

MENTAL ILLNESS AND THE MIND OF CHRIST

GOD'S SOLUTION FOR OUR BROKEN MINDS

*"For who hath known the mind of the Lord, that he may instruct him?
But we have the mind of Christ."*

~ 1 Corinthians 2:16

1. Our Unsound Mind (Diagnosis)

- a. Mental illness is increasingly the buzzword problem (~*def.* a disorder of the mind)
- b. Psychology ~*def.* The science of the mind (or study of the soul – psyche)
- c. Mind ~*def.* The seat of attention, knowledge, will, reason, thoughts, understanding.
- d. The natural sinful condition of mankind is an unsound mind – 2 Tim 1:7
- e. Unsound ~*def.* Defective, broken, unstable, unhealthy, infirmed, weak, deprived.
- f. Unsaved man's mind is corrupt, defiled, reprobate – Rom 1:28, 2 Tim 3:8, Titus 1:15
- g. Without God minds are vain and blind – Eph 4:17-18, Phi 3:19, 2Co 3:14, Rom 10:2

2. Salvation of Our Mind (Cure)

- a. Psychologists/counselors set to increase 23% this decade (churches down 11%)
- b. Who can know the heart? I the LORD... Jer 17:9-10
- c. The law of God shows the knowledge of sin – Matt 12:30-33
- d. The problem is not the love of yourself, but the love of God - 2 Tim 3:2-4
- e. How do you know the love of God? A: the cross of Christ - Romans 5:8, Col 1:21
- f. Salvation is through faith (function of mind) upon hearing God's true words -Eph 1:13
- g. Mind problems require atonement, forgiveness, redemption, reconciliation, salvation.
- h. The battle is over minds - 2 Cor 4:4, 2 Cor 11:3; Repentance ~*def.* A change of mind

3. Strengthening Our Mind (Prescription)

- a. The word of God pierces the soul and spirit, and discerns the heart - Heb 4:12
- b. The inward man is renewed day by day ← daily ~~mental~~ spiritual health - 2 Cor 4:16
- c. The renewing of our minds is God's will for you – Rom 12:2, Eph 4:23
- d. Romans 6-8 is Paul "on the couch" – the solution is in Jesus Christ – Rom 7:22-8:2
- e. Walk after the Spirit (not the flesh) – Rom 8:5-12, Gal 5:16-17, 5:22
- f. Looking at the right thing (reminding us of what we know) – 2 Cor 4:17-18
- g. Praying and supplicating with thanksgiving - Phi 4:6-7
- h. Being likeminded with one another in the church – 2 Cor 13:11, Phi 1:27, 2:1-2

4. The Mind of Christ

- a. Philippians describes the mind of Christ – Phi 1:21,27, 2:5, Phi 3:10-15, Phi 4:13
- b. 1 Cor 2:9-16 – Eyes cannot see into the heart, but God reveals... the mind of Christ
- c. Let Christ be your teacher and the Spirit your counselor – Eph 4:20-24
- d. The solution to mental health crisis is the gospel of Jesus Christ. Rom 1:16