

# Life Without Lack

(Psalm 23)

desert breeze  
community church



Saturday & Sunday, May 11/12, 2019 Ray Davis

## Abounding Grace for my...

### “FEARFULNESS” (Psalm 23:4a)

“Our emotions tell us our values and evaluations. Our emotions tell us what we really believe. Therefore, not even fear, worry, and anxiety can be attributed to something that happens to us. The Bible leaves us no room for debate. The source of fear, worry, and anxiety is unbelief. When we fail to believe that God is for us, will take care of us, has our future in His hands, and is with us right now, we cave in to fear, worry, or anxiety.” –Brian S. Borgman (Feelings and Faith)

### What is the Valley of the Shadow of Death?

- It is different for different people because of the many variables in our individual lives.
- It is the difficult times in our lives, the darkest nights, the deepest and loneliest places.
- It is whatever creates hopelessness in you that can be called a valley of the shadow of death. Pro13:12; 2Cor6:10
- It is inevitable, unpredictable, and uncontrollable. John 16:33; James 1:2-3; 1Pet4:12

### How Do We Get Through It Overcoming Fearfulness?

- It is only through the dark valleys that we can reach the mountain-top experiences. vv3b, 4; Rom5:1-5

- Even in the most difficult times God is everything the Bible says He is. v4 “Even though” Job13:15; Dan3:16-18; Pro3:5-6; Heb11:1, 6; Ps9:9-10; Matt17:20
- It won’t always be this way; you will get through this dark valley and enjoy life again. V4 “walk through” V3b “for His name sake” Isa43:1-3
- Intimacy with God is the greatest remedy to fearfulness. V4b I will fear no evil, for you are with me; Ps46:1, 10; 91:1

### Growing Notes

- 1) Read the quote at the beginning of the sermon notes. What are your thoughts and feelings? Have you ever looked at fear, worry or anxiety as sin of unbelief?
- 2) Read Psalm 23 and focus on v4a Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me. What stands out to you from this verse? How does this verse relate to the preceding and succeeding verses? How does this verse give us Abounding Grace for our Fearfulness?
- 3) What is the valley of the shadow of death? Why will it be different for different people? What does it mean that it is inevitable, unpredictable and uncontrollable? Knowing this what difference should it make in your response?
- 4) How important is a Biblical world view in dealing with dark valleys? Why do you think that the dark valleys are the only way to the mountain-top experiences? Why is it important to keep in mind that even in the most difficult times God is everything the Bible says He is and that we will get through these dark valleys? What is the remedy for fearfulness? What is intimacy with God? Pray.