



# Snacks

## Leader Guide

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### God Saves Baby Moses

Exodus 1:8-14, 22;  
2:1-10

**God finds me  
when I have  
troubles.**

**Call upon Me  
in the day  
of trouble;  
I will  
deliver you.**

Psalm 50:15

2



### Ruth and Naomi

Book of Ruth

**God finds me  
when I'm  
lonely.**

**Fear not,  
for I am  
with you.**

Isaiah 41:10

3



### Jesus and Zacchaeus

Luke 19:1-10

**God finds me  
when I'm  
lost.**

**You are  
precious in  
My eyes . . .  
and I love you.**

Isaiah 43:4

4



### Jesus Rises from the Dead

Luke 24:1-12

**God finds me  
when I think  
there's no hope.**

**You, O Lord,  
are my hope,  
my trust.**

Psalm 71:5

5



### Jesus Appears to Paul

Acts 9:1-19

**God finds me,  
no matter  
my sin.**

**Christ Jesus  
came into  
the world to  
save sinners.**

1 Timothy 1:15

# Snacks Leader Basics

## How Do Snacks Work at VBS?

One of the sites kids visit after the Opening is Snacks. Kids move in Teams—groups of five or six kids with one Team Leader. Ask your Director how many Teams will visit your site each rotation and how many rotations you will do each day.

## What You Do

### Before VBS, do these things to get ready:

- Pray for the VBS kids. Read the five Bible accounts.
- Read through this *Snacks Leader Guide*.
- Gather snack supplies. Ask for donations of food and paper products to stretch your budget. Your Director may help you purchase items needed or solicit donations.
- Reflect on the points in “Connect.” These help you connect the snacks to the Bible account each day.
- Recruit volunteers. The Snacks site is a great place for volunteers of all ages.
- Ask your Director to provide you with a list of the kids, leaders, and helpers who have food allergies and which Teams they are in.
- Attend training with other volunteers. Learn to lead the call and response of the Take-Home Point.

### During VBS, do these things:

- Arrive early and use this *Leader Guide* to prepare.
- Complete preparation for the snack before each rotation time. Get an update on the number of kids expected so you can prep supplies for each Team.
- Read each day’s Leader Devotion (available from your Director).
- Attend the Opening and the Closing to connect with kids and families.

### During each rotation, do these things:

- Welcome kids; introduce helpers and yourself.
- Demonstrate how to make the snack.
- Pray together, thanking God for the food.
- Use the points in “Connect” with the whole group or print copies of them for Team Leaders to discuss with their Teams.
- Remind Team Leaders never to force a child to eat. If a child doesn’t want to eat something, let him or her make that choice.

## Role of Team Leaders

Team Leaders help kids understand the directions to create the snack, assist as needed, and may discuss the “Connect” questions with their Teams.

## Site Setup and Decorating

- Set up enough tables and chairs to accommodate the number of kids and leaders who will visit the Snacks site each rotation.
- Set up a table for supplies and demonstration. Add a sign with the snack’s name for each day.
- Transforming your area into a tropical island is a breeze! Try one or more of these ideas. Use green plastic tablecloths, fabric, and backdrops to cover walls and tables. Add silk greenery or hang premade *Tropical Leaf Decorations* and *Tropical Flower Decorations*. Create a plumeria grove by twisting craft paper into branches and adding tissue-paper flowers. Use a long piece of blue fabric to make a winding river leading down to the sandy canvas-tarp beach. Don’t forget to use the fun images on the *Decorating Posters*!
- Hang the Snacks Site Sign (available on the *Decorating Posters*) near the entrance to the room.

## Tips for Helping Kids with Food Allergies and Sensitivities

- Be aware of common food allergens. Milk, peanuts, eggs, tree nuts, soybeans, fish, shellfish, sesame, and wheat are common, but there are other allergens as well. Consider providing allergen-free snack alternatives. Check with parents of kids with food allergies before serving these.
- Also be aware that some children have issues with food textures or have other nonallergic sensitivities.
- Post a list of kids, leaders, and helpers who have food allergies and sensitivities (and which Teams they are in) where leaders and helpers can see it.
- Give a list of snacks and ingredients to your Director to share with parents. Parents may choose to provide alternative snacks for kids who have food allergies or sensitivities.
- Familiarize yourself with allergic-reaction symptoms. Make a plan for how to handle an allergic-reaction emergency.

## We want to know what you think!

Fill out a survey at [cph.org/vbsfeedback](http://cph.org/vbsfeedback). Thank you!



# Lesson 1

## God Saves Baby Moses

Exodus 1:8-14, 22; 2:1-10

**Take-Home Point:** God finds me when I have troubles.

**Bible Memory Verse:** Call upon Me in the day of trouble; I will deliver you. Psalm 50:15

## Rescue Basket Snack

### Supply List

For each person, you will need the following:

- A small plate
- A napkin
- A crisped-rice or corn-flake treat shaped as a basket (see "Snack Prep")
- A square of fruit strip/leather
- A milk chocolate or sugar heart, or a Starburst® candy shaped into a heart

### Snack Prep

Follow the directions on a box of crisped rice cereal to make the iconic marshmallow treats, or make a similar treat using corn flakes in place of crisped rice. Instead of making bars, place spoonfuls into greased muffin cups and shape like a basket. Make one basket for each child. Give each child one basket, one fruit square blanket, and one heart. Allow the children to assemble.

### Welcome & Prayer

Welcome to the Snacks site! Today, we're going to talk about rescue! Pray together.

### Connect

God finds us when we have troubles! In Psalm 50:15, God invites us, "Call upon Me in the day of trouble; I will deliver you."

Connect with the Bible lesson using these key points:

- In our Bible lesson, baby Moses was in trouble! Pharaoh wanted to get rid of all Israelite baby boys. Moses needed help. His mom placed him in a basket to keep him safe. Do you have your basket snack? She gave him a blanket to keep him warm. Can you place your blanket on the basket? What else? He needed a loving mom and sister,



and especially a loving God! Can you place the heart on top?

- God loved Moses. He watched over him and kept him safe. He delivered Moses from trouble! God loves you too. He finds you when you have troubles. He watches over you and helps you in your troubles too!
- Can you think of a time when God delivered you from danger? The best time of all is when Jesus died and rose to deliver you from sin and death!

### Close

Review the Bible Memory Verse for today.

Say the Take-Home Point with the actions:

**SAY: GOD FINDS ME WHEN I HAVE TROUBLES.**

**TEAMS: JESUS CAME TO SEEK AND TO SAVE!**

**ACTIONS:** Jesus *came* (point index finger to palm of each hand, then make beckoning motion) *to seek* (hold hand above eyes, looking around) *and to save* (form a cross with both forearms)!