Family Devotion

Elijah and the Widow of Zarephath

1 Kings 17:8–16

Elijah was hungry because there was very little food in the land. God sent Elijah to the town of Zarephath and told him to ask a woman there for bread. The woman had no husband and was running out of food for herself and her son. She told Elijah that she only had a little oil and a little flour. Elijah told her not to be afraid but to listen to God's plan. The woman listened and did what Elijah said. God did an amazing thing! He gave the woman enough flour and oil so that she could make bread every day for Elijah, herself, and her son. God saved them. God saves us through Jesus!

Parents/Caregivers: We have a lot of responsibilities as we care for our children. Sometimes we struggle with worry and doubt. Will I have enough money for groceries? Are the foods I'm providing healthy enough? Sometimes we want more than what we have, even though God promises to give us enough. Take heart! God is the creator and giver of all things. He loves you and your child. He has shown His great love for you by giving His Son, Jesus, to save you! He will also provide the good gifts of food and drink.

Dear God, You love us so much. Thank You for the food we eat. Thank You for the water we drink. Thank You for sending Jesus, our Savior. Amen.

Family Challenge

God is faithful. He will provide for our needs, including food and drink. Help your child track God's faithfulness by making a family Thanksgiving Jar. Talk with your child about things he is thankful for and how God provides for your family. Invite her to draw pictures of these things. Fill your family jar with the pictures, just as God kept the jars of oil and flour full for Elijah and the widow's family.

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SAFARI EXPEDITION
Exploring God's Good Gifts

Early Childhood Leaflet

Lesson 1

Elijah and the Widow of Zarephath

1 Kings 17:8–16

The eyes of all look to You, and You give them their food in due season. ***Psalm 145:15***

Discuss these questions together:

- **Why was Elijah hungry and thirsty?** (There was very little water and food in the land.)
- **What did the woman say when Elijah asked her for food and water?** ("I only have a little left, and then I will have none.")
- **What did Elijah tell her?** ("Don't be afraid. God will not let your flour and oil run out.")
- **What good gifts did God give to Elijah, the woman, and her son?** (God gave them food so they could eat every day.)

Check out today's **Family Challenge** on the back.



Take-Home Point:
God gives me food and drink.



Use a crayon to color oil and flour in the jars. Draw bread on the plate. God gave the widow enough flour and oil every day so she could make bread for herself, her son, and Elijah. God saved them by giving them enough food to eat each day.



God gives us good things to eat! Draw your favorite foods and drinks. Then color the picture. Thank You, God, for food and drink every day! Thank You for saving us through Jesus!