

# TENNIS CAMPS 2019

Our Summer Tennis Camps Can Accommodate Participants With  
All Skill Levels, From Beginner To Advanced, Ages 5-18.  
Half Day, Full Day And Overnight Options Available

## LOCATIONS

Open to all levels, from beginners to advanced players ages 5-18.  
The 15 hours of indoor training equate to nearly an entire season during the school year.  
**9 One-week Sessions (Jun 24- Aug 23)**

**TENAFLY**

This summer camp is geared towards high performance tournament  
and high level high school players.  
**9 One-week Sessions (Jun 24- Aug 23)**

**BOGOTA**

This tennis camp is for participants aged 7-18, from beginners to  
tournament level players.  
Camp will be held at Ramapo College.  
**3 One-week Sessions (Jun 24- Jul 12)**

**MAHWAH**

**JOIN NOW**

201-254-5836  
summercamp@courtsense.com

**COURTSENSE** 195 County Rd, Tenafly, NJ  
**VISIT US ONLINE:** [courtsense.com/summercamp](http://courtsense.com/summercamp)



# ABOUT COURTSense



## WHO WE ARE

The CourtSense program was founded and developed by Gordon Uehling (a former ATP player) alongside his tremendously committed team. As a team at CourtSense, we are excited about the prospect of seeing our students become complete athletes. We care about our students and their personal development, and we want to make a positive lasting impact on their lives. We want our students to be the best they can be – physically, emotionally and intellectually. It is essential that our students, while going through the process of becoming a better tennis player, have fun and at the same time are able to improve themselves on and off the court. Tennis can be used as a vehicle to learn life lessons and we take pride in the fact that our clients let us be a part of this journey. To be a successful tennis player requires more than tennis skills. Therefore we are here to take you through a program that suits your individual goal(s). We have serious and dedicated coaches who have been individually selected and trained in the CourtSense methodology. Our program focuses on the three most important parts of the game of tennis which is the MIND, FEET AND HANDS.

## WHAT WE DO

We work diligently with our students; help them develop a deeper commitment to patience, discipline, fitness and focus. CourtSense offers a comprehensive program which cuts across tennis instruction; skill development and personalized fitness training in line with its philosophy of making students complete athletes.

Our unique program embraces a simplified and orderly progression of learning so that students can achieve mastery of skills at every level of play. Our highly experienced experts meticulously isolate and break down each component of play in proper sequence, making it easier for students to learn, practice and commit these elements to muscle memory. All training is specifically tailored towards the age and skill level of the student.

## MISSION STATEMENT

Our mission is to provide the finest facilities, technologies, and integrated tennis system while stretching and tapping into the spirit of each student with passion and positive energy.



# RAMAPO TENNIS CAMP



**LOCATION:**  
505 Ramapo Valley Rd Mahwah, NJ 07430



**DATES**  
June 24 - July 12

**DURATION:** 3 ONE-WEEK SESSIONS (JUNE 24 - JULY 12)

**WHO'S IT FOR?:** BEGINNERS RIGHT UP TO TOURNAMENT LEVEL PLAYERS  
AGES 7 TO 18

## DAY CAMP OPTION

Monday-Friday Drop off at 8:45am each day.  
Lunch included. Pick-up at 5:00pm each day

### DAILY SCHEDULE DAY CAMP:

#### DAILY SCHEDULE

8:45 am: Commuter drop off; Warm-up  
9:00am-12:00pm: Stroke Instruction/Drills/Fitness  
12:15 pm: Lunch  
1:00-2:00pm: Free time (Optional swim)  
2:00pm-3:00pm: Singles Instruction and Match Play  
3:00-4:00pm: Doubles Instruction and Match Play  
4:00-5:00pm: Extra Stroke Help; Singles Challenge Ladder  
5:00pm: Commuter pick up

### RATE:

**\$925/week**  
**\$850/week – for 2 or more weeks**

## SLEEPAWAY OPTION

Monday-Friday  
Check-in Monday 7:30 AM.  
Check-out Friday 5:10 PM.

### DAILY SCHEDULE SLEEPAWAY:

8:00am – Breakfast / 12:15pm – Lunch / 5:15pm – Dinner  
9:00am – 12:00pm Stroke Instruction/Drills/Fitness  
1:00 – 2:00pm Free time (Optional swim)  
2:00pm – 3:00pm Singles Instruction and Match Play  
3:00 – 4:00pm Doubles Instruction and Match Play  
4:00 – 5:00pm Extra Stroke Help; Singles Challenge Ladder  
7:30pm – Evening activity  
10:15pm – Back to rooms  
10:30pm – Lights out

### RATE:

**\$1,140/week**  
**\$1,060/week – for 2 or more weeks**





# TENAFLY TENNIS CAMP



## LOCATION:

TENAFLY RACQUET CLUB 195 County Rd 07670 Tenafly NJ



## DATES:

June 24 – August 23

**DURATION:** 9 ONE-WEEK SESSIONS (JUNE 24 – AUGUST 23)

**WHO'S IT FOR?:** OPEN TO ALL LEVELS, FROM BEGINNERS TO ADVANCED PLAYERS AGES 5-18. THE 15 HOURS OF INDOOR TRAINING EQUATE TO NEARLY AN ENTIRE SEASON DURING THE SCHOOL YEAR.

## MORNING CAMP:

Monday - Friday  
9:00am – 12:00pm

2.5 hours of tennis &  
30 mins of fitness DAILY

**\$530/week – 1-3 weeks**  
**\$480/week – 4-8 weeks**  
**\$435/week – 9 weeks**  
**\$128 daily**

## AFTERNOON CAMP:

Monday –Thursday 2:30pm – 5:30pm  
Friday 12:00 – 3:00pm

2.5 hours of tennis &  
30 mins of fitness DAILY

**\$530/week – 1-3 weeks**  
**\$480/week – 4-8 weeks**  
**\$435/week – 9 weeks**  
**\$128 daily**

## EARLY EVENING CAMP:

Monday –Thursday 4:30pm – 6:30pm  
Friday 12:30 – 2:30pm

1.5 hours of tennis/  
30 minutes fitness DAILY

**\$405/week – 1-3 weeks**  
**\$373/week – 4-8 weeks**  
**\$338/week – 9 weeks**  
**\$98 daily**



# HIGH PERFORMANCE CAMP



**LOCATION:**  
Bogota Racquet Club 156 W Main St 07603 Bogota NJ

**DATES:**  
June 24 – August 23

**DURATION:** 9 ONE-WEEK SESSIONS (JUNE 24 – AUGUST 23)

**WHO'S IT FOR?:** PLAYERS AGES 11 – 18

This summer camp is geared towards High Performance Tournament and top level High School players.  
There is a 3:1 student to coach ratio.  
Evaluation of your child's tennis ability will be required ahead of enrollment.

## RED GROUP

Mon. & Wed. 8:45AM – 4:30PM  
Tue. & Thu. 8:00AM – 4:00PM  
Fri. 8:00AM – 11:30AM

10 hours of tennis training  
5 hours of fitness  
8 hours of match/point play

**\$897/week – 1-3 weeks**  
**\$830/week – 4-8 weeks**  
**\$770/week – 9 weeks**

## BLUE GROUP:

Mon. & Wed. 8:00AM – 4:00PM  
Tue. & Thu. 8:45AM – 4:30PM  
Fri. 8:45AM – 12:00PM

10 hours of tennis training  
5 hours of fitness  
8 hours of match/point play

**\$897/week – 1-3 weeks**  
**\$830/week – 4-8 weeks**  
**\$770/week – 9 weeks**



# CAMP DIRECTORS



**IRA MILLER**

RAMAPO TENNIS  
CAMP

Ira is the men's and women's tennis coach at NJIT (New Jersey Institute of Technology). Coach Miller has been directing successful summer camps for over 20 years, and during that time has proved himself one of the most successful college coaches in the Eastern USA, winning 17 conference championships and 16 conference Coach of the Year awards. In 2012, he was selected as the ITA Northeast Region Coach of the Year. He is also in the Hall of Fame at both Fairleigh Dickinson and Drew Universities and coached Yeshiva University to their first conference championship in any sport in 2014.



**GEOFF GRANT**

TENAFLY TENNIS  
CAMP

Geoff earned his first ATP point at the age of 23 after graduating from Duke University in 1992 with a degree in political science and NCAA All-American honors in tennis. He moved to Tampa, Florida and trained with Pete Sampras, Andre Agassi and Jim Courier. Over an 8 year period, Geoff played his way up to a career high singles ranking of #109 in the world. His most inspired tennis came during the US Open, by far his favorite event. In 1997, Geoff took two-time French Open champion "Guga" Kuerten to five sets in the first round. The following year he posted his career best Grand Slam result reaching the 3rd round with wins over Emilio Sanchez and Andrei Medvedev, before losing a heartbreaking 5th set to Oliver Gross in front of a national TV audience on CBS. Geoff is extremely happy to call Tenaflly Racket Club and CourtSense headquarters his home, where he ensures CourtSense delivers an A+ product.



**OGNEN NIKOLOVSKI**

BOGOTA HIGH PERFORMANCE  
CAMP

Ogi, a former top junior from Yugoslavia, came to the US in his senior high school year as an exchange student at the Memphis University School. After winning the team state championships in Tennessee, in 1992, he received a full athletic scholarship to Rollins College where he became an All-American, and also was captain of the #1-ranked team in Division II. He graduated with degrees in Economics and Business Administration. After college, Ogi, became a world-ranked singles and doubles player on the ATP tour, while serving as a player and captain for the Davis Cup team of Macedonia. Ogi joined the CourtSense team in 2008 and with his education, passion and rational thinking has become an instrumental player in the development of the CourtSense program

# FAQS & SAFETY

## How do I register my child for camp?

Feel free to call us 201-254-5836. If you are enrolling for Tenaflly or Ramapo camps, you can email your enrollment requests to [summercamp@courtsense.com](mailto:summercamp@courtsense.com). Registration can be done on sight at our clubs, over the phone or by sending in the registration form via mail, email or fax.

## Does it matter which and how many weeks I pick? Can I trade up and add a week or two if my child loves it once camp begins?

You may choose any weeks you'd like on an individual basis and yes, you can add additional weeks at anytime as long as there is available space in the desired weeks.

## How are campers grouped at CourtSense? Can I request to have my child be with his/her friends?

CourtSense tennis camps are open to all levels, from beginners to high performance players. Players are grouped according to age and technical ability. Yes, you can request to have friends grouped together as long as the levels of the players are similar.

## Will meals be provided?

Half-Day camps at Tenaflly Racket club – No meals provided

Full-Day camp at Ramapo College - Lunch is included

Overnight camp at Ramapo College – Breakfast, lunch and dinner are included

High Performance day camp – Breakfast and lunch are provided at an additional cost

## Are there any evening activities for the overnight campers?

For our overnight campers we have prepared fun, supervised evening activities each night, including movie/mall outings and mini-golf excursions.

## What is the counselor to child ratio during overnight camp, and how do you prepare your team?

Our on-court student/teacher ratio is 4/1. The Ramapo Camp is certified by the State of NJ and goes through a rigorous inspection process each summer. In addition, all staff participate in an extensive pre-camp orientation.

## What if I need to cancel my camp?

Any camper that needs to cancel 7 days prior to the start of the camp will receive a camp credit equal to the amount of camp tuition already paid, less \$50 for processing fee. The credit is transferable to another family member and is good for any CourtSense Tennis camp through next summer (agreement begins at time of purchase). Any cancelation within 5 days of the start of camp will result in a camp credit minus \$100 cancelation fee. Camp credits are not extended to campers who leave camp after the start of a session.

## Who are the coaches at the CourtSense Camps?

All of the coaches are mature adults with year round coaching experience and extensive high level playing backgrounds. Please feel free to check the bios of the coaches at [www.courtsense.com](http://www.courtsense.com)



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