

We sincerely hope this extension of our service benefits everyone. We recognize the need for individuals who are experiencing grief to receive strength and support from others in the same situations. We also have available at the funeral home a bereavement resource library which has many helpful books, articles, and videos available for loan. These titles are suitable for adults as well as young children.

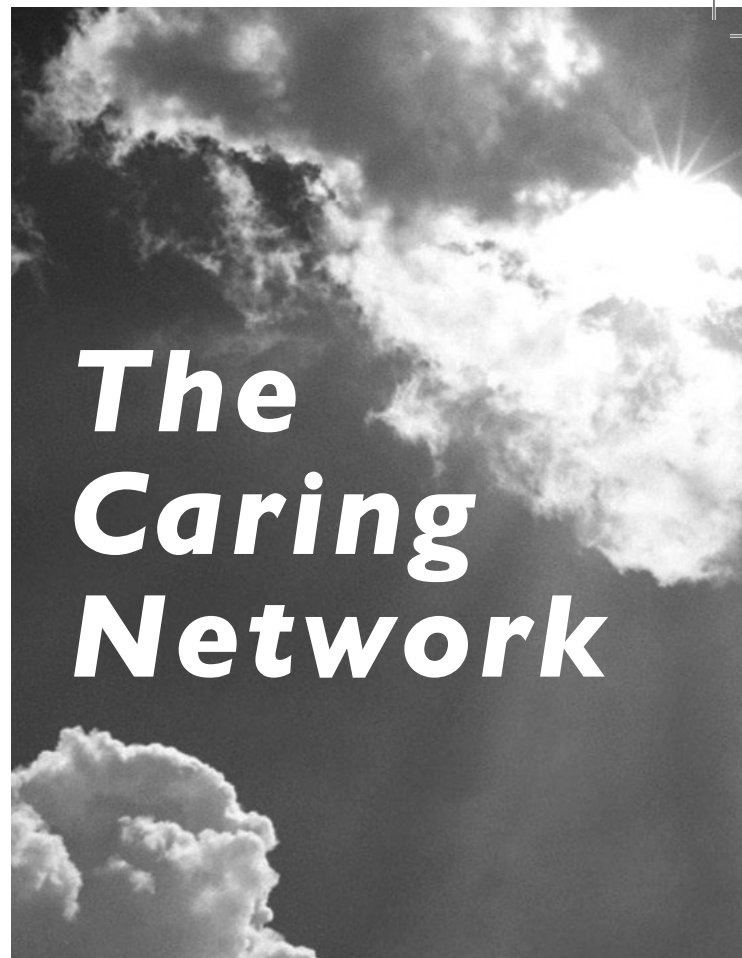
The formation of this program has involved much thought and effort by many people. We would like to thank Bridges Healthcare, Inc. and those already mentioned in this brochure for all their invaluable help and guidance.

*-The Cody Family*

“Blessed are those who mourn,  
For they shall be comforted.”  
– Matthew 5:4

For a brochure, or other information, call  
Cody-White Funeral Home at  
203 874-0268  
or the group facilitator, Cynthia Dodd, M. Div,  
at 203 878-6365 ext 344

**[www.codywhitefuneralservice.com](http://www.codywhitefuneralservice.com)**



# The Caring Network

*Sponsored by:*

**Cody-White Funeral Home**  
[www.codywhitefuneralservice.com](http://www.codywhitefuneralservice.com)

*Coordinated by:*

**Cody-White Funeral Home**  
**Bridges Healthcare, Inc.**  
[www.bridgesct.org](http://www.bridgesct.org)

## **Bridges Healthcare, Inc**

949 Bridgeport Avenue  
Milford, CT 06460

### **Directions**

#### **From Stamford and points South**

Take I-95 North to exit 35. Turn Right at the top of the ramp, and follow this road to the end. At the light, turn Left onto Bridgeport Avenue. Stay in the Right hand lane past Stop and Shop, and Bridges will be two blocks down on your Right. Turn Right at the second block and the parking lot will be immediately on your Right.

#### **From Hartford and points North**

Take I-95 South to exit 36. Turn Left at the top of the ramp. Follow this road through two lights, the second at Route 1, Boston Post Road. Continue straight to the 3rd light. Turn Right onto Bridgeport Avenue. Bridges is 2 blocks down on your left. Turn Left at your second block and the parking lot is immediately on your Right.

#### **From Merritt/Wilbur Cross Parkway**

Take exit 54 to the first exit off the connector; I-95 south headed towards Bridgeport or New York. Get off at Exit 36. Follow directions above from Stamford.

## **The Caring Network**

The Caring Network is a support program for adults who have lost a loved one through death. The group offers support from others who share an experience of loss. Many people living through grief may benefit from spending time with others who will listen, share and offer encouragement.

The group is facilitated by a professional counselor who reviews the normal ranges of grief and mourning. In an atmosphere of safety and support, caring friends are able to express grief, and to pass through this most difficult time of mourning.

The group meets the 1st and 3rd Wednesday of the month at Bridges' main office, directions below.

For more information, please call either:  
Cody-White Funeral Home - 203.874.0268  
Group Facilitator Cynthia Dodd, M. Div.  
203.878.6365 ext. 344

**Free to attend.**

**No reservations are required.**

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