

## [Primary Text: Genesis Prep]

### PRAY

**Pause. Acknowledge that you are about to open God’s word.**

- Ask the Holy Spirit to illuminate His word.

### WARM-UP (10 mins)

**Prepare our minds to receive God’s word.**

- LG Foundations (on reverse page): What did you learn from the foundations course for last week (topic: assurance of salvation)?
- When reflecting on the message this past Sunday (Psalm 8), what most resonated with you?

### ILLUMINATE (40 mins)

**This week will be a little different. We have some work to do in preparation for our journey through the book of Genesis.**

Genesis “Teach-back”:

- Using the resources you have available (study Bibles, technology, etc.), form groups of 2-3 people and collectively find 3 things that would be useful to know about the book of Genesis (context, literary features, themes, etc.) – allow 20 mins.
- Use the remaining time to allow each group to share what they have learned, to sharpen one another and prepare us for the book of Genesis.

Notes:

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### PRAY

**Use this time to pray specifically. What did tonight lead you to pray for?**

Over the next year we will be guided through a series of 30 topics that will challenge us to not only know what we believe but will help us to internalize and verbalize our beliefs. Knowing God's word takes training (1 Tim 4:6-9). **Let us train to know God and make Him known.** Welcome to LG Foundations.

## Topic 2: The Quiet Time

{ Why is it important for us to establish a “quiet time?” Can you show me some examples of people who did this in the Bible? }

### GUIDE:

Mark 1:35 –

Genesis 19:27 –

Exodus 34:2-3 –

Psalms 5:3 –

Daniel 6:10 –

1 Corinthians 1:9 –

Now that you have been reminded of what God's word says, try answering the topic question again with the paper flipped over. Try to include at least one Bible reference. Repeat this process as if you are teaching someone else. Practice teaching it to a friend or family member.