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July 5th 1833.

We are most grateful my beloved Sister & Brother
that you are restored to your own dear home again,
with all your lovely children still around you - and the
bleeful unconsciousness that awaited trials so severe you have
been sustained by Divine Mercy! and ^{have} rendered back the
most acceptable tribute by devoting your powers to the more
distressed, and fearless of personal danger, aiding those
"who were ready to perish" under such an appalling disease,
as frequently induced the nearest relatives, to abandon
those they were bound by the tenderest ties to cherish -

Sweet indeed must be those well earned benedictions
that follow your foot steps - it makes my ears tingle
and my heart rejoice to hear tell of them - and tears of
true gratitude fill my eyes - yes, God has been
with you - and you have felt his presence, have
received his chastening with fortitude, and been strengthened
to perform his commands of mercy abroad - Some letters
have been recently published that present a most shock-
ing picture of the sufferings of Lexington during the last
month. we have also had a paper published on the
22nd June containing a long list of victims! The cholera
can no longer be considered a scourge ^{alone} of intemperance &
misery - for it has been felt on the best & fairest of the land,
as well as the robust and healthy - but the enemy
has passed away I trust before this, and your stay

beginning to arrive - I was grieved to hear of dear
little Hyman's indisposition - you must steep your
Garden My Sister, of its fruit - that temptation may
not be presented to your children in such an inviting
form - it can hardly be expected that the little ones
will always remember the fearful penalty particularly
by when the unpalatable bill of fare to which they are
restricted, must be almost louthet from being so long
continued - fresh beef & mutton - with various preparations
of rice & potatoes were allowed us, by the most rigid
physicians last year - I used to make a jelly of ground
rice prepared thus - to a large breakfast cup of rice take
12 Almonds powdered fine & made into milk by pouring
2 tins of a pint of boiling water on - when cold mix the
rice smooth with it, and pour it into a quart of boiling
water (or milk) sweetened to your taste - a few minutes
over the fire stirred all the time will cook it - and when
cold it may be eaten with powdered sugar - you can
season it with rose water or lemon, or any other species
and thus varied we produced it daily for a desert - then
custards & puddings were banished - Chapman per-
mitted one or two ripe peaches - and a moderate share
of tomatoes to appear at his board - and late in the
season we admitted them to ours - you have been visited
more than a month earlier in the season, than it made
its appearance here - so I hope the later fruits & vegetables
will be untainted by any unwholesome influence -

but it appears that the physicians of different places
treat the Cholera in a widely different manner - climate
may render this necessary - or experience may be wanting

has a little treasured - but you may have no more
 since I am sure about to make you happy, that
 to you sister Rebecca? you mentioned some time ago that
 she was in the country - I hope not in a Chinese neighborhood
 for I will have had a whole of torture it is to have her
 be here in despair - then we are for every - live to all -
 I hope the dear boys are quite well at present - when
 you are all -

Mrs Benjamin Grath

Lexington Ky.

Very Affection
 Your Sister My Dear Sister has just received a letter from
 to thank you - I trust love, that you cannot possibly do you
 last long to receive you - you have been so kind through
 all this trouble because that it is no longer your brother
 there with any more, nor the great attention