sup> year of positive and informative programming with 'The Donna Seebo Show' and 'Warriors for Peace'. Currently people in over 128 countries, including the United States, are listening to the shows.

I invite you to join me weekdays for insightful and uplifting programming. The theme of the program is 'Personal Empowerment'. Guests are featured from all over the world giving their knowledge and expertise to you - the listening audience

Go to '*The Donna Seebo Show*' page. **Direct Link:**

<http://www.delphiinternational.com/VisionBroadcasting/VisionBroadcasting.html> .

There you will find a player that enables you to connect to the 'live' show 9:00 am to 10:00 am, Monday through Friday, Pacific Time. Callers are welcome during the second half of the program – **Call in number - 253.582.5597.**

"*Warriors for Peace*" is aired on Wednesdays, 11:00 am to Noon, Pacific Time. No calls are taken during this interview program.

To listen to any of the broadcasts at any time - click on the tower icon in the past show archives box- then choose the program you are interested in. Shows are available 24/7.

I look forward to having you join me and my guests at my global broadcasting table. Informative and fun, you are invited to join me weekdays where you can "*Light Up Your Life with A Little Bit of Insight*". Be sure to tell your friends and family about this positive, informative programming available 24/7.



*Upcoming Guests - January 2019*

- 1....No live show...pre-recorded program
- 2....A Beautiful Morning-Ashley Brown
- 3....Choosing Your Power-Dr. Wayne Purnell
- 4....Spam Cookbook – Brian Peterson
- 7....Premonition Code-Julia Mossbridge
- 8....Military Encounters with Extraterrestrials-Frank Joseph
- 9....Intelligence of Cosmos-Ervin Laszio (Italy)
- 10...Psychedelic Mystery Traditions-Tom Hatsis
- 11...Enneagram of Eating-Ann Grod
- 14...Go Find – Susan Purvis
- 15...Atlantis in the Caribbean-Andrew Collins (England)
- 16...Killing Vincent, The Man, The Myth, The Murder-Irv Arenberg
- 17...Miracle Stem Cell Heart Repair – Christian Wilde
- 18... Jessica Higgins
- 21...What Self-Made Millionaires Do That Most People Don't-Ann Marie Sabath
- 22...My Search for Christopher – Joe McQuillen

- 23...Soul Dog–Elena Mannes
- 24...Don't Get Too Excited–Jin Epstein
- 25...To be announced
- 28...Notes From the Bottom of the World–Suzanne Adam (Chili)
- 29...Hidden Women, Celtic Burgundy & Europe
- 30...To be announced
- 31...Super Foods–Cal Orey

### *Warriors for Peace*

- 2....The Missing Piece – Harold 'Bud' Boughton
- 9....Justice In Plain Sight–Dan Bernstein
- 16...Building a Nation–Heather Gregg
- 23...Our Search for Belonging–Howard Ross
- 30...Open Borders–Betsy Bell

### *The 3 Little Pigs... Redone*

This children's classic is redone in a most amazing way. This video was sent to me by B.Z., Washington. Enjoy! <https://biggeekdad.com/2011/11/the-three-little-pigs/>

### *Mrs. Seebo's Classics*

Something new is in the works and we are excited...stop by for a visit and get a peek at what is evolving. We should be going to press this month of December and *The Woodcutter & The Tree* will be available in hardcover by the end of January, 2019.

<http://mrsseebosclassics.com/news-events/>

### *What's Your Story?*



I am in the process of putting together a publication "Stories People Tell Me". I have had a number of submissions and I am looking for an additional 25 stories about paranormal experiences, UFO's, aura's and the unique and unusual not logical happenings that make us aware that life is anything but boring. Please send submissions to [donnaseebo@comcast.net](mailto:donnaseebo@comcast.net). Do send your contact information as well (phone number, etc.) Thank you.

### *Upcoming Broadcasts & Appearances-January 2019*

**January 12 - Saturday...The Metaphysical Meetup, Carr's Restaurant on Bridgeport in Lakewood, Washington.** There is a keynote speaker at 6pm and I will be on the panel doing demonstrations of psychometry. Books and other information will be available that evening and I will be available for mini-consultations as well. Look forward to your joining us for a fun evening of demonstrations and conversation.

**January 16, Wednesday...The Psychic Spectrum, Poodle Dog Restaurant Banquet Room, Fife, Washington.** I will be the keynote speaker at 6pm, will have publications available and also will be doing mini-sessions before and after the program.

**January 22 – Tuesday evening, Lou J. Free's Showcase, IHOP Restaurant, 178 SW Campus Drive, Federal Way, WA 98023 253.661.7300.** I will be the keynote speaker at 7 pm and will be doing a blindfold demonstration as well, arriving between 5-6 pm, available for mini-sessions up to 7pm. I will have publications available for sale.

*Golden Nuggets*  
*True Stories about Real People*

Submitted by M.S., Alaska

We take so much for granted today that this video makes one aware that thousands of people, on all different levels of involvement, made this journey, after many years, a reality.

<https://www.youtube.com/embed/XRCIzZHpFtY?rel=0>

*The Recipe Box...Classic Onion Soup*

I don't know about you but after the holidays I'm ready for something simple and tasty for a light meal. Soup and salad are real winners for me. This recipe was shared with me by one of my guests and I thought I would pass it along. This serves 6 people, however, you can reduce it if you like and fixing this in a crock pot (slow cooker) is a real winner for this lazy cook.

**Ingredients:** 6 onions-thinly sliced, 3 Tbls. melted butter, 1Tbls. sugar, 8 cups good quality beef broth (can substitute vegetable broth if desired), 1 Tsp. salt, 1 Tsp. cracked black peppercorns, 2Tbls. brandy or cognac, 12 slices baguette, 2 cups shredded Swiss or Gruyere cheese.

**Directions:** 4-5 quart slow cooker...combine onions and butter, stir well to coat onions thoroughly, cover and cook on high for 30 minutes to 1 hour, until onions are softened. Add sugar and stir well. Place two clean tea towels, each folded in half (so you will have 4 layers) over top of slow cooker to absorb moisture. Cover and cook on high for 4 hours, stirring two or three times to ensure that onions are browning evenly, replacing towels each time. Add broth, salt, pepper and brandy or cognac. Do not replace towels, cover and cook on high for 2 hours. When ready to server, preheat broiler, ladle soup into 6 ovenproof bowls. Place 2 slices of baguette in each bowl, sprinkle liberally with cheese, and broil, until top is bubbly and brown, serve immediately.

**Note:** Your broth should be of the best quality. To enhance the flavor of a store-bought broth, do the following: In a large saucepan combine broth with 2 carrots, peeled and coarsely chopped, 1 Tsp. celery seed, 1 Tsp. cracked black peppercorns, ½ Tsp. dried thyme, 4 parsley springs, 1 bay leaf and 1 cup white wine. Bring to a boil, then reduce heat and simmer, covered, for 30 minutes-strain.

*Special Comments*

A special' thank you' to the many people who join me weekdays to hear *'The Donna Seebo Show'* and *'Warriors for Peace'* from around the country and the world. Your emails, calls and wonderful letters make my day. It is always a joy to share the talents and information from people and other sources that can make our lives better. Should you have recipes, ideas and/or information you think my listeners might be interested in, please email the information to me. Due to the tremendous amount of material received, I cannot promise that I will use it on my show but I do review everything that is sent.

For authors who are interested in being interviewed on my program, please send a copy of your book/CD/DVD publication along with your press kit to the address noted below. All materials are reviewed for content and if accepted, you will be called to schedule a date for an interview. Currently my interviews are booked two to three months in advance. It is always advisable to follow up with a phone call to be sure that your materials are received by my office.

You are always welcome to share this newsletter and if you have someone who would like to be added to the subscriber list, just send his/her name and email address to [donna@delphiinternational.com](mailto:donna@delphiinternational.com) or [donnaseebo@comcast.net](mailto:donnaseebo@comcast.net). Past newsletters are archived on my website, and you are welcome to review them at any time. If you desire to be deleted from the mailing just type unsubscribe in subject line.

For scheduling of private appointments (by telephone or in-person), information on gift certificates, speaking engagements, private parties, classes, etc., please contact my office at the telephone number listed at the bottom of this newsletter.

Do you know of children between the ages of 3 to 12 who love to read? Then you'll want to order "God's Kiss" my award winning illustrated book and audio tape. Go to my website, fill out the information and I will be delighted to personalize the book for that special child. We are celebrating our 22nd anniversary of 'Classics' publications and now have a website showing 'God's Kiss' and other products. Both e-books and audio e-books are now available as well.

My children's publication, "The Magic Hat" is available in e-book and e-audio book format. It is also available in book form and I am happy to personalize it for you. You can go to my website to order directly or Amazon, Create Space, and Kindle. This book is beautifully illustrated by Carol Ann Johnson and you can listen to a 'free' preview of the audio book and view some of the art as well on Mrs. Seebo's Classics website.

Late January we will be coming out with book #3, *The Woodcutter & The Tree*. Stay tuned for more information. It is exciting to bring a book to completion and we'll be letting you know when it all comes together.

Go to [www.mrsseebosclassics.com](http://www.mrsseebosclassics.com) to find out more about these wonderful publications. Be sure to like us on Facebook, LinkedIn, and Twitter.

*Have a magnificent day and remember....*

*"You are the Master of your Fate, the Captain of your Soul".*

*Donna Seebo - International Mental Practitioner/Psychic, Counselor, Award Winning Author, Speaker, Teacher, Radio/Television Personality, Minister and Host of the International 'Donna Seebo Show' and 'Warriors for Peace'*

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