



A Moment with Donna...The Jetson's

This is fascinating.....play the clips for quite an education! The world of the Jetsons gets a scientific makeover. Arconic, Inc. has reimagined the year 2062 through the eyes of leading futurists, our engineers and filmmaker Justin Lin. <http://arconic.com/thefuture/> ~Submitted by L. M., Washington State.

When I was sent this video by L.M., I had to chuckle about the timing. Here we are in the New Year ready to rock and roll into new adventures, perhaps breaking our old paradigms to make new ones, dealing with the awareness that we have to move forward not backwards into the past, yet we have to deal with everyday reality that can seem rather mundane.

When you think of the futurists of 1962 who put together this dynamic cartoon series, it took a good many years to reach the level we have reached today. There is an old saying, 'We stand on the shoulders of those who have gone before us.' That is so true. Regardless of how futuristic we may be in our thinking it takes time to work the kinks out so that aspirations become real and useable in everyday life.

I was in a store yesterday and asking a sales person about smart phones. I don't have one yet...ok, I am a bit of a dinosaur in that area of technology...and she proceeds to tell me about all of the different types of phones and how she had to replace hers because it fell into her coffee cup and died. Her smart phone is a pretty big size and according to her she has a *really big coffee cup!* I guess that is a bit better than having your phone fall into the toilet. She proceeded to educate me on the various phones and different packages offered. I was amazed at the changes with smart phones in just one year. One day I'm sure I will acquire one.

I have always enjoyed the Jetson's and know that future generations will as well. Regardless of the advances of technology, communication, in-person communication, still makes the greatest difference in our lives. The humble telephone still ranks the highest in communication hierarchy. Why? Because the power of the human voice shows caring, love, compassion, and is the next best thing to having a one-on-one hug with a real human being.

How about consideration of some new resolutions? Like....spending real time with friends and members of family you often miss the company of; or taking time at the end of the day to write out what you are grateful for and/or recognizing the miracle magic of life itself? I am sure you can come up with your own ideas.

Regardless, I am grateful for you, your talents, and the wonderful space you fill in life. Know you are loved, not alone, and have many wonderful experiences ahead of you in this New Year of 2017.

May abundant blessings fill your life and those that you love.

Happy New Year Everyone!

Donna Seebo

Power Thought for January

"You can tell how good a deed was by how big a thrill you got out of doing it."

~Author Unknown

January's Chuckle

"Historians tell us the past. Economists tell us the future. Only the present is confusing!"

~Author Unknown

"The Donna Seebo Show"

&

"Warriors for Peace"



Heard worldwide.... Celebrating 15 Years

"Delphi Vision Broadcasting" is celebrating its 15th year of positive and informative programming with 'The Donna Seebo Show' and 'Warriors for Peace'. Currently people in over 71 countries, including the United States, are listening to the shows.

I invite you to join me weekdays for insightful and uplifting programming. The theme of the program is 'Personal Empowerment'. Guests are featured from all over the world giving their knowledge and expertise to you - the listening audience

Go to '*The Donna Seebo Show*' page. **Direct Link:**

<http://www.delphiinternational.com/VisionBroadcasting/VisionBroadcasting.html> .

There you will find a blue player that enables you to connect to the 'live' show 9:00 am to 10:00 am, Monday through Friday, Pacific Time. Callers are welcome during the second half of the program – **Call in number - 253.582.5597.**

"*Warriors for Peace*" is aired on Wednesdays, 11:00 am to Noon, Pacific Time. No calls are taken during this interview program.

To listen to any of the broadcasts at any time - click on the tower icon in the past show archives box- then choose the program you are interested in and click the adjacent box to have it download. Shows are available 24/7. I look forward to having you join me and my guests at my global broadcasting table.

Please be advised that THE DONNA SEEBO SHOW & WARRIORS FOR PEACE is available through iTunes podcast, Stitcher, and TuneIn.

Please note: You must have iTunes installed in order to open and listen to any programming.

As a result of this new iTunes posting the URL address of Delphi Site public RSS feed has changed:

<http://delphiinternational.com/podcasts/donna-seebo-show-podcast.xml>

This link is associated with the orange RSS feed button at the bottom of Delphi site pages. Update your standard public RSS feed subscriptions accordingly.

Informative and fun, you are invited to join me weekdays where you can "***Light Up Your Life with A Little Bit of Insight***". Be sure to tell your friends and family about this positive, informative programming available 24/7.

I look forward to having you join me and my guests at my global broadcasting table.



Featured Radio Guests on the Donna Seebo Show

Upcoming Guests – January 2017

Direct link: <http://www.delphiinternational.com/VisionBroadcasting/VisionBroadcasting.html> .

From 9-10am, Pacific Time the 'live' program can be heard via the flash player and on the upper left side of 'The Donna Seebo Show' page you will find the archive file for all programming. Callers are welcome to call into 'The Donna Seebo Show' during the second half of the program.

Call in number is **253.582.5597**

- 2...The Third Circle Protocol, Georgina Cannon (Canada)
- 3...Heart-Based Singing, Agatha Carubia
- 4...Operation Ivy Bells, Robert Williscroft
- 5...Journaling Power, Mari McCarthy
- 6...Painting Life, Carol Walsh
- 9...What's Your Potion, Caroline
- 10...Loving, Supporting, Caring for Cancer Patients, Dr. Goldberg
- 11...Cherokee Wisdom, Cynthia Ruiz
- 12...Men Chase, Women Choose, Dawn Maslar
- 13...Nine Waves of Creation, Carl Johan Calleman
- 16...Seven Archetypal Stones, Nicholas Pearson
- 17...Death of a Diva, Ms. Goldstein
- 18...Psycho-Cybernetics, Mitch Horowitz
- 19...Moments, Magic, Miracles, & Martini's, Amy Slater
- 20...Finding Destiny, Barbara Sinor
- 23...Unemployable, David Roberts
- 24...The Cornerstone Brief, Ed Campbell
- 25...Abandonment Recovery Workbook, Susan Anderson
- 26...Book of Destiny, Chetan Parkyn
- 27...The Mystery of Shae Brey, Laird Scranton
- 30...The Beat of the Drum, Mary Standing Bear
- 31...Ripley – Unlock the Weird, Edward Meyer

Warriors for Peace

- 4...Entrepreneur's Manifesto – Steve Mariotti
- 11...The Busy Family Guide to Volunteering – Jenny Friedman
- 18...My Dear Wife & Children – Nick Adams
- 25...In the Shadow of Suribachi – Joyce Faulkner



Upcoming Broadcasts & Appearances



January 18th, Wednesday*Psychic Spectrum, Poodle Dog banquet room, Fife, Washington. Speaking – 7pm.*

Topic to be announced. I will be arriving about 6pm to do mini-sessions and will be available afterwards as well. Some super books to share too.

January 24th, Tuesday*Lou J. Free Showcase, Clarion Hotel, Federal Way, Washington.* I will be speaking at 7pm – Topic to be announced. I will be arriving about 5:30pm to do mini-sessions and won't be available after the program is finished. So you can book sessions with Lou Free in advance if desired.

***The following Saturday evenings I will be on the panel at Bur's Restaurant, on Steilacoom Blvd, Lakewood, Washington....January 7, 14, and 21. I will arrive at 5pm and available for mini-sessions before and after the evenings program which is at 6pm.

January 28th ...*Lakewood Library, Lakewood, Washington*...I will be presenting, along with Carol Ann Johnson, a program on self-publishing illustrated children's books. We will be sharing tips/suggestions to those attending on how to present, design, and deliver a quality publication just as good as any publishing house can produce. **Time: 2pm-3:30pm.** *Join us for refreshments afterwards.*

My Wish for You....

*A thick white blanket of new-fallen snow
The sweet scent of cider simmering
A little child's laughter
A good friend's hello
The flicker of firelight glimmering,
Moonlight shining on evergreen trees,
The music of bells in the steeple,
The touch of a hand,
The whisper of peace to all people.
~Author Unknown*

Golden Nuggets

True Stories about Real People

She: "So, what did you do today?"

He: "I changed a light bulb"

She: "That's all?"

He: "Yes," I filmed it, look ([click](#))

Submitted by B. Gregory, California



The Recipe Box....Yogurt

Many years ago I was introduced to homemade yogurt by my mentor's mother, Mama Nash. It was so delicious that yogurt has been a part of my food choices for a long time. Here is a simple recipe that you can make in your own kitchen. Nutritious and marvelously light in texture it is very easy to do and can be made year round.

Ingredients: 1/4 cup plain yogurt, 1 quart non-fat milk (fresh or made from granules)

Directions: Let the yogurt stand at room temperature for 3 to 4 hours. Heat milk to 120 degrees on a candy thermometer. Do not overheat. Cool to 90 degrees. Add the yogurt and mix thoroughly. Turn into a bowl or 4 individual containers. Do not stir or move containers. Cover and keep barely lukewarm until a curd has formed. Store in refrigerator. Makes a quart.

Special Comments

A special 'thank you' to the many people who join me weekdays to hear '*The Donna Seebo Show*' and '*Warriors for Peace*' from around the country and the world. Your emails, calls and wonderful letters make my day. It is always a joy to share the talents and information from people and other sources that can make our lives better. Should you have recipes, ideas and/or information you think my listeners might be interested in, please email the information to me. Due to the tremendous amount of material received, I cannot promise that I will use it on my show but I do review everything that is sent.

For authors who are interested in being interviewed on my program, please send a copy of your book/CD/audio tape publication along with your press kit to the address noted below. All materials are reviewed for content and if accepted, you will be called to schedule a date for an interview. Currently my interviews are booked two to three months in advance. It is always advisable to follow up with a phone call to be sure that your materials are received by my office.

You are always welcome to share this newsletter and if you have someone who would like to be added to the subscriber list, just send his/her name and email address to donna@delphiinternational.com or donnaseebo@comcast.net. Past newsletters are archived on my website, and you are welcome to review them at any time. If you desire to be deleted from the mailing just type unsubscribe in subject line.

For scheduling of private appointments (by telephone or in-person), information on gift certificates, speaking engagements, private parties, classes, etc., please contact my office at the telephone number listed at the bottom of this newsletter.

Do you know of children between the ages of 3 to 12 who love to read? Then you'll want to order "*God's Kiss*" my award winning illustrated book and audio tape. Go to my website, fill out the information and I will be delighted to personalize the book for that special child. We are celebrating our 22nd anniversary of 'Classics' publications and now have a new website showing 'God's Kiss' and other products. Both e-books and audio e-books are now available as well.

My new children's publication, "*The Magic Hat*" is also available in e-book and e-audio book format. It is also available in book form and I am happy to personalize it for you. You can go to my website to order directly or Amazon, Create Space, and Kindle. This book is beautifully illustrated by Carol Ann Johnson and you can listen to a 'free' preview of the audio book and view some of the art as well on Mrs. Seebo's Classics website.

Go to www.mrsseebosclassics.com to find out more about these wonderful publications. Be sure to like us on Facebook, LinkedIn, and Twitter.

Have a magnificent day and remember....

"You are the Master of your Fate, the Captain of your Soul".

*Donna Seebo - International Mental Practitioner/Psychic, Counselor, Award Winning Author, Speaker, Teacher,
Radio/Television Personality, Minister and
Host of the International 'Donna Seebo Show' and 'Warriors for Peace'*

*P.O. Box 97272, Lakewood, WA 98497-0272 ---- (253) 582-5604
donna@delphiinternational.com or donnaseebo@comcast.net
www.delphiinternational.com www.mrsseebosclassics.com*