



POOL SCHEDULE

Lap Pool

Monday – Friday:

*Pools close at 7:30 p.m.

4:30 a.m. – 4:30 p.m. – Lap Swim
(5 lanes available)

4:30 p.m. – 7:30 p.m. – Limited Lap
Swim (2 lanes available)

Saturday:

*Pools close at 2:00 p.m.

8:00 a.m. – 9:00 a.m. – Lap Swim
(all lanes available)

9:00 a.m. – 11:00 a.m. – Limited Lap
Swim (2 lanes available)

11:00 a.m. – 2:00 p.m. – Lap Swim
(all lanes)

Sunday – Pool is Closed

WATER AEROBICS – LAP POOL

Monday

6:00 – 6:45 a.m. | Power Waves | Liz
9:30 – 10:30 a.m. | Power Waves | Denise

Wednesday

6:00 – 6:45 a.m. | Power Waves | Liz
9:30 – 10:30 a.m. | Power Waves | Denise

Friday

6:00 – 6:45 a.m. | Power Waves | Liz
9:30 – 10:30 a.m. | Power Waves | Denise

Family Pool/Walking Circle

Lap Swim/Family Swim

Monday–Friday:

*Pool closes at 7:30 p.m.

Monday & Wednesday

6:00 a.m. – 4:30 p.m.
6:30 p.m. – 7:30 p.m.

Tuesday & Thursday:

6:00 a.m. – 3:30 p.m.
6:30 p.m. – 7:30 p.m.

Friday:

6:00 a.m. – 7:30 p.m.

Saturday:

*Pools close at 2:00 p.m.

8:00 a.m. – 9:00 a.m.
11:00 a.m. – 2:00 p.m.

Sunday – Pool is Closed

WATER AEROBICS – FAMILY POOL

Monday

10:00 – 11:00 a.m. | Arthritis | Betty
11:00 – 12:00 p.m. | Arthritis | Betty

Wednesday

10:00 – 11:00 a.m. | Arthritis | Betty
11:00 – 12:00 p.m. | Arthritis | Betty

Friday

10:00 – 11:00 a.m. | Arthritis | Betty
11:00 – 12:00 p.m. | Arthritis | Betty

- Family/open swim is available
- Walking circle exercise is limited to 30 minutes if there is a wait.

Lap Pool – swimmers can share a lane. Maximum per lane is 2 swimmers.

Maximum capacity for Lap Pool is 25

Maximum capacity for Family Pool is 20

Maximum capacity for Walking Circle is 2 unless it is family from the same household.