



“Healthy Believers” 1Timothy 3:14-16

There is a major problem when people talk about meeting God or knowing God and yet remaining unchanged over time by God. If the God who is perfect in love, infinite in wisdom and unlimited in power comes to dwell within you, believe me, it will transform your life. You cannot live in vital union and communion with the Creator of the Universe and remain the same.

Healthy Christians Live Godly lives that consist of...

v16a Great indeed, we confess, the mystery of godliness...

“Godliness” (used 9x’s in 1 Timothy) is to have a God-consciousness, or God-centeredness that permeates everything you do.

Confession (Head)

- Incarnation (Crib) – He knows (Heb4:15-16)
V16b “He was manifested in the flesh...”
- Resurrection (Cross) – He cares (Rom8:31-32)
V16c “...vindicated by the Spirit, seen by angels, proclaimed among the nations, believed on in the world,”
- Ascension (Crown) – He rules (Heb1:3, 12:2)
V16d “...taken up in glory.”

Conviction (Heart)

Three descriptions of the church: v15

- We are members of God’s family. (1John3:1)
V15a “the household of God”
- We are the dwelling place of God’s presence. (1Cor3:16, 6:19)
V15b “which is the church of the living God”
- We are the protectors (hold it firm) and proclaimers (hold it high) of God’s Word. (Heb4:12 John 8:31-32; Matt7:14-27; Jn17:17)
V15c “Pillar and buttress of the truth”

Commitment (Hands)

V15 If I delay, you may know how one ought to behave in the household of God...

- Genuine Christian (committed to Christ and a Church family)
(John 1:12)
- Growing Christian (committed to the spiritual disciplines)
(2Pet3:18)
- Giving Christian (committed to serving my church family)
(Eph2:8-10; 1Pet4:10)
- Going Christian (committed to sharing the Gospel with the world) (Matt28:18-20)

All for God’s Glory! (1Cor10:31)

Growing Notes

- 1) Why do you think it is a major problem when people talk about meeting God or knowing God and yet remaining unchanged over time by God? You cannot live in vital union and communion with the Creator of the Universe and remain the same. Explain.
- 2) Read 1 Timothy 3:14-16. What stands out to you from this text? Healthy Christians live godly lives that consist of what three things? What is the mystery of godliness (v16a)? What do we confess about Christ in the song of praise (v16)? How is it a great summarization of the Gospel?
- 3) Truth about the Gospel (person and work of Christ) that enters the head (confession) must also ignite the heart (conviction). Explain. What are the three descriptions of the church (v15)? Why is there is no greater honor on earth than to be part of God’s Church? When was the last time you were awestruck by the fact that you are part of God’s family? How would that change you?
- 4) Truth that enters the head (confession), must ignite the heart (conviction) and outwork through the hands (commitment). Explain. How is this the mystery of godliness that brings life change? What is the five G’s of a life fully committed to Christ? Where are you on the list? What is your next step? Pray that db will be a people alive with the transforming presence of God.