

**Sample the first few pages here.*

TRAUMA

AND ADVERSE CHILDHOOD EXPERIENCES

CWK Network

CONNECT WITH KIDS

OVERVIEW

What is trauma? Why is it important?

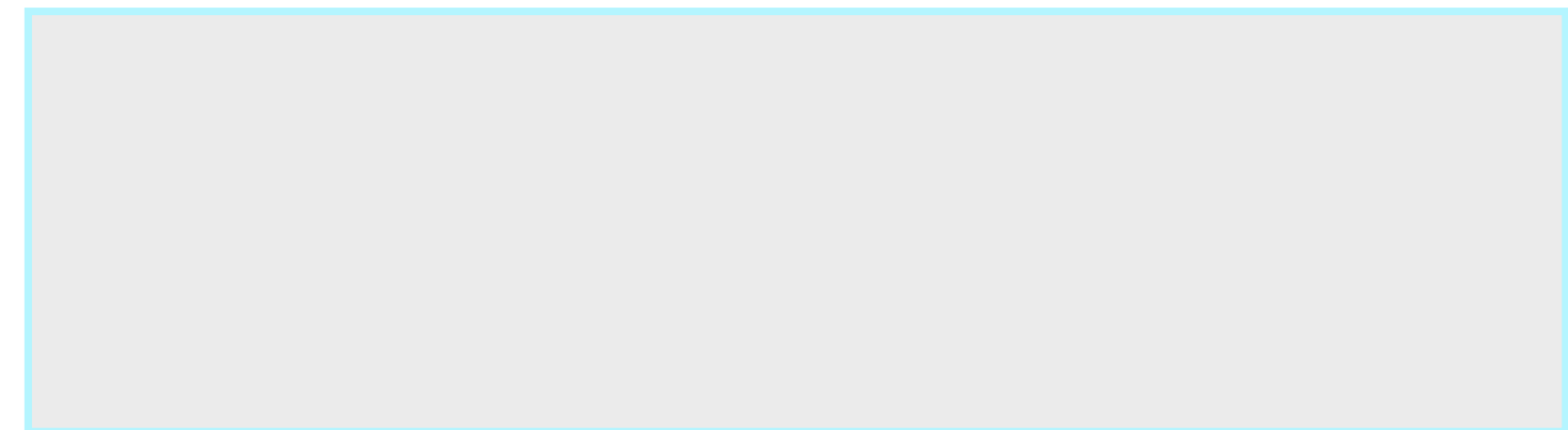




BEFORE WE GET STARTED...

WRITING PROMPT:

What do you think trauma is?

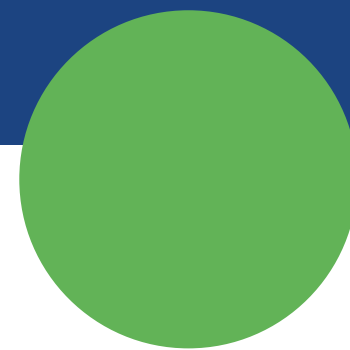


WHAT DO WE MEAN BY TRAUMA?

Trauma refers to intense and overwhelming experiences that involve serious loss, threat or harm to a person's physical and/or emotional well being.

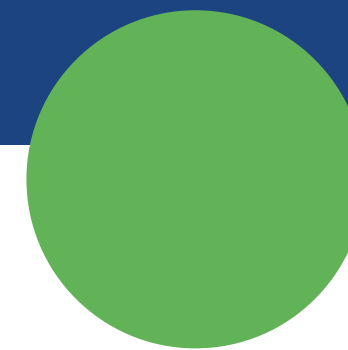


EXAMPLES OF TRAUMATIC LIFE EXPERIENCES



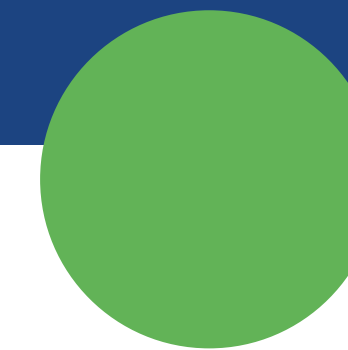
ABUSE

Physical, emotional
and/or sexual abuse
in childhood or
adulthood



IN CHILDHOOD

Neglect or abandonment
(food insufficiency, lack of
money to meet basic needs,
homelessness, death of a
parent, divorce, family life
that includes drug addiction,
alcoholism, parental
incarceration, violence)



ILLNESS

Serious medical
illness or disease
(disabling
conditions, loss of
function, invasive
and distressing
procedures)
adulthood