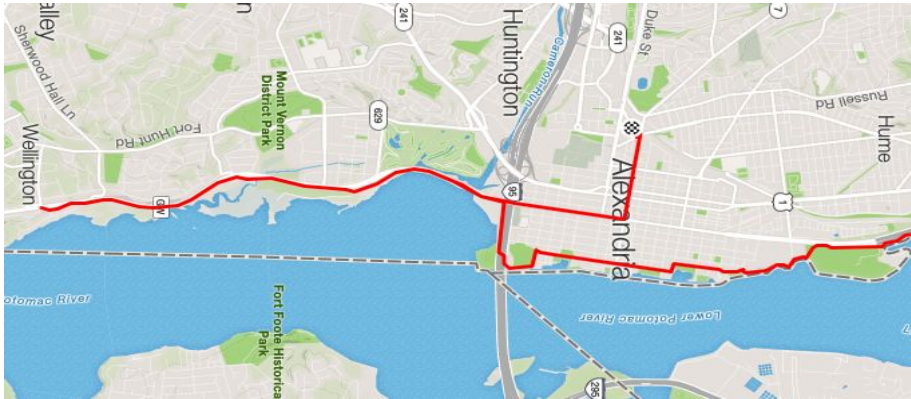
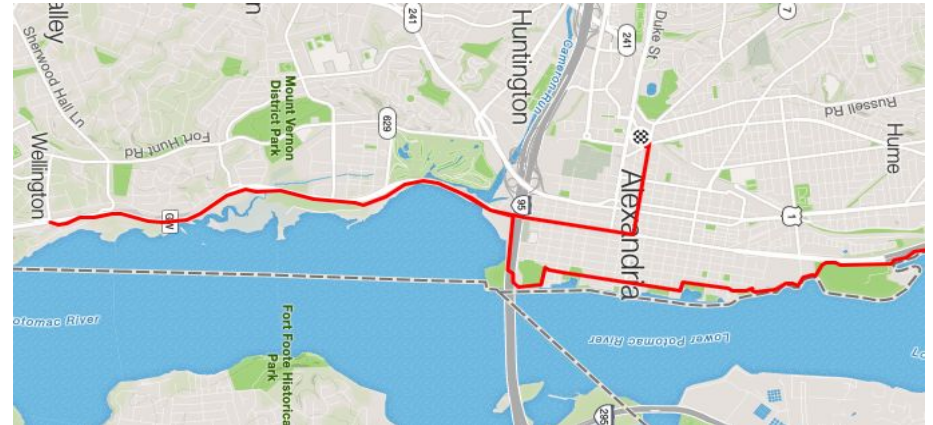


King Street Metro – 18 miles



- 0.0 From Iwo, start heading toward Memorial Bridge, and stay on the right side of the traffic circle, heading to the right onto the Mt. Vernon Trail towards the 14th St. Bridge. Continue straight on Mt. Vernon.
- 5.0 Pass the airport and follow signs to continue on the Mt. Vernon Trail towards Old Town (do not take the Four Mile Run Trail turnoff).
- 7.3 After the trail ends at Oronoco Bay Park, continue onto Union St.
- 8.3 Stay on Union St. to the end, and then follow signs for the Mt. Vernon Trail to the left. Take the trail through Jones Point Park, under the Woodrow Wilson Bridge, and up the ramp on the left side
- 9.2 After going under the bridge and coming back up to Washington St., turn left on the Mt. Vernon Trail towards Belle View
- 12.4 Follow Northdown Rd, until you come to an overpass above the GW Parkway at Alexandria Ave.
- 12.6 Turn around at the overpass, and start heading back toward Old Town
- 16.0 Go straight on Washington St. past the Wilson Bridge, rather than going back down the trail next to the bridge you came up before
- 16.9 Turn left on King Street
- 17.5 Turn left on Diagonal Rd. toward the King Street Metro station, and ride the Metro back to the Rosslyn station near our meeting point!

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