

2019 DAT Study Schedule (10 weeks)

***Note:** Before starting this schedule, you should first read Ari's [DAT Study Guide](#).

Introduction

Your study schedule is going to be broken up into 2 parts, each about one month long.

The **first part** will focus on **learning** and practicing the content of the DAT. You will go over all the concepts the DAT will cover and develop your own notes. You will be answering practice questions untimed at this stage to ensure you are learning from your content review, and discovering which areas you need to review more. We will spend approximately 5 weeks reviewing the content.

The **second part** revolves around **full-length practice tests** and reviewing content (4 weeks). You'll switch to timed practice to begin building your test-taking skills and stamina. The full-length practice tests will help evaluate whether you are ready to take the DAT or if you need to reschedule and continue studying.

"How many hours does this schedule take per day?"

It depends on how strong you are in the basic sciences already and how efficiently you study. Everyone is different, some people only take 3-4 hours, other people like me take up to 7-8 hours a day, and I did it while taking two classes over the summer. Anything more than that just adds stress and isn't effective, in my opinion. What's important is you're learning the information and not just checking the boxes. If you're currently working a job you can stretch out the schedule a little, or eliminate things you are already good at.

3 Quick Tips as you Prepare for the DAT

1. **Follow a study schedule** that goes over what you need to do day-by-day and stick to it. Feel free to adjust and change it based on what you think you need to study most.
2. **Take regular breaks.** Try to study for 45 minutes and then take a break for 5-10 minutes. Take one day off a week to relax so you don't burn out.
3. **Reschedule** the test for later if you don't feel ready to take the DAT. It was the best decision I made while studying.

Calendar Format of Study Schedule



You can also view this study schedule in a calendar format to get a general idea of what's coming up:

[Get the calendar format of the study schedule](#)

Essential Materials

- ☐ [DAT Bootcamp - Full Membership](#)

- ☐ [ADA's Official DAT 2019 Candidate Guide](#)

Be sure you read this entire guide to review the rules for the DAT.

- ☐ [ADA's Official DAT Sample Questions](#)

A free full-length practice test from the ADA. Note these problems tend to be easier than what's on the current DAT, but a good free official resource nonetheless.

- ☐ [DAT Bootcamp's Explanations to the DAT Sample Questions](#)

We created an explanation for each practice problem in the official DAT Sample Questions to help you review your mistakes.

- ☐ [DAT Biology Quizlet Flashcards](#)

Based on our Bootcamp Bio Notes, use these flashcards to help your bio review.

Strongly Recommended Materials

- ☐ [DAT Bootcamp's study app \(iOS only, Android coming soon\)](#)

This free study app gives access to the PAT generators for practice on the go.

- ☐ [DAT Biology Chrome Extension](#)

Review high-yield DAT biology facts in your Chrome tabs! Each time you open a new_tab in Chrome, a new DAT biology fact will appear. Perfect for additional studying throughout the day!

Supplemental/Optional Materials

- ☐ [DAT Booster Packs](#)

If you need additional practice after completing a section on DAT Bootcamp.

- ☐ [DAT Destroyer and Math Destroyer](#)

You can save a lot of money by [buying an older version](#). Anything after the 2013 version is perfect and provides more than enough practice.

- ☐ [ADA's DAT Practice Test \(\\$100\)](#)

Week 1, Day 1: The Journey Begins!

- ☐ Join the [DAT Study Group](#) on Facebook
- ☐ Go to the ADA's website and read the entire [2019 DAT Guide](#). It's a good time to register for your test date if you haven't already, seats tend to fill up quickly.
- ☐ [Download the DAT Bootcamp App](#) (iOS only, Android coming soon)
- ☐ Read [Bootcamp Biology Notes Ch. 1 "Molecules and Fundamentals of Biology"](#)

Bootcamp Biology Notes vs. Biology Academy

The Bootcamp Biology **Notes** function best as a study guide for quick **review**. We've cut out the work for you by creating a study guide with all the high-yield DAT information.

The Bootcamp Biology **Academy** is a textbook version of the Biology Notes. It includes more details and illustrations on the same bio concepts to help you **learn** the information. Refer to the Bio Academy for deeper explanations. I recommend using a mix of both to review biology.

- ☐ Watch [Mike's GC Videos 1.1-1.3 in Ch. 1 "Stoichiometry"](#)

Before you begin to watch Mike's General Chemistry videos, [print out all the outlines](#), hole punch them, and place them in a binder. Include a few sheets of loose-leaf paper at the end of each section so you can take notes. **Take diligent notes as you watch the videos, copy the examples, and re-watch them if you need to clarify something.** Answer the question bank after watching all the videos in a chapter to ensure you understand the concepts.

*Mike's GC Videos Ch. 0 "General and Lab Concepts" is an optional review for students who need help with introductory general chemistry concepts. Watch these videos first if you have not taken general chemistry in a while.

- ☐ [Watch PAT Academy Keyhole Videos 1.1 to 1.10](#)

Day 2

- ☐ Reread [Bootcamp Biology Notes Ch. 1 "Molecules and Fundamentals of Biology"](#)
- ☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.
- ☐ Complete the Bio Ch. 1 Question Bank

A note about practice questions: *It's OK to make some mistakes, especially at the beginning. That's why these are 'practice' questions. After you submit an answer, you'll see a full explanation of the question and concepts, with the ability to tag how well you've mastered that question.*

If you got the question correct, skim the text explanation to verify you got it correct for the right reason. If you got the question wrong – or realized you got lucky and guessed the correct answer – thoroughly review the explanation, take notes about anything that was unclear to you, and tag the question to come back and review it later.

Awesome extra DAT biology resources to help you

- ☐ [DAT Biology Chrome Extension](#)

Review high-yield DAT biology facts in your Chrome tabs! Each time you open a new tab in Chrome, a new DAT biology fact will appear. Perfect for additional studying throughout the day!

- ☐ [DAT Biology Quizlet Flashcards](#)

Based on our Bootcamp Bio Notes, use these flashcards to help your bio review!

- ☐ Watch [Mike's GC Videos 1.4-1.6 in Ch. 1 "Stoichiometry"](#)
- ☐ Complete the GC Ch. 1 Question Bank

- ☐ Do [1.11 Keyhole Practice Set #1](#) (check as you go and thoroughly review every explanation)

- ☐ Do [1.12 Keyhole Practice Set #2](#) (check as you go and thoroughly review every explanation)

Day 3

- ☐ Read [Bootcamp Biology Notes Ch. 2 "Cells and Organelles"](#)
- ☐ Watch [Mike's GC Videos Ch. 2 "Atomic and Electronic Structure"](#)
- ☐ Complete the GC Ch. 2 Question Bank
- ☐ Do [1.13 Keyhole Practice Set #3](#) (check as you go and thoroughly review every explanation)
- ☐ Do [1.14 Keyhole Practice Set #4](#) (check as you go and thoroughly review every explanation)
- ☐ Do [1.15 Keyhole Practice Set #5](#) (check as you go and thoroughly review every explanation)
- ☐ Use [DAT Bootcamp's Extra Keyhole Problems](#) to improve your keyhole solving skills until you feel more confident (only do a few problems each day, learn as much as you can from each explanation)

To improve your reading skills, we're going to practice reading scientific passages every day. Pick an interesting science article to read. This is the best way to improve your reading skills for the Reading Comprehension section of the DAT. Visit this link for some recommended articles to read (under Daily Reading Practice):

<https://datbootcamp.com/classroom/reading-comprehension/>

Day 4

- ☐ Reread [Bootcamp Biology Notes Ch. 2 "Cells and Organelles"](#)
- ☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.
- ☐ Complete the Bio Ch. 2 Question Bank

- ☐ Watch [Mike's GC Videos Ch. 3 "Molecular Structure and Geometry"](#)
- ☐ Complete the GC Ch. 3 Question Bank

- ☐ [Watch PAT Academy TFE Videos 2.1 to 2.10](#)

- ☐ Optional: For more TFE help read the [TFE tutorial here](#)

- ☐ Use [DAT Bootcamp TFE Visualizer](#) to help understand TFE section (continue using it a little each day until you understand what the solid and dotted lines mean)

- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 5

- ☐ Read [Bootcamp Biology Notes Ch. 3 "Cellular Energy"](#)

- ☐ Watch [Mike's GC Videos Ch. 4 "Periodic Trends"](#)
- ☐ Complete the GC Ch. 4 Question Bank

- ☐ Do [2.11 TFE Practice Set #1](#) (check as you go and thoroughly review every explanation)

- ☐ Do [2.12 TFE Practice Set #2](#) (check as you go and thoroughly review every explanation)

- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 6

- ☐ Reread [Bootcamp Biology Notes Ch. 3 "Cellular Energy"](#)
- ☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.
- ☐ Complete the Bio Ch. 3 Question Bank

- ☐ Watch [Mike's GC Videos Ch. 5 "Gases"](#)
- ☐ Complete the GC Ch. 5 Question Bank

- ☐ [Watch RC Academy Chapter 1](#)

- ☐ Do [2.13 TFE Practice Set #3](#) (check as you go and thoroughly review every explanation)
- ☐ Do [2.14 TFE Practice Set #4](#) (check as you go and thoroughly review every explanation)
- ☐ Do [2.15 TFE Practice Set #5](#) (check as you go and thoroughly review every explanation)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

... And just like that, week 1 is in the books! Congratulations!! Take a rest day tomorrow, we'll see you back on Day 8.

Day 7

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.



Rest days are best days [@thatdogdobby](#)

**All pooches featured on rest days are real pets from the DAT Bootcamp team <3*

Week 2, Day 8

- ☐ Read [Bootcamp Biology Notes Ch. 4 "Photosynthesis"](#)
- ☐ Watch [Mike's GC Videos Ch. 6 "Liquids and Solids"](#)
- ☐ Complete the GC Ch. 6 Question Bank

- ☐ [Watch PAT Academy Angle Ranking Videos 3.1 to 3.5](#)
 - Complete Angle Ranking Practice Sets 3.6 to 3.10 at your leisure over the week
- ☐ [Start using DAT Bootcamp's Angle Ranking Generator](#)
 - Use as necessary throughout your study schedule until you feel confident in your angle ranking abilities.

To help develop your perceptual ability skills, we're going to play the PAT Trainer Game daily. This is the best free practice you can get to train your perceptual ability. Try to beat my high score of 2.10! As you get better at this game, your ability to judge distances, parallel lines, and angles will greatly improve, ultimately helping you on the PAT section: [PAT Trainer Game](#)

- Note: The DAT will not ask any of these questions; this is just to improve your skills of judging distances, angles, etc.
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- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 9

- ☐ Reread [Bootcamp Biology Notes Ch. 4 "Photosynthesis"](#)
- ☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.
- ☐ Complete the Bio Ch. 4 Question Bank

- ☐ Watch [Mike's GC Videos Ch. 7 "Chemical Solutions"](#)
- ☐ Complete the GC Ch. 7 Question Bank

- ☐ [Watch PAT Academy Hole Punching Videos 4.1 to 4.10](#)
 - Complete Hole Punching Practice Sets 4.11 to 4.15 at your leisure over the week.
- ☐ [Start using DAT Bootcamp's Hole Punching Generator](#)
 - Use as necessary throughout your study schedule until you feel confident in your hole punching abilities.
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 10

- ☐ Read [Bootcamp Biology Notes Ch. 5 "Cell Division"](#)
- ☐ Watch [Mike's GC Videos Ch. 8 "Chemical Kinetics"](#)
- ☐ Complete the GC Ch. 8 Question Bank
- ☐ [Watch PAT Academy Cube Counting Videos 5.1 to 5.10](#)
 - Complete Cube Counting Practice Sets 5.11 to 5.15 at your leisure over the week.
- ☐ [Start using DAT Bootcamp's Cube Counting Generator](#)
 - Use as necessary throughout your study schedule until you feel confident in your cube counting abilities.
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 11

- ☐ Reread [Bootcamp Biology Notes Ch. 5 "Cell Division"](#)
- ☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.
- ☐ Complete the Bio Ch. 5 Question Bank
- ☐ Watch [Mike's GC Videos Ch. 9 "Chemical Equilibria"](#)
- ☐ Complete the GC Ch. 9 Question Bank
- ☐ [Watch RC Academy Chapter 2](#)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 12

- ☐ Read [Bootcamp Biology Notes Ch. 6 "Molecular Genetics"](#)
- ☐ Watch [Mike's GC Videos Ch. 10 "Acid-Base Equilibria and Titrations"](#)
- ☐ Complete the GC Ch. 10 Question Bank
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 13

- ☐ Reread [Bootcamp Biology Notes Ch. 6 "Molecular Genetics"](#)
- ☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.
- ☐ Complete the Bio Ch. 6 Question Bank
- ☐ Watch [Mike's GC Videos 11.1-11.6 in Ch. 11 "Thermodynamics"](#)
- ☐ [Watch RC Academy Chapter 3](#)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 14

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.



☹️ -Khloe

Week 3, Day 15

- ☐ Read [Bootcamp Biology Notes Ch. 7 "Heredity"](#)
- ☐ Watch [Mike's GC Videos 11.7-11.11 in Ch. 11 "Thermodynamics"](#)
- ☐ Complete the GC Ch. 11 Question Bank
- ☐ [Watch PAT Academy Pattern Folding Videos 6.1-6.10](#)
 - Complete Pattern Folding Practice Sets 6.11 to 6.15 at your leisure over the week.
- ☐ [Start using DAT Bootcamp's Pattern Folding Generator](#)
 - Use as necessary throughout your study schedule until you feel confident in your pattern folding abilities.
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 16

- ☐ [Reread Bootcamp Biology Notes Ch. 7 "Heredity"](#)
- ☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.
- ☐ Complete the Bio Ch. 7 Question Bank

- ☐ Watch [Mike's GC Videos Ch. 12 "Electrochemistry and Oxidation-Reduction"](#)
- ☐ Complete the GC Ch. 12 Question Bank

- ☐ Begin the [QR Qbank](#) (20 questions/day)

A note about QR: The math on the DAT is the same math you practiced in high school. It focuses on algebra, word problems, and data analysis. There is no calculus. The best way to prepare for this section is to just jump in and practice using a question bank. Do about 20 questions a day, following the same techniques you've been using to answer practice questions so far. If you need additional help or haven't practiced math in a while, check out our [QR playlist on YouTube](#), it will help cover the foundations. In particular, the last 7 videos (videos 67-73) will be helpful for everyone to review the quantitative comparison section of the DAT.

- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 17

- ☐ Read [Bootcamp Biology Notes Ch. 8 "Microscopy & Lab Techniques"](#)
- ☐ Watch [Mike's GC Videos Ch. 13 "Nuclear Reactions"](#)
- ☐ Complete the GC Ch. 13 Question Bank

- **Congrats, you've finished your GC content review!**

- ☐ Practice with [QR Qbank](#) (20 questions/day)

Day 18

- ☐ Reread [Bootcamp Biology Notes Ch. 8 "Microscopy & Lab Techniques"](#)
- ☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.
- ☐ Complete the Bio Ch. 8 Question Bank

Before you begin to watch Mike's Organic Chemistry videos, [print out all the outlines](#), hole punch them, and place them in a binder. Include a few sheets of loose-leaf paper at the end of each section so you can take notes. **Take diligent notes as you watch the videos, copy the examples, and re-watch them if you need to clarify something.** Answer the question bank after watching all the videos in a chapter to ensure you understand the concepts.

- ☐ Watch [Mike's OC Videos Ch. 1 "Bonding and Molecular Geometry"](#)
- ☐ Practice with the OC Ch. 1 Question Bank

A note about the OC Question Bank: OC is a subject some people need a lot of practice with. We have more than enough OC practice on DAT Bootcamp, and it may be difficult to get through all the questions in a chapter and do your review on the same day. Practice until you feel confident in the chapter, you can leave unanswered questions in the OC Question Bank and come back to them later for extra practice if you need it.

- ☐ Take [DAT Bootcamp General Chemistry Test 1](#)

***Read and follow this post about how to use DAT practice tests:**

<https://datbootcamp.com/blog/how-to-study-effectively-using-dat-practice-tests/>

***Read this post to understand how to improve your estimated DAT score:**

<https://datbootcamp.com/blog/how-to-improve-your-estimated-dat-score/>

- ☐ Practice with [QR Qbank](#) (20 questions/day)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 19

- ☐ Read [Bootcamp Biology Notes Ch. 9 "Diversity of Life"](#)
- ☐ Watch [Mike's OC Videos Ch. 2 "Acids and Bases"](#)
- ☐ Practice with the OC Ch. 2 Question Bank
- ☐ Take [DAT Bootcamp Reading Comprehension Test 1](#)
- ☐ Practice with [QR Qbank](#) (20 questions/day)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 20

- ☐ Reread [Bootcamp Biology Notes Ch. 9 "Diversity of Life"](#)
- ☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.
- ☐ Complete the Bio Ch. 9 Question Bank
- ☐ Take [DAT Bootcamp General Chemistry Test 2](#)
- ☐ Watch [Mike's OC Videos Ch. 3 "Nomenclature"](#)
- ☐ Practice with the OC Ch. 3 Question Bank
- ☐ Practice with [QR Qbank](#) (20 questions/day)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 21

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.



Don't do this till after the DAT [@thatdogdobby](#)

Week 4, Day 22

- ☐ Read [Bootcamp Biology Notes Ch. 10 "Plants"](#)
- ☐ Take [DAT Bootcamp General Chemistry Test 3](#)
- ☐ Watch [Mike's OC Videos Ch. 4 "Stereochemistry"](#)
- ☐ Practice with the OC Ch. 4 Question Bank
- ☐ Practice with [QR Qbank](#) (20 questions/day)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 23

- ☐ Reread [Bootcamp Biology Notes Ch. 10 "Plants"](#)
- ☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.
- ☐ Complete the Bio Ch. 10 Question Bank
- ☐ Take [DAT Bootcamp PAT Test 1](#)
Do not immediately review the solutions. Review the solutions the next study day when you are fresh, this will be a more effective way to prepare, it will be easier for you to see and **understand your mistakes** when you are not tired. Focus on learning the material and **not the estimated score**. Refer back to the test throughout the next week to review problems and solutions, be sure you understand every problem.
- ☐ Watch [Mike's OC Videos Ch. 5 "Spectroscopy"](#)
- ☐ Practice with the OC Ch. 5 Question Bank
- ☐ Practice with [QR Qbank](#) (20 questions/day)
- ☐ Play [PAT Trainer Game](#)

Day 24

- ☐ Read [Bootcamp Biology Notes Ch. 11.1 – 11.3 "Anatomy and Physiology"](#)
- ☐ Watch [Mike's OC Videos Ch. 6 "Intermolecular Forces and Lab Techniques"](#)
- ☐ Practice with the OC Ch. 6 Question Bank
- ☐ Take [DAT Bootcamp General Chemistry Test 4](#)
- ☐ Practice with [QR Qbank](#) (20 questions/day)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 25

- ☐ Reread [Bootcamp Biology Notes Ch. 11.1 – 11.3 "Anatomy and Physiology"](#)
- ☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.
- ☐ Complete the Bio Ch. 11.1-11.3 Question Bank
- ☐ Watch [Mike's OC Videos 7.1-7.5 in Ch. 7 "Reactions of Alkenes and Alkynes"](#)
- ☐ Take [DAT Bootcamp Reading Comprehension Test 2](#)
- ☐ Practice with [QR Qbank](#) (20 questions/day)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 26

- ☐ Read [Bootcamp Biology Notes Ch. 11.4 – 11.6 "Anatomy and Physiology"](#)
- ☐ Take [DAT Bootcamp General Chemistry Test 5](#)
- ☐ Watch [Mike's OC Videos 7.6-7.10 in Ch. 7 "Reactions of Alkenes and Alkynes"](#)
- ☐ Practice with the OC Ch. 7 Question Bank
- ☐ Practice with [QR Qbank](#) (20 questions/day)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 27

- ☐ Reread [Bootcamp Biology Notes Ch. 11.4 – 11.6 "Anatomy and Physiology"](#)
- ☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.
- ☐ Complete the Bio Ch. 11.4-11.6 Question Bank
- ☐ Take [DAT Bootcamp PAT Test 2](#)
Do not immediately review the solutions. Review the solutions the next study day when you are fresh, this will be a more effective way to prepare, it will be easier for you to see and **understand your mistakes** when you are not tired. Focus on learning the material and **not the estimated score**. Refer back to the test throughout the next week to review problems and solutions, be sure you understand every problem.
- ☐ Watch [Mike's OC Videos Ch. 8 "Substitution and Elimination Reactions"](#)
- ☐ Practice with the OC Ch. 8 Question Bank
- ☐ Practice with [QR Qbank](#) (20 questions/day)

Day 28

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.



After the first PAT practice test [@thatdogdobby](#)

Week 5, Day 29

- ☐ [Read Bootcamp Biology Notes Ch. 11.7 – 11.10 "Anatomy and Physiology"](#)
- ☐ Watch [Mike's OC Videos Ch. 9 "Radical Halogenation and Diels Alder"](#)
- ☐ Watch [Mike's OC Videos Ch. 10 "Aromatic Compounds"](#)
- ☐ Practice with the OC Ch. 9 Question Bank
- ☐ Practice with the OC Ch. 10 Question Bank
- ☐ Take [DAT Bootcamp Reading Comprehension Test 3](#)
- ☐ Practice with [QR Qbank](#) (20 questions/day)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 30

- ☐ Reread [Bootcamp Biology Notes Ch. 11.7 – 11.10 "Anatomy and Physiology"](#)
- ☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.
- ☐ Complete the Bio Ch. 11.7-11.10 Question Bank
- ☐ Watch [Mike's OC Videos Ch. 11 "Alcohols, Ethers, Epoxides"](#)
- ☐ Practice with the OC Ch. 11 Question Bank
- ☐ Practice with [QR Qbank](#) (20 questions/day)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 31

☐ Read [Bootcamp Biology Notes Ch. 12 "Reproduction and Developmental Biology"](#)

☐ Take [DAT Bootcamp PAT Test 3](#)

Do not immediately review the solutions. Review the solutions the next study day when you are fresh, this will be a more effective way to prepare, it will be easier for you to see and **understand your mistakes** when you are not tired. Focus on learning the material and **not the estimated score**. Refer back to the test throughout the next week to review problems and solutions, be sure you understand every problem.

☐ Watch [Mike's OC Videos Ch. 12 "Aldehydes and Ketones \(Carbonyls\)"](#)

☐ Practice with the OC Ch. 12 Question Bank

☐ Practice with [QR Qbank](#) (20 questions/day)

☐ Play [PAT Trainer Game](#)

☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 32

☐ Reread [Bootcamp Biology Notes Ch. 12 "Reproduction and Developmental Bio"](#)

☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.

☐ Complete the Bio Ch. 12 Question Bank

☐ Watch [Mike's OC Videos Ch. 13 "Carboxylic Acids and Acid Derivatives"](#)

☐ Practice with the OC Ch. 13 Question Bank

☐ Practice with [QR Qbank](#) (20 questions/day)

☐ Play [PAT Trainer Game](#)

☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 33

- ☐ Read [Bootcamp Biology Notes Ch. 13 "Evolution"](#)
- ☐ Watch [Mike's OC Videos Ch. 14 "Alpha Substitution Reactions"](#)
- ☐ Practice with the OC Ch. 14 Question Bank

- **Congrats, you've finished your OC content review!**

- ☐ Take [DAT Bootcamp Reading Comprehension Test 4](#)
- ☐ Practice with [QR Qbank](#) (20 questions/day)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 34

- ☐ Reread [Bootcamp Biology Notes Ch. 13 "Evolution"](#)
- ☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.
- ☐ Complete the Bio Ch. 13 Question Bank
- ☐ Take [DAT Bootcamp Organic Chemistry Test 1](#)

- ☐ Take [DAT Bootcamp PAT Test 4](#)

Do not immediately review the solutions. Review the solutions the next study day when you are fresh, this will be a more effective way to prepare, it will be easier for you to see and **understand your mistakes** when you are not tired. Focus on learning the material and **not the estimated score**. Refer back to the test throughout the next week to review problems and solutions, be sure you understand every problem.

- ☐ Practice with [QR Qbank](#) (20 questions/day)
- ☐ Play [PAT Trainer Game](#)

Day 35

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.



After finishing bio content review -Thor

Week 6, Day 36

- ☐ Read [Bootcamp Biology Notes Ch. 14 "Ecology" and Ch. 15 "Animal Behavior"](#)
- ☐ Take [DAT Bootcamp Quantitative Reasoning Test 1](#)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 37

- ☐ Reread [Bootcamp Biology Notes Ch. 14 "Ecology" and Ch. 15 "Animal Behavior"](#)
- ☐ Highlight, create notes, review flashcards, do whatever it takes to learn and memorize the information.
- ☐ Complete the Bio Ch. 14 + Ch. 15 Question Bank

• **Congrats, you've finished your biology content review!**

- ☐ Take [DAT Bootcamp Organic Chemistry Test 2](#)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 38

- ☐ Take [DAT Bootcamp Biology Test 1](#)
- ☐ Take [DAT Bootcamp Quantitative Reasoning Test 2](#)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 39

- ☐ Take [DAT Bootcamp Organic Chemistry Test 3](#)
- ☐ Take [DAT Bootcamp Reading Comprehension Test 5](#)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 40

- ☐ Take [DAT Bootcamp Biology Test 2](#)
- ☐ Take [DAT Bootcamp Quantitative Reasoning Test 3](#)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 41

- ☐ Take [DAT Bootcamp Biology Test 3](#)
- ☐ Take [DAT Bootcamp Organic Chemistry Test 4](#)
- ☐ Take [DAT Bootcamp PAT Test 5](#)

Do not immediately review the solutions. Review the solutions the next study day when you are fresh, this will be a more effective way to prepare, it will be easier for you to see and **understand your mistakes** when you are not tired. Focus on learning the material and **not the estimated score**. Refer back to the test throughout the next week to review problems and solutions, be sure you understand every problem.

Day 42

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.



zzz -Ash

Week 7, Day 43

- ☐ Take [DAT Bootcamp Biology Test 4](#)
- ☐ Take [DAT Bootcamp Quantitative Reasoning Test 4](#)
- ☐ Take [DAT Bootcamp Organic Chemistry Test 5](#)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 44

- ☐ Review Day: Review the topics and subjects you need to. Focus on reviewing and strengthening your weaknesses.
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 45

- ☐ Take [DAT Bootcamp Biology Test 5](#)
- ☐ Take [DAT Bootcamp Quantitative Reasoning Test 5](#)
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 46

- ☐ Review Day: Review the topics and subjects you need to. Focus on reviewing and strengthening your weaknesses.
- ☐ Play [PAT Trainer Game](#)
- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 47

- ☐ Visit this link to see exactly what the real DAT will actually look and feel like:
<https://www.prometric.com/ClientFiles/ada/DAT/index.htm>

- ☐ **Take DAT Bootcamp Full Length Test 6 (4:30 hours)**
<https://datbootcamp.com/classroom/full-length/>

***Note:** The full-length practice tests are made up of the individual tests 1-10 in each subject. i.e. Full-Length Test 6 is made up of Biology Test 6, General Chemistry Test 6, Organic Chemistry Test 6, PAT Test 6, etc.

We started with the individual subject tests to get used to the format and questions, and now we're going to start applying everything we learned to a real simulation of the DAT. This will help build your test stamina and time management skills. Remember, use the mark feature to come back to questions you don't know! Answer all the easy questions first so you aren't left guessing on the last few questions before time runs out.

- ☐ Play [PAT Trainer Game](#)

Day 48

□ Review Day: Review your entire Full-Length test. Review the topics and subjects you need to. Focus on reviewing and strengthening your weaknesses. It took us 4:30 hours to complete the test, it should take as long or more to thoroughly review each explanation. Review all the questions you either marked or missed with your notes (most important).

Be sure to follow this blog post when completing DAT practice questions:

<http://datbootcamp.com/blog/how-to-study-effectively-using-dat-practice-tests/>

Day 49

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.



Date night anyone? [@thatdogdobby](#)

Week 8, Day 50

- ☐ **Take DAT Bootcamp Full Length Test 7 (4:30 hours)**

<https://datbootcamp.com/classroom/full-length/>

- ☐ Play [PAT Trainer Game](#)

- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 51

- ☐ Review Day: Review your entire Full-Length test. Review the topics and subjects you need to. Focus on reviewing and strengthening your weaknesses. It took us 4:30 hours to complete the test, it should take as long or more to thoroughly review each explanation. Review all the questions you either marked or missed with your notes (most important).

Be sure to follow this blog post when completing DAT practice questions:

<http://datbootcamp.com/blog/how-to-study-effectively-using-dat-practice-tests/>

- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 52

- ☐ Take **DAT Bootcamp Full Length Test 8 (4:30 hours)**

<https://datbootcamp.com/classroom/full-length/>

- ☐ Play [PAT Trainer Game](#)

- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 53

☐ Review Day: Review your entire Full-Length test. Review the topics and subjects you need to. Focus on reviewing and strengthening your weaknesses. It took us 4:30 hours to complete the test, it should take as long or more to thoroughly review each explanation. Review all the questions you either marked or missed with your notes (most important).

Be sure to follow this blog post when completing DAT practice questions:

<http://datbootcamp.com/blog/how-to-study-effectively-using-dat-practice-tests/>

- ☐ Play [PAT Trainer Game](#)

- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 54

- ☐ Take **DAT Bootcamp Full Length Test 9 (4:30 hours)**

<https://datbootcamp.com/classroom/full-length/>

- ☐ Play [PAT Trainer Game](#)

- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 55

☐ Review Day: Review your entire Full-Length test. Review the topics and subjects you need to. Focus on reviewing and strengthening your weaknesses. It took us 4:30 hours to complete the test, it should take as long or more to thoroughly review each explanation. Review all the questions you either marked or missed with your notes (most important).

Be sure to follow this blog post when completing DAT practice questions:

<http://datbootcamp.com/blog/how-to-study-effectively-using-dat-practice-tests/>

- ☐ Play [PAT Trainer Game](#)

- ☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 56

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.



I'm telling you this DAT is a doozy [@thatdogdobby](#)

Week 9, Day 57

☐ Take DAT Bootcamp Full Length Test 10 (4:30 hours)

<https://datbootcamp.com/classroom/full-length/>

☐ Play [PAT Trainer Game](#)

☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 58

☐ Review Day: Review your entire Full-Length test. Review the topics and subjects you need to. Focus on reviewing and strengthening your weaknesses. It took us 4:30 hours to complete the test, it should take as long or more to thoroughly review each explanation. Review all the questions you either marked or missed with your notes (most important).

Be sure to follow this blog post when completing DAT practice questions:

<http://datbootcamp.com/blog/how-to-study-effectively-using-dat-practice-tests/>

☐ Play [PAT Trainer Game](#)

☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 59

☐ Take the full-length 2007 DAT: [http://www.ada.org/~media/ADA/Education and Careers/Files/dat_test_sampleitems.ashx](http://www.ada.org/~media/ADA/Education_and_Careers/Files/dat_test_sampleitems.ashx)

☐ [Use this conversion chart to convert your raw score into the standard score.](#)

This score is very likely to be close to what you'll score on the real DAT.

☐ (Optional) Take the full-length [ADA DAT Practice Test](#)
Read more about the [new official ADA DAT practice test here](#)

☐ Are you ready to take the DAT or should you postpone? Read this post:
<http://datbootcamp.com/blog/when-am-i-ready-to-take-the-dat/>

☐ Play [PAT Trainer Game](#)

☐ Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 60

☐ Review Day: Review your entire Full-Length test. Review the topics and subjects you need to. Focus on reviewing and strengthening your weaknesses. It took us 4:30 hours to complete the test, it should take as long or more to thoroughly review each explanation. Review all the questions you either marked or missed with your notes (most important).

☐ Review your answers to the 2007 test using DAT Bootcamp's solution guide to the 2007 DAT: <http://datbootcamp.com/blog/2007-dat-practice-test-solutions/>

Be sure to follow this blog post when completing DAT practice questions:

<http://datbootcamp.com/blog/how-to-study-effectively-using-dat-practice-tests/>

Day 61

☐ Read this post to learn [What to Expect on the Day of the Test](#)

REST DAY. Nothing more than a light review. Do something enjoyable and be sure to **go to sleep early**. Pack yourself your break snacks, and double check to make sure you have your IDs and registration papers ready to go.



Is this study schedule over yet? 😊 @thatdogdobby

Day 62

TEST DAY

My last-minute recommendations:

1. **I don't recommend doing last-minute preparation** the day of the test, you're likely to just scare yourself into thinking you know nothing (so not true, we've been through so much together the past 2 months ☺). I remember reviewing my biology notes in the parking lot, but it felt like I was convincing myself I didn't remember anything, so I just stopped and went in to the test center.
2. Eat a **large breakfast full of protein**. Stay away from foods with a lot of sugar, like cereal or pastries.
3. Pack an **easy to eat snack** during your break. I brought a granola bar and banana.
4. **Get up and stretch** during the break to encourage blood flow through your body, which will help keep you awake and thinking clearly.
5. I've been called OCD for this – but I swear it works. Bring a toothbrush and **brush your teeth/floss** after eating your snack during the break. You won't be picking at pieces of your snack stuck between your teeth and will be able to better concentrate on the reading section.

Good luck! You've studied hard and know the material. Go ace the DAT! Let us know how it goes ☺



Flying out of the Prometric Center [@thatdogdobby](#)