

“People say motivation does not last. Well, neither does bathing—and that’s why we recommend it daily.”
—Zig Ziglar



-.001.tiff

“Good character is more to be praised than outstanding talent. Most talents are, to some extent, a gift. Good character, by contrast, is not given to us. We have to build it piece by piece—by thought, choice, courage and determination.”

—John Luther

“Ability will enable a man to get to the top, but it takes character to keep him there.”

—John Wooden

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Character:

- > one of the attributes or features that make up and distinguish an individual
- > the complex of mental and ethical traits marking and often individualizing a person, group, or nation
- > moral excellence and firmness—“A man of sound character.”

—Merriam-Webster

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“You have to *do* what you want to *be*.”

—General James & Dave Anderson

-.004.tiff

• Responsibility

• Responsibility

• Respect

-.005.tiff

-.006.tiff

- Responsibility
- Respect
- Restraint

-007.tiff

“An unrestrained life
is full of regrets.”
—Socrates

-008.tiff



-009.tiff

“Iron sharpens iron, and
one man sharpens another.”
—Proverbs 27:17

-010.tiff

-011.tiff

- Responsibility
- Respect
- Restraint
- Resilience

-012.tiff

Enter by the narrow gate. For the gate is wide and the way is easy that leads to destruction, and those who enter by it are many. For the gate is narrow and the way is hard that leads to life, and those who find it are few.

—Matthew 7:13-14

-013.tiff

Christ came to teach us, not only what we are to know and believe, but what we are to *do*... Concerning the broad way, the gate is wide, and stands open. You may go in at this gate with all your lusts about you; it gives no check to appetites or passions. It is a broad way; there are many paths in it; there is choice of sinful ways. There is a large company in this way.

-014.tiff

But, the way to eternal life is narrow... Self must be denied, the body kept under, and corruptions mortified. Daily temptations must be resisted; duties must be done. We must watch in all things, and walk with care; and we must go through much tribulation.

—Matthew Henry Commentary

-015.tiff

Resilience is...

- Needed in the Face of Fatigue

-016.tiff

“The problem with life is that it is so daily.”

-017.tiff



-018.tiff

Resilience is...

- Needed in the Face of Fatigue
- Needed in the Place of Failure

-019.tiff

“The things that hurt,
instruct.”

—Benjamin Franklin

-020.tiff



-021.tiff

“Satan’s strategy is to get
believers to become preoccupied
with their failures; from then on,
the battle is won.”

—C.S. Lewis, *The Screwtape Letters*

-022.tiff

“We cannot change the past, but we
can be changed by the past. Many
people are controlled by past sins,
past regrets and past failures. The
past should be a rudder to guide us
and not an anchor to drag us back.”

—Warren Wiersbe

-023.tiff

Resilience is...

- Needed in the Face of Fatigue
- Needed in the Place of Failure
- Needed to Stay on Pace Through Faithfulness

-024.tiff



-.025.tiff

“Resilience is determination and discipline to honor your duty and fulfill your responsibilities in life.”

-.026.tiff

Resilience is...

- Needed in the Face of Fatigue
- Needed in the Place of Failure
- Needed to Stay on Pace Through Faithfulness
- A By-Product of Faith

-.027.tiff

¹Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, ²looking to Jesus, the founder and perfecter of our faith,

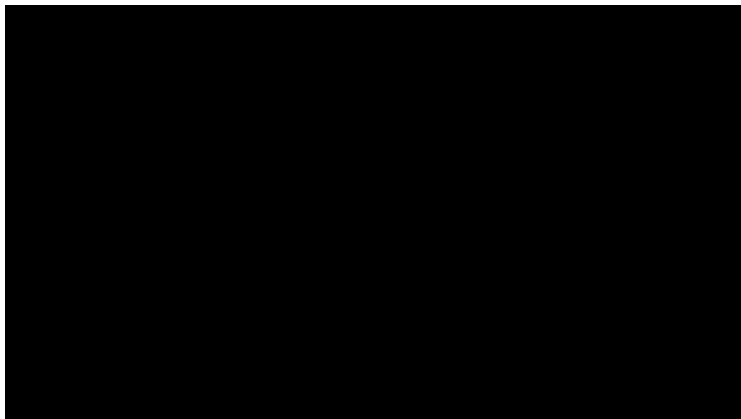
-.028.tiff

who for the joy that was set before Him endured the cross, despising the shame, and is seated at the right hand of the throne of God. ³Consider Him who endured from sinners such hostility against Himself, so that you may not grow weary or fainthearted. —Hebrews 12:1-3

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¹⁶But I say, walk by the Spirit, and you will not gratify the desires of the flesh. ¹⁷For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. —Galatians 5:16-17

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