



September Lunch Menu 2018

Sacred Heart Catholic School



Sun	Mon	Tue	Wed	Thu	Fri	Sat
MILK AND WATER SERVED DAILY						1
2	3 STUDENT HOLIDAY!	4 Soft Taco Taco Salad (L-T-C) Refried Beans Fruit	5 Chicken Alfredo Broccoli Carrots Fruit	6 Turkey Wrap Chips Baby Carrots & dip Fruit	7 Baked Potato Broccoli-Cheese Soup Crackers Fruit	8
9	10 Cheeseburger Burger Salad (L-T-P) Tater Tots Fruit	11 Beefy Nachos Pinto Beans Garden Salad Fruit	12 Buffalo Wings Oven Fries Baby Carrots & dip Fruit	13 Hamburger Steak Mashed Potatoes Vegetable Medley Fruit	14 Cheese Pizza Green Beans Corn Fruit	15
16	17 Beefy Pasta Garden Salad Green Beans Garlic Bread Fruit	18 Ham & Cheese Lunchable Crackers Fresh veggies & dip Fruit	19 Chicken Parmesan Broccoli Carrots Buttered Noodles Fruit	20 Steak Fingers Mashed Potatoes Peas Fruit	21 Bean/ Cheese Burrito Spanish Rice Garden Salad Fruit	22
23	24 Toasted Ham and Cheese Sandwich Tomato Soup Green Beans Fruit	25 Chicken Spaghetti Garden Salad Mixed Vegetables Fruit	26 Crispitos Spanish Rice Fresh veggies & dip Fruit	27 Pulled Pork Sandwich Chips Pinto Beans Pickle Spear Fruit	28 Fish Sticks Mac & Cheese Peas & Carrots Fruit	29
30						