

# THE CHRISTIAN SABBATH

## SHOULD THE CHURCH KEEP A DAY HOLY

*"Remember the sabbath day, to keep it holy."*

~ Exodus 20:8

### 1. Esteeming a Day Holy

- a. Holy ~*def.* Sacred; set apart and esteemed in the worship of God.
  - i. (This excludes anniversaries, July 4<sup>th</sup>, hump day, Maple syrup day, etc.)
- b. Only 2 reasons to make a day holy: 1) superstition, or 2) religion
- c. Catholics went from 36 to 10 holy days of obligation + holy (Sunday) mass
- d. Muslim (Fri), Jew (Sat), Christian (Sun), Hindu (n/a), Baptist (Wed), NFL (Mon night)
- e. Why do we meet today? Is Sunday a holy day? Is it the Christian sabbath?

### 2. The Jewish Sabbath

- a. It was a day of rest and remembrance - Exodus 16:23, 20:8-11, Deu 5:12-15
- b. The Sabbath was more than just the seventh day - Lev 23:24, 25:2-8, Num 28:9-10
- c. The Sabbath was for the land as well - Lev 25:2-8
- d. The Sabbath was part of Israel's religion to please God - Isa 1:13-14
- e. It was a sign of Israel's covenant - Isa 56:4-7, Eze 20:10-12
- f. Holy days were a part of Israel's prophetic purpose on the earth - Isa 66:22-23
- g. The Sabbaths are still a shadow for Israel - Rom 11:25, Col 2:17, Heb 4:1-3, 8-9

### 3. The Christian Sabbath

- a. Sabbatarians, Reformers, Blue laws, Lord's day alliance, Hobby Lobby, Chick-fil-a
- b. Sabbath keepers always assume Israel's promises, laws, blessings and curses.
- c. Christian sabbath (Sunday); circumcision (baptism); Passover (Lord's supper)
- d. Jesus rose on the first day (yet dark) - Mat 28:1, Mark 16:2, 9, Luke 24:1, John 20:1
- e. Jesus observed Jewish Sabbath - Mat 5:17-20, Matt 12:1-2, 5-8, Lk 4:16, Jn 5:16-18
- f. God did not rest on the first day; the Lord's Day not a Sunday - Rev 1:10, Isa 2:11
- g. *"This is the day the Lord has made"* - Psa 118:24, Jer 46:10, Luke 1:68-74
- h. There is no Biblical instruction to make Sunday a holy day or day of rest (sabbath)

### 4. Under Grace

- a. Esteeming one day over another is changed by what Christ gave to Paul - Eph 3:2
  - i. You are not under Israel's law covenant, but under grace - Rom 6:14
- b. Galatians - *"no greater [law] burden than these"* - Acts 15:20-29; Gal 2:4-5, 10, 5:1-3
  - i. First, superstition, now they're free, but they want bondage again? - Gal 4:8-11
- c. Colossians - *Are days holy under grace?* Know ye not, ye are holy 1 Cor 3:16, Col 1:22, 3:1
  - i. Due to Christ in you, let no man judge you respecting sabbaths - Col 2:10, 16
  - ii. Sabbath observance does not hold the Head, but the day holy - Col 2:19-20, 3:1
- d. Romans - How to minister to the "weak in the faith" (Jewish sabbath keepers)
  - i. He regards sabbaths (not man's tradition) to the Lord - Rom 14:1-6
  - ii. The Lord Jesus persuades against esteeming a day as holy - Rom 14:14
  - iii. Esteeming the day → Meeting because the day is special.
  - iv. Esteeming Christ in us → Meeting because of Christ in the people.
- e. The church told to keep things; a day holy is not one. Eph 4:3, 1Ti 3:9, 5:22, 2Ti 1:13, 4:7