Bobby Jones Chiari & Syringomyelia Foundation

CHARLESTON, SC EDUCATIONAL LECTURE

when

Wednesday, November 6, 2024
5:00 p.m. Patient-to-patient discussion group
6:00 p.m. Break
6:30 p.m. Lecture

where

Medical University of South Carolina
68 President Street
Bioengineering Building, Room 110
Charleston, SC 29403

register

Registration:
igfn.us/form/zkLQgQ

EXPERT SPEAKER: Susan Chalela, MPT

TOPIC: Why Neuroplasticity for Ehlers Danlos Syndrome Works!

PATIENT SPEAKER: TBA

bio

Founder of The Chalela Physical Therapy Institute for EDS and CCI/Cervical Instabilities, Susan Chalela, MPT, founded The Chalela Physical Therapy Institute for EDS and Cervical Instabilities. With over 25 years of clinical experience and a Master of Physical Therapy degree from the Institute of Physical Therapy in St. Augustine, FL, Susan has built a career spanning various specialties, including neurological rehabilitation, ergonomics, orthopedics, sports medicine, industrial rehabilitation, aquatic therapy, osteoporosis, pilates and more.

Susan is a Ph.D. candidate at the Medical University of South Carolina, studying upper cervical instability and Ehlers-Danlos syndrome. She regularly lectures nationally and internationally to physical therapy and medical audiences. She co-authors the recent international collaboration consensus recommendations for conservative care of cervical instability.

In recent years, Susan has dedicated her practice to treating patients with Ehlers-Danlos Syndrome (EDS), Upper Cervical Instability (UCI), and hypermobility disorders. Drawing from her personal experience as someone living with hypermobile EDS, Susan brings a unique depth of empathy and insight to her work. She survived a stroke and, through her recovery, learned the importance of neuroplasticity and proprioception—knowledge she now integrates into her innovative treatment approach.

Today, Susan's internationally respected method combines biomechanics with neuroplasticity to address the root causes of instability in patients with hypermobility. Although her work primarily focuses on cervical instability, she emphasizes the importance of treating the entire body to create a stable foundation for the cervical spine.