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Smith, Davidsdottir Are Fittest on Earth

Carson, California, July 26, 2015—Ben Smith of the United States and Katrin Tanja Davidsdottir of Iceland are the CrossFit Games champions.

After four days of competition and 13 events, Smith took the win by 36 points over Mathew Fraser of the United States. Björgvin Karl Guðmundsson of Iceland was third, 149 points back of first. For the women, Davidsdottir was 40 points ahead of Tia-Clair Toomey of Australia, while Ragnheiður Sara Sigmundsdottir of Iceland was third, 47 points behind the champion.

CrossFit Mayhem Freedom won the Affiliate Cup team competition, led by four-time CrossFit Games champion Rich Froning Jr., who retired from individual competition in 2014. CrossFit Milford was second, and Ute CrossFit was third. All three teams are from the United States. The champions will take \$50,000 back to Tennessee.

On Sunday, Individual competitors were faced with three events, beginning with Midline Madness, a couplet of running and yoke carries. Pedal to the Metal 1 featured pegboard climbs, rowing, cycling on an exercise bike and dumbbell squat snatches. Only minutes after Part 1, Pedal to the Metal 2 served up parallette handstand push-ups, rowing,

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cycling and deadlifts with a pair of monstrous kettlebells totaling 406 lb. for men and 248 lb. for women.

Smith, a seven-time CrossFit Games competitor who first appeared at the Games in 2009 at the age of 19, has stood on the podium twice before. He was third in both 2011 and 2013. Entering the paired final events in first place, Smith gave up his small lead to Fraser on Part 1, setting up a duel for the title in Part 2. Smith pulled ahead of Fraser early in the workout and held off a late charge to take the crown and US\$275,000. Fraser, second overall in 2014, will return to the same spot on the podium \$90,000 richer. Guðmundsson takes home \$60,000.

Daividsdottir came into the final events 17 points below Sigmundsdottir. Both struggled on Pedal to the Metal 1, but Daividsdottir took first in Part 2 to blow past Sigmundsdottir. Daividsdottir is a three-time Games competitor. She was 30th in 2012 and 24th in 2013, but she failed to qualify in 2014 after finishing sixth at the Europe Regional. Following in the footsteps of Annie Thorisdottir, Daividsdottir is the second woman from Iceland to be crowned Fittest on Earth.

For complete results, visit <http://games.crossfit.com/leaderboard>. Press releases, photos, video footage and graphics are available on the CrossFit Games website.

About CrossFit

CrossFit Inc. is the developer and provider of the CrossFit® Fitness Program and a recognized worldwide leader in functional fitness. Founded by Greg Glassman and built on the foundations of constantly varied, high-intensity functional movements, education and collaborative competition, CrossFit-brand workouts develop strength and fitness while cultivating community and camaraderie in each of the more than 12,000 affiliated gyms in CrossFit's global network. CrossFit Inc. is a leading accredited certificate issuer for physical-training professionals worldwide and offers specialty certificate programs in addition to its core curriculum. CrossFit Inc. publishes the CrossFit Journal, promotes physical and cognitive health and fitness through the CrossFit Kids Foundation, and created and operates the CrossFit Games, an annual competition where elite athletes compete to be named the Fittest on Earth™. To learn more, visit www.CrossFit.com, Games.CrossFit.com, Facebook.com/CrossFit or <http://www.youtube.com/CrossFitHQ>.

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