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... in everything give thanks; for this is the will of God in Christ Jesus for you.

I Thessalonians 5:18

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I.
Giving Thanks is
Necessary to
Overcome Obstacles
of Disappointment
in My Life

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• Pridefulness

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"Pride goes before destruction, and a haughty spirit before a fall."
Proverbs 16:19

PridefulnessPettiness

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"It is the peculiar quality of a fool to perceive the faults of others and to forget his own."

—Cicero

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- Pridefulness
- Pettiness
- Forgetfulness

"Gratitude produces

more positive

emotional energy

than any other

attitude in life."

—Hans Selye

II.
Giving Thanks
is Essential to
Combat the Terror
of Resentment
in Life

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"Giving thanks will not change the circumstances of my life, but it will change what my circumstances do to me.

III.
Giving Thanks is
the Means of
Enjoying
Contentment
in my Life

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2

"O Lord, that lends me life, lend me a heart replete with thanksgiving."—William Shakespeare

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