

MCM Mock Route – 16 miles

- 0.0 Head through Rosslyn and cross the Key Bridge
- 1.0 Turn right on M Street to head through Georgetown
- 1.5 Turn right onto Wisconsin Ave (run down hill)
- 1.75 Turn left on K St NW at the bottom of the hill, then stay right onto Rock Creek Park Trail at the underpass
- 2.5 Cross the street on your left and follow trail through volleyball courts, then keep going on Ohio Dr past the Lincoln Memorial and under Memorial Bridge
- 3.9 At the Jefferson Memorial, keep going straight on Ohio Dr onto Hains point, around the tip, and back up the other side
- 7.5 Pass under 14th Street and turn right toward Maine Ave, and then left on Maine Ave around the Tidal Basin.
- 8.0 Take the Kutz Bridge, run down to the end of Independence Ave and U-turn at 23rd Street to come back up Independence Ave. Cut in at 17th Street and run on path past Washington Monument.
- 9.75 Turn left onto 15th Street, then turn right onto Madison Dr., passing several Museums and Art Galleries.
- 10.75 Turn left onto 3rd Street, and use Pennsylvania Ave, 1st St, and Maryland Ave to loop around the Capitol reflecting pool
- 11.25 Return to the Mall on Jefferson Dr, and continue to 15th street.
- 12.25 Turn left onto 15th street, take this down until you hit Maine Ave and go left.
- 12.60 Now on Maine Ave, take a right onto Ohio Dr, stay on sidewalk path passing Jefferson Memorial.
- 13.0 Left on the path to 14th street bridge. Take this across the river, and turn left at the trail intersection to head north on the Mt Vernon Trail
- 14.6 Go left on path toward Memorial Bridge, and head back towards Iwo Jima past Arlington Cemetery
- 16.0 Finish where you started (sorry no finisher medal)

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