Loops of Battery Kemble

0.0 Begin at Iwo Jima, Go through Rosslyn, Cross Key Bridge

1.0 Sharp right after bridge thru Key Park down to river side of C&O Canal
Left on C&O Towpath and QUICK right down steps to Water St.
Right on Water St. to trailhead of Capital Crescent Trail
Continue on Capital Crescent to mile marker #6.5 (see note below about shortening route)

5.0 Just past MM #6.5 U-turn at water fountain
Left onto trail about 100 yds after DC border and about 1/4 mile from U-turn
Follow trail (with chain link fence on left) to Potomac Avenue
Follow Potomac Avenue (Enjoy the nice homes and scenic views of the river)

6.0 Turn left onto Galena Place. Run a little more than 2.5 blocks.
Turn right on unmarked trail just before Sherier Place
(If you miss trail, continue to MacArthur, make a right and follow to left on
Chain Bridge Rd)
Continue on trail across pedestrian bridge over Arizona Ave.
Continue on trail through parking lot at Palisades Rec Center
Turn left onto (paved) Chain Bridge Road (#2402 will be on your left)
Cross MacArthur Blvd

6.75 (Begin Loops of Battery Kemble)
Continue UP Chain Bridge Rd. Enjoy the hill--You will see it again ;-) 
Right onto gravel road toward parking area
Right onto trail at bottom of the hill
Continue on main trail that follows creek (on your left) through B.K. park
Exit woods at MacArthur Blvd.
Right along MacArthur for about 50 yards
Right onto Chain Bridge Road.

8.0 End of first loop. Repeat loop

9.25 End of second loop
Return by retracing your steps to Potomac Ave and Capital Crescent
Right onto Capital Crescent

11.0 U-Turn at Water Fountain at Capital Crescent MM #6.5
Follow Capital Crescent to Georgetown
Cross Key Bridge, Through Rosslyn to Iwo Jima

15.6 End of second loop. Repeat loop

18.0 End of second loop
Return by retracing your steps to Potomac Ave and Capital Crescent
Right onto Capital Crescent

23.75 End of second loop
Return by retracing your steps to Potomac Ave and Capital Crescent
Right onto Capital Crescent

27.0 Finish