

IS SUNDAY AN HOLY DAY

A STUDY ON THE BIBLICAL SABBATH

“Remember the sabbath day, to keep it holy. “

- Exodus 20:8

1. What Makes a Day Holy

- a. Holy days are not just Christian: Jews, Muslims, Hindu, Satanists, Druids
- b. Only 2 reasons to make a day holy: superstition or religion
- c. Making it holy = It is esteemed for God’s sake. (Excludes July 4th, Candy Corn day, etc.)
- d. Catholics have chosen 10 holy days of obligation; Protestants observe at least 4.
- e. There is a culture war for Halloween; they are removing the saints from All Saints day!

2. The Jewish Sabbath

- a. It was a day of rest and remembrance - Exodus 16:23, 20:8-11, Deut 5:12-15
- b. The 4th day he created times and seasons – Gen 1:14
- c. The Sabbaths were not just the seventh day: Lev 23:24, Num 28:3, 4, 11, 25
- d. The Sabbath was for the land as well - 25:2-8
- e. The Sabbath was a pleasure to God (religion) – Isa 1:13-14
- f. It was part of their covenant – Isa 56:4-7, Eze 20:10-12
- g. The days were a part of Israel’s prophetic purpose – Isa 66:22-23
- h. The Sabbaths are still a shadow for Israel – Rom 11:25, Col 2:17, Heb 4

3. The “Christian” Sabbath

- a. Christian Sabbath(Sunday); Christian circumcision (baptism); Christian Passover (communion)
- b. Sabbath keepers always assume Israel’s promises.
- c. Jesus resurrected on the first day? Maybe not – Mat 28:1
- d. Jesus observed the Jewish Sabbath – Mat 5:17-20, Mark 2:23-28
- e. The Lord’s day is not a Sunday - Rev 1:10
- f. “This is the day the Lord has made” – Psalm 118:24, Jer 46:10, Luke 1:68-74
- g. Times and seasons were for Israel’s prophetic calendar – Mat 16:3, 1 Thess 5:1
- h. There is no Biblical instruction to make Sunday a holy day.

4. Why It’s Important

- a. The dispensation has changed, you are not in an earthly covenant.
- b. It testifies to your strength of faith – Romans 14:1-5
- c. They served gods before, now they are free and they want to be bound? – Gal 4:8-11
- d. “No greater bondage than these”- Acts 15:20-21,28-29 vs. Gal 2:4-5,10, 5:1-3
- e. Sabbath observance is a weak position; you are complete – Col 2:10, 16, 20
- f. Your affections are not on this earth, so why are you subject? Col 2:20, Col 3:1-2
- g. Know ye not, ye are the temple? Ye are holy, not a day, object, or place - 1 Cor 3:16