

September 14, 2025

Notes for Kids

"Press On"

Philippians 3:12-21



English Standard Version

¹² Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own. ¹³ Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, ¹⁴ I press on toward the goal for the prize of the upward call of God in Christ Jesus. ¹⁵ Let those of us who are mature think this way, and if in anything you think otherwise, God will reveal that also to you. ¹⁶ Only let us hold true to what we have attained.

¹⁷ Brothers, join in imitating me, and keep your eyes on those who walk according to the example you have in us. ¹⁸ For many, of whom I have often told you and now tell you even with tears, walk as enemies of the cross of Christ. ¹⁹ Their end is destruction, their god is their belly, and they glory in their shame, with minds set on earthly things. ²⁰ But our citizenship is in heaven, and from it we await a Savior, the Lord Jesus Christ, ²¹ who will transform our lowly body to be like his glorious body, by the power that enables him even to subject all things to himself.



~Something to know~

Paul wrote this letter to the Philippians while he was in prison.

SERMON BINGO!

SCRIPTURE	PAUL	PRIZE	CHRIST	GRIT
METAPHOR(S)	"PRESS ON"	RUNNER	SHEEP	GOD
SANCTIFICATION	DIOKO	FREE SPACE	STRAINING FORWARD	PERSEVERE
GOAL	DISCIPLINE	PRIZE	UPWARD CALL	GLORY
IMITATE/ IMITATING	EXAMPLE(S)	AWAIT A SAVIOR	LORD JESUS CHRIST	CITIZENSHIP

Catechism fill-in-the-blank

Use the **WORD BANK** to fill in the blanks to answer the questions below.

The first letter of each word is there to help you!

WORD BANK

HOLY
FORGIVES
CHRIST
SINS
HEART

55. Q. How does God justify you?

A. God (f)_____ all my (s)_____

and accepts me as righteous through (C)_____.

56. Q. How does God sanctify you?

A. God makes me more and more (h)_____ in

(h)_____ and conduct.

1. Pressing on Requires Grit

PRESSING ON REQUIRES GRIT!

Put a 😊 next to the things that describe "grit."

Put a ☹️ next to the things that do NOT show grit.

- | | |
|---|------------------------------------|
| 1. _____ Never giving up. | 2. _____ Lying to avoid trouble. |
| 3. _____ Whining when things are hard. | 4. _____ Doing your best. |
| 5. _____ Giving up when you don't understand. | 6. _____ Dreaming of the past. |
| 7. _____ Practicing over and over. | 8. _____ Studying hard for a test. |

2. Pressing On Requires a Goal



Answer these questions:
What is the goal?

What things sometimes distract you from keeping your eyes on the goal?

3. Pressing On Requires Examples

Paul, even though he knew he was not perfect, encouraged the Philippians to look to him as an example.

List some people you can look to as examples in following Jesus:

The mature Christian can say to the younger believer,

“Follow

me as I

follow Christ!”

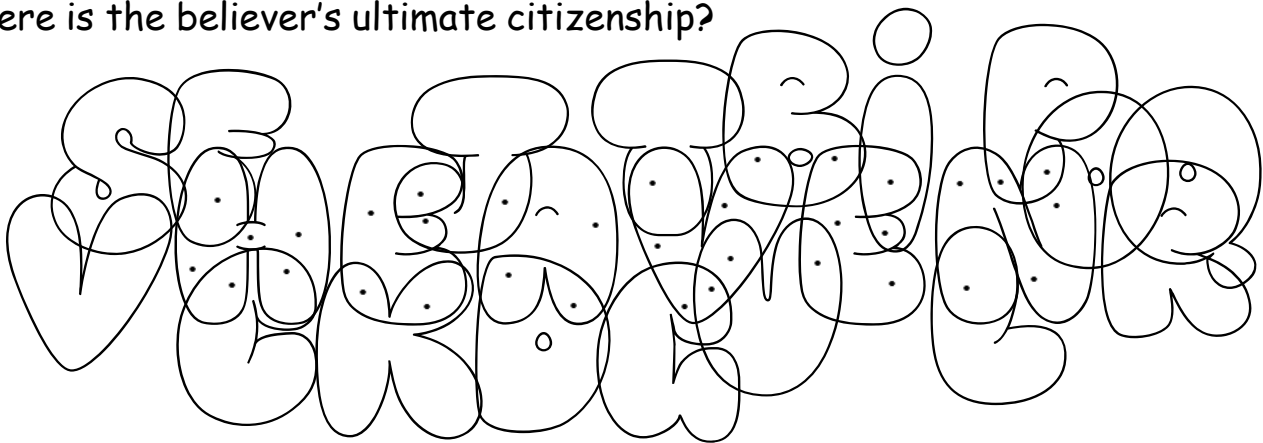
4. Pressing on Requires a Savior

Who is our Savior? You know! Our Savior is

Jesus!

Fill in the spaces with dots to find out the answer to this question:

Where is the believer's ultimate citizenship?



Draw a picture to help you remember the sermon.

ANSWER CORNER

Fill in the blank:
FORGIVES SINS CHRIST
HOLY HEART

GRIT ☺: 1., 4., 7., 8.

NOT GRIT ☹: 2., 3., 5., 6.

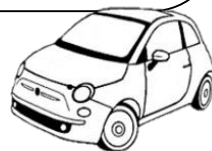
What is the goal? Something like...Bringing glory to God/becoming more like Jesus.

List distractions: Answers will vary

List some people: Answers will vary

Where is the believer's ultimate citizenship? Heaven

Questions for the Car!



1. What does it mean to have "grit" and why does it matter?
2. What are some times that you have needed to have grit?
3. Parents, share with your kids times that you have had to press on when things were hard, and how God saw you through.
4. Discuss as a family those who have been important examples to you.
5. What does it mean to have your "citizenship" in heaven?