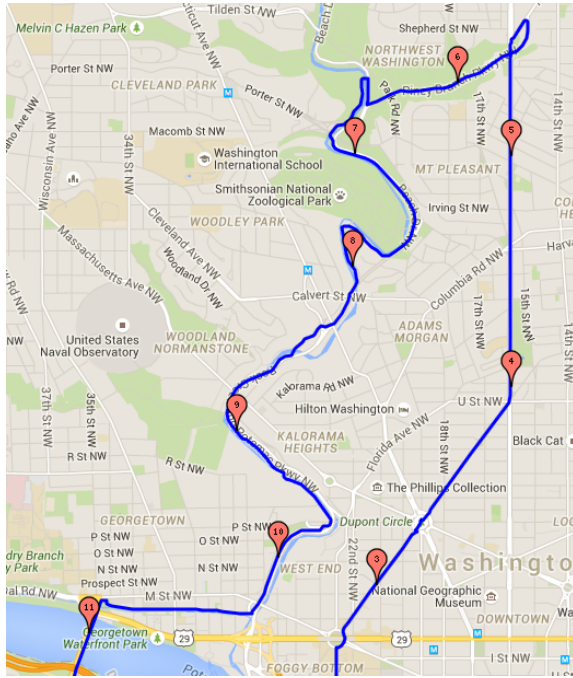
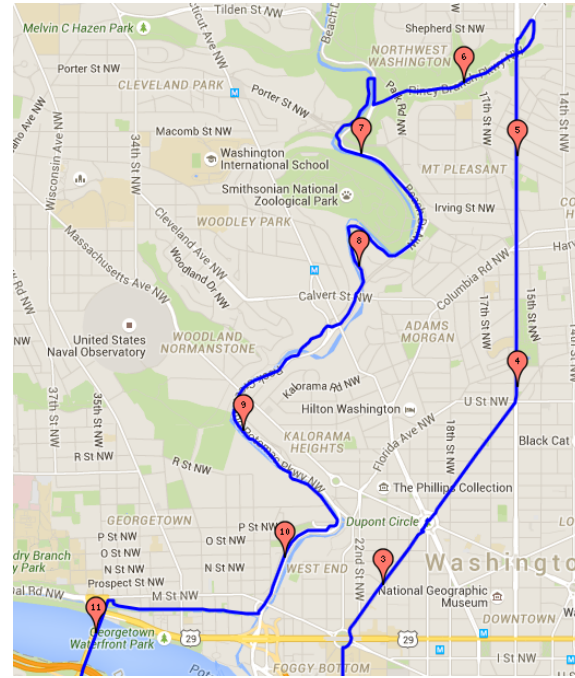


Piney Branch



- 0.0 From Iwo Jima, head across Memorial Bridge.
- 1.5 At Lincoln Memorial, go left up 23rd St. NW through George Washington University.
- 2.5 At Washington Circle, BEAR RIGHT on New Hampshire Ave.
- 3.3 Pass through Dupont Circle and stay on New Hampshire.
- 4.0 BEAR LEFT on 16th St. You will soon pass by Meridian Hill Park. Feel free to run through here and see North America's longest cascading waterfall, but then get back on 16th St. again.
- 5.5 Just after crossing over bridge over Piney Branch, turn RIGHT on Arkansas Ave. Then a QUICK RIGHT on road to loop under the bridge.
- 6.5 When this road ends at Rock Creek, turn RIGHT (on a road) then a QUICK LEFT (on a bike path). Turn LEFT on Rock Creek Trail.
- 10.0 RIGHT on C&O Canal Towpath to return across Key Bridge.
- 12.0 Arrive back at Iwo Jima.

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