We thank you for this day and for all your blessings. Help us to remain always grateful for all you do for us and in us. Watch over in a special way today anyone who is hungry, lonely, depressed, addicted, unemployed, or just in need of the human touch, and inspire us to realize that we are your partners in the work you wish to do in the world. Help us to remain ever mindful of the great love you have for each and every one of us, and give us the courage to respond with the bold enthusiasm of a little child. We ask all this in Jesus’ name. Amen.

Matthew Kelly
QUICK SESSION OVERVIEW

STEP 1 WELCOME
STEP 2 OPENING PRAYER
STEP 3 ENGAGE – WATCH & DISCUSS
STEP 4 JOURNAL
STEP 5 ANNOUNCEMENTS
STEP 6 CLOSING PRAYER

SESSION TWELVE: HOLINESS IS POSSIBLE

Objectives:

• To help candidates recognize that there is a connection between happiness and holiness.

• To demonstrate that holiness is possible.

• To teach candidates how to say yes to God and that their yes can make a huge difference.
Smile. Make your class feel welcome. We are coming to the end of the program. Keep your energy up. They are constantly watching you, trying to get a read on what you are thinking and feeling. Even when you think they are not paying attention, they are observing you in a hundred ways and absorbing everything.

Let them know you are sad that it is coming to an end, but grateful that you got to share this time with them.

Tell them you are excited about how this program will impact them for the rest of their lives.

**LEADER GUIDE KEY**

**TIME-ICON:** This icon serves as a guide to help you plan approximately how long each activity will take.

This code serves as a reference to point you to the page in the Workbook where you can find the related activity/content.

*Example:* [WB5] *points you to page 5 in the Workbook*

The flag icon is the halfway mark and suggests a good breaking point if your program runs twenty-four classes (or approximately 60 minutes) instead of twelve 120 minute classes.
Take a moment to get them quiet.

Now, speak to the candidates about why quiet time is important in our lives. Encourage them to continue the habit of taking a few quiet minutes in prayer each day for the rest of their lives. Remind them that there are going to be tough times in their lives, there are going to be times when they are confused, and at those times in particular you would encourage them to turn to God in prayer and ask him to guide them.

Begin with the Sign of the Cross, invite them to close their eyes, and read the opening prayer slowly and deliberately. Then give them thirty seconds in silence to reflect on the prayer and what God is saying to them through it.

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Matthew Kelly
SESSION 12 INTRODUCTION

WATCH VIDEO

PERSEVERANCE

TIP:
Whatever it is we feel called to accomplish in this life requires perseverance. Tell them they are about to hear one of the greatest stories of perseverance. Tell them about a time when you were tempted to quit, but you felt God encouraging you to persevere. Explain why you are glad you did.

DISCUSSION QUESTION

1) What is the one idea in this short film that you found most helpful?