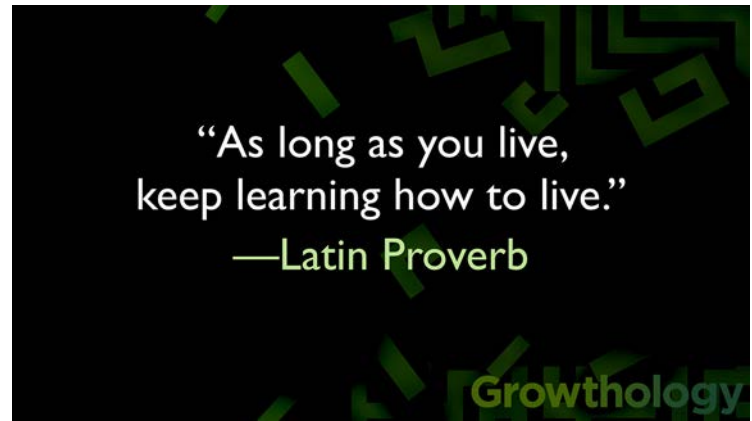
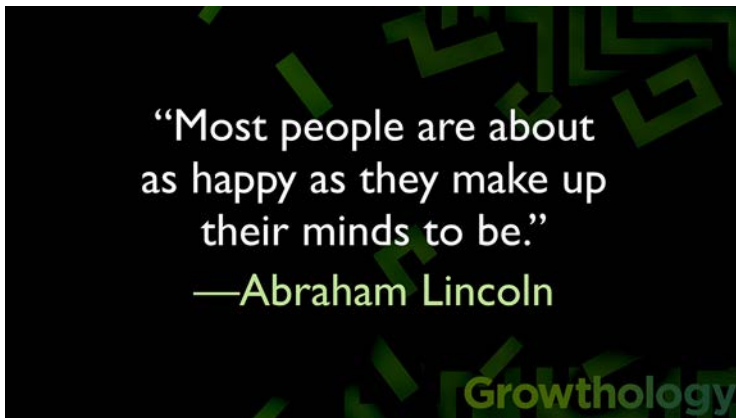


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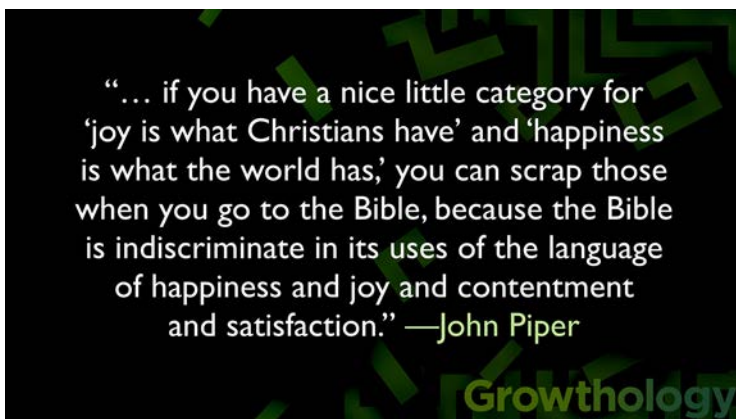
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-.004.tiff



-.005.tiff



-.006.tiff

“Every man, whatsoever his condition,
desires to be happy.” —Augustine

“All men seek happiness. This is without
exception... this is the motive of every
action of every man, even those who
hang themselves.” —Blaise Pascal

Growthology

-007.tiff

“It is as natural for the reasonable creature
to desire to be happy as it is for the fire
to burn.” —Puritan Thomas Manton

“All men hunger and thirst after
happiness.” —J.C. Ryle

Growthology

-008.tiff

All the days of the afflicted are evil,
but the cheerful of heart has a continual
feast. —Proverbs 15:15 ESV

A joyful heart is good medicine,
but a crushed spirit dries up the bones.
—Proverbs 17:22 ESV

Growthology

-009.tiff

“Being holy is something we do in God’s
presence and being happy is something we
have to do behind God’s back! NOT!...
It’s not just okay to be happy; it’s right to
be happy.” —Randy Alcorn

Growthology

-010.tiff

True Happiness Does Not
Depend Upon Happenings

“always” —Philippians 4:4

Growthology

-011.tiff

“I’d be happier if...
I’ll be happy when...”

Growthology

-012.tiff

¹⁰I rejoiced in the Lord greatly that now at length you have revived your concern for me. You were indeed concerned for me, but you had no opportunity. ¹¹Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. ¹²I know how to be brought low, and I know how to abound.

In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need.

¹³I can do all things through Him who strengthens me.

—Philippians 4:10-13 ESV

Growthology

-013.tiff

“When we cultivate contentment,
we harvest happiness.”

Growthology

-014.tiff

True Happiness is
Linked to Hope

Growthology

-015.tiff

“The strength of your hope is the
secret to your happiness.”

Growthology

-016.tiff

“God made us: invented us as a man invents an engine. A car is made to run on petrol, and it would not run properly on anything else. Now God designed the human machine to run on Himself. He Himself is the fuel our spirits were designed to burn, or the food our spirits were designed to feed on. There is no other. That is why it is just no good asking God to make us happy in our own way... God cannot give us a happiness and peace apart from Himself, because it is not there. There is no such thing.” —C.S. Lewis

Growthology

-017.tiff

True Happiness is Discovered
Through Helps

Growthology

-018.tiff