**Definition**

Ehlers-Danlos Syndrome (EDS) is a hereditary connective tissue disorder. It is caused by genetic changes that affect the connective tissue that stabilize and support the joints and organs throughout the body.

There are many different types of EDS, including:
- **classic**
- **hypermobile**
- **vascular**
- **kyphoscoliosis**
- **arthrochalasia**
- **dermatosparaxis**

**Causes**

EDS is caused by mutations in the genes that build connective tissue. Different types of EDS are caused by mutations in different genes.

Hypermobile, Classic, Vascular and Arthrochalasias types are autosomal dominant meaning they are caused by a mutation in one copy of a particular gene.

The kyphoscoliosis and dermatosparaxis types are autosomal recessive, meaning they are caused by mutations in both copies of a single gene.

**Treatment**

Currently, there is no cure for EDS, although, there are many treatments that may improve symptoms.

Diagnosis allows the patient and their families to know what they may be facing and allow the to become educated and proactive about the care they seek and receive.

**Common Symptoms**

- joint hypermobility (laxity)
- headaches
- abnormal scarring
- stretchy or fragile skin
- temporo-mandibular joint instability
- chronic pain
- easy bruising
- slow & poor wound healing
- cranio-cervical & cervical instability
- dysautonomia (POTS)

**Diagnostic Tests**

The diagnosis of Ehlers-Danlos Syndrome is best made by a clinical geneticist with experience in diagnosing the hereditary disorders of connective tissue.

A comprehensive clinical evaluation is required, which includes:

- taking a medical history
- evaluation of family history
- clinical evaluation to test EDS-related physical signs
- depending on EDS-type, genetic testing may be done

The gene or genes causing the hypermobile type are not yet known.

---

**To learn more, visit:** bobbyjonescsf.org

Email: info@bobbyjonescsf.org  
Phone: 718.966.2593  
Address: 29 Crest Loop, Staten Island, NY 10312

---

**BEIGHTON SCORE:** A 9-point system used to quantify joint laxity and hypermobility.