

GWK (Glover-Wesley-Kemble) Shady

- 0.0 Head through Rosslyn, cross Key bridge, go down to the right to get on the C&O Canal Towpath heading West
- 1.75 Take Stairs down; go through creepy tunnel, curl up to the right, then right again to enter Glover Archbold Park.
- 2.4 Continue on Glover Trails, crossing Reservoir Road NW and then back on Glover trail
- 3.2 At about 3.2 total miles in, watch for a sign on the left directing you to Battery Kemble Park. Take a left onto this side trail. Follow the yellow blazes as the trail crosses a small streambed, up some man-made stairs, and veers right. This will hit 44th Street NW. Cross the street, go a little to the right on this street, then go left to continue on trail
- 3.5 You are now in Wesley Heights Park. Stay on trail following signs to Battery Kemble Park. Careful as some sections are very steep (may need to walk). Later cross Foxhall Rd NW and get back on trail
- 3.8 Cross 49th St. NW, now entering Battery Kemble Park. After you cross a small footbridge, trail comes to a "T", go left here. Eventually you will come out of Battery Kemble Park
- 4.25 Turn right onto MacArthur Blvd NW, then a left onto Chain Bridge Road NW (run toward the "No Outlet" sign)
- 4.5 Now go right onto the trail from an old Railroad trail-bed. In less than ¼ mile you will pass by the Palisades Recreation Center and Baseball field, several water fountains and indoor bathrooms are here
- 5.0 Take trail-bed until it ends at Galena Pl NW, go left on this street, up hill, then right on Potomac Ave NW. Great views up here!
- 5.75 Take Potomac Ave until it hits the water treatment plant, and take the trail cut through on Left to get down to the Capital Crescent Trail. Go left on Capital Crescent back towards DC (or opt for C&O Canal Towpath if you prefer trail)
- 7.5 Pass Fletcher's Boat House, water fountain and restrooms on both sides of trail. (For another 7 mi loop, repeat directions from 1.75)
- 10.5 Finish back at Iwo Jima after returning via Key Bridge

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