Bob Henrickson
Nebraska Statewide Arboretum
FULL SUN
perennials that grow best in at least 6 hours of direct sunlight

Plants that grow best with 6 hours or more of direct sunlight. Many full sun plants will be perfectly happy with sun 14 hours a day, every day.
Blue-Globe Allium, *Allium caeruleum*
Willowleaf Amsonia, *Amsonia tabernaemontana*
Shining Amsonia, *Amsonia illustris*
Threadleaf Amsonia, *Amsonia hubrichtii*
‘Lady in Black’ Aster,
Yellow Stork’s Bill, *Erodium chrysanthemum*
Rattlesnake Master, *Eryngium yuccifolium*
‘Prairie Gypsy’ Monarda
Fremont’s Primrose
Oenothera macrocarpa var. fremontii

2016 GreatPlants Perennial of the Year
Shining Coneflower, *Rudbeckia nitida* ‘Herbstonne’
Soapwort, Saponaria ocymoides
Rainbow Skullcap, Scutellaria alpina 'Arcobaleno'
‘Mongolian Skies’ Skullcap, Scutellaria scordifolia
Big Betony, Stachys macrantha
Part-Shade

Plants that grow best in 4 to 6 hours of direct sun a day. These plants often do best when they receive direct morning sun, but stay sheltered in the afternoon.
Alpine Lady’s Mantle, *Alchemilla alpina*
White Turtlehead, Chelone glabra ‘Black Ace’
Fern-leaf Dropwort, Filipendula vulgaris
Great Blue Lobelia, *Lobelia silphilitica*
Jacob’s Ladder,
*Polemonium reptans*
Yellow Meadow Rue, *Thalictrum flavum* subsp. *Glaucum*
Plants that grow best with less than 4 hours of direct sun a day. They prefer morning and evening sun to mid-day sun. Full shade plants should also do outstanding in dappled shade conditions.
Comfrey, *Symphytum grandiflorum*
Barrenwort, *Waldsteinia ternata*
Herbs
Hyssop, *Hyssopsis officinalis*
Lovage, *Levisticum officinale*
Winter Savory, *Satureja montana*
Stevia, *Stevia rebaudiana*
HOW TO MAKE LIQUID STEVIA EXTRACT

Ingredients:
- 1 cup of stevia leaves (washed)
- organic vodka

Directions:
1. Dry stevia leaves by putting them in the sun (12 hours) or a dehydrator
2. Place dried leaves in glass jar and pour enough organic vodka to cover leaves
3. Steep leaves in vodka for exactly 24 hours
4. Filter out the leaves using a strainer
5. To remove the alcohol, heat the extract on low heat for 20 minutes (do not boil)
6. Transfer liquid into a glass dropper bottle and store in your refrigerator for up to 90 days

FoodBabe.com
Valerian, Valeriana officinalis
Grasses
Pennsylvania Sedge, Carex pennsylvanica
‘Dallas Blues’ Switchgrass

2016 Grass of the Year
- Bob Henrickson
- 402.472.7855
- rhenrickson2@unl.edu