



# October Lunch Menu 2018

## Sacred Heart Catholic School



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>MILK AND WATER SERVED DAILY</b>	1 Toasted Ham & Cheese Sub Pickle Spear Tater Tots Baby Carrots    Fruit	2 Chicken Fajita Refried Beans Taco Salad Fruit	3 Lazy Lasagna Garden Salad Breadstick Fruit	4 Pulled Pork Sandwich Pinto Beans Potato Salad Fruit	5 Pancake Scrambled Eggs Hashbrown OJ/ Fruit	6
7	8 <b>STUDENT HOLIDAY!</b>	9 Chicken Strips with gravy Mashed Potatoes Peas Fruit	10 Scalloped Potatoes & Ham Carrots Roll Fruit	11 Hamburger/ CBurger Burger Salad Oven Fries Fruit	12 Tuna Salad Sandwich Chips Carrots/Celery & dip Fruit	13
14	15 Crispy Taco Taco Salad Spanish Rice Refried Beans Fruit	16 Pepperoni Pizza Garden Salad Corn Fruit	17 Chicken Parmesan Buttered Noodles Broccoli Fruit	18 Hamburger Steak Squash Casserole Green Beans Fruit	19 Fish Sticks Coleslaw Baked Beans Fruit	20
21	22 Chicken/ Chili Crispito Pinto Beans Garden Salad Fruit	23 Cheese Pizza Cucumber/Tomato Salad Corn Fruit	24 (K-6) BBQ Pulled Pork Loaded Baked Potato (Pre-K) Pulled Pork Tater Tot Casserole Garden Salad    Fruit	25 Hamburger/CBurger Burger Salad Sweet Potato Fries Fruit	26 Macaroni & Cheese Broccoli Carrots Breadstick Fruit	27
28	29 Chicken Fried Steak with gravy Mashed Potatoes Vegetable Medley Fruit	30 Turkey & Cheese Sandwich Chips Carrots/Celery & dip Fruit	31 Spaghetti Garden Salad Breadstick Fruit Monster Eye Cookie			