

Marymount College – Chain Bridge Loop

- 0.0 Begin at Iwo Jima, go to Custis Trail
- 0.6 West on Custis Trail / Lee Hwy sidewalk
- 2.1 Just after crossing bridge over Sprout Run Pkwy, turnoff sharply to the left
Go under bridge and immediately turn left on bike trail to Lorcum Lane
Run down Lorcum Lane
- 2.9 Right on Nellie Custis Dr. Big long hill. Nellie Custis becomes Military Rd.
- 3.8 400 meters after Marcey (street with traffic light), at bottom of hill by a fire hydrant, turn left into Zach Taylor Park.
(Trail through park is both paved and unpaved in sections.)
After 50 yards, bear right across footbridge.
- 4.3 Trail opens up on two roads (Vermont and Vernon); cross roads between white dashed lines and stay on paved trail.
- 4.8 Run up hill to 26th St. (Marymount College)
Turn left on 26th,
right on Old Dominion,
and veer right on Glebe Rd.
- 6.5 On the second street after traffic light at Chesterbrook, take right on N. Old Glebe Rd., staying right of white church. Follow N. Old Glebe Rd. as it veers immediately to the left
- 7.0 After crossing over Glebe Rd just past Military Rd., follow green Bike Route signs by turning RIGHT following Old Glebe then quick LEFT on N. Randolph.
- 7.1 After 200 yards, follow green Bike Route sign and go down steep grade to Chain Bridge and cross on left side
- 7.5 At end of bridge, follow walkway on left down to C&O Canal Towpath
Return towards Georgetown
- 12.5 Go to end of C&O Canal (you'll have to switch sides in Georgetown).
Turn right on Rock Creek Trail, and go by Watergate and Kennedy Center. Cross Memorial Bridge
- 14.0 Finish at Iwo Jima. (Please note: To make into a 12 mile run, return to Iwo Jima via the Key Bridge from Georgetown rather than running to the Memorial Bridge.)

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