

First Vespers

Ÿ O God, ✠ come to my assistance.

℞ O Lord, make haste to help me.

Glory . . .

TO CHRIST, THE PRINCE OF PEACE



1. To Christ, the prince of peace, And
2. Deep in his heart for us The
3. O Je - sus, vic - tim blest, What
4. O fount of end - less life, O



1. Son of God most high, The Fa - ther of the
2. wound of love he bore; That love where-with he
3. else but love di - vine Could thee con - strain to
4. spring of wa - ter clear, O flame ce - les - tial,



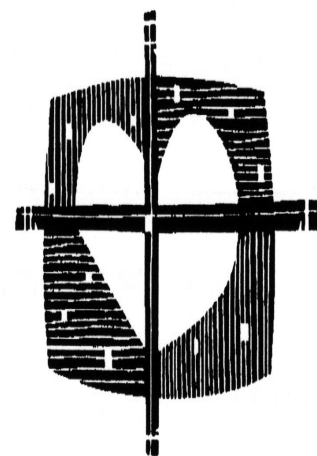
1. world to come, Sing we with ho - ly joy.
2. still in - flames The hearts that him a - dore.
3. o - pen thus That Sa - cred Heart of thine?
4. cleans-ing all Who un - to thee draw near!

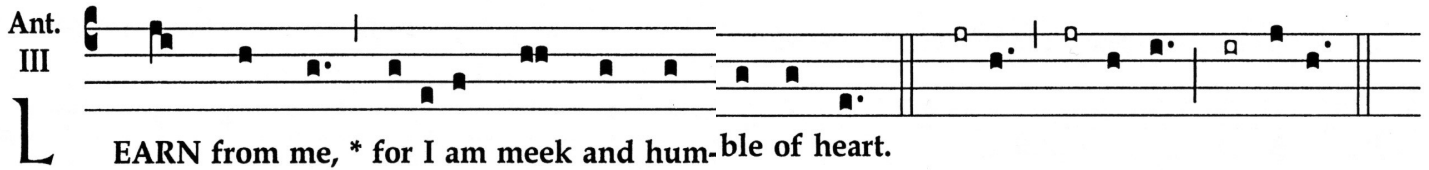


A - men.

TUNE: *Potsdam Tune, S.M.*, Anon. based on J.S.Bach's *Welltempered Clavier II*, N°9, 1742

TEXT: *Summi parentis Filio*, *Catholicum Hymnologium Germanicum*, 1587; Trans. E. Caswall, 1849



PSALM 112

Praise, O servants of the Lord,
praise the name of the Lord!

yet stoops from the heights to look down,
to look down upon heaven and earth?

May the name of the Lord be blessed
both now and for evermore!

From the dust he lifts up the lowly,
from the dungheap he raises the poor

From the rising of the sun to its setting
praised be the name of the Lord!

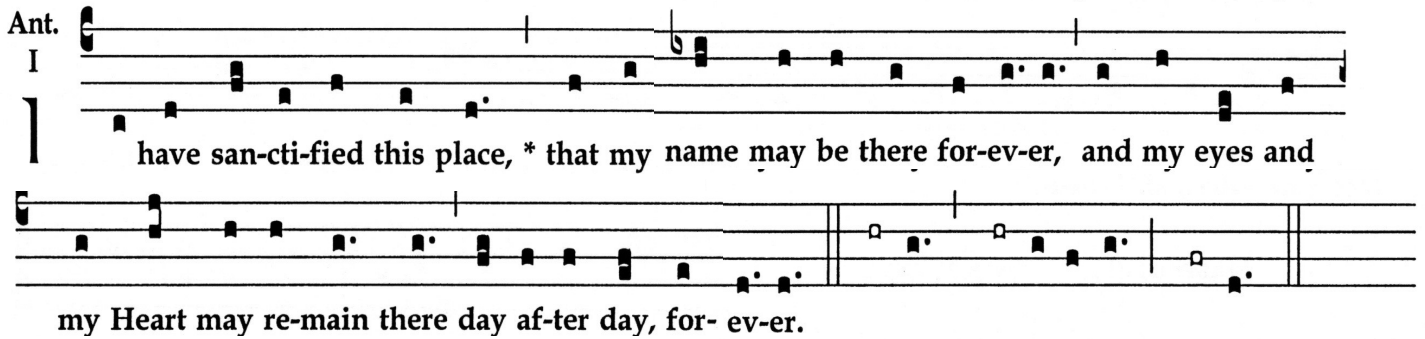
to set him in the company of princes,
yes, with the princes of his people.

High above all nations is the Lord,
above the heavens his glory.

To the childless wife he give a home
and gladdens her heart with children.

Glory . . .

Who is like the Lord, our God,
who has risen on high to his throne

PSALM 145

My soul give praise to the Lord; †
I will praise the Lord in all my days,
make music to my God while I live.

who alone made heaven and earth,
the seas and all they contain.

Put no trust in princes,
in mortal men in whom there is no help.

It is he who keeps faith for ever,
who is just to those who are oppressed.

Take their breath, they return to clay
and their plans that day come to nothing.

It is he who gives bread to the hungry,
the Lord, who sets prisoners free,

He is happy who is helped by Jacob's God,
whose hope is in the Lord his God,

the Lord who gives sight to the blind,
who raises up those who are bowed down,

—>

the Lord, who protects the stranger
and upholds the widow and orphan.

The Lord will reign for ever,
Zion's God, from age to age.

It is the Lord who loves the just
but thwarts the path of the wicked.

Glory . . .

READING

RESPONSORIAL PSALM 98

Resp.
IV



T HE Lord is King; the Lord is great in Zi-on!

Cry out with joy to the Lord, all the earth. †
Serve the Lord with gladness.
Come before him, singing for joy.

Go within his gates, giving thanks. †
Enter his courts with songs of praise.
Give thanks to him and bless his name.

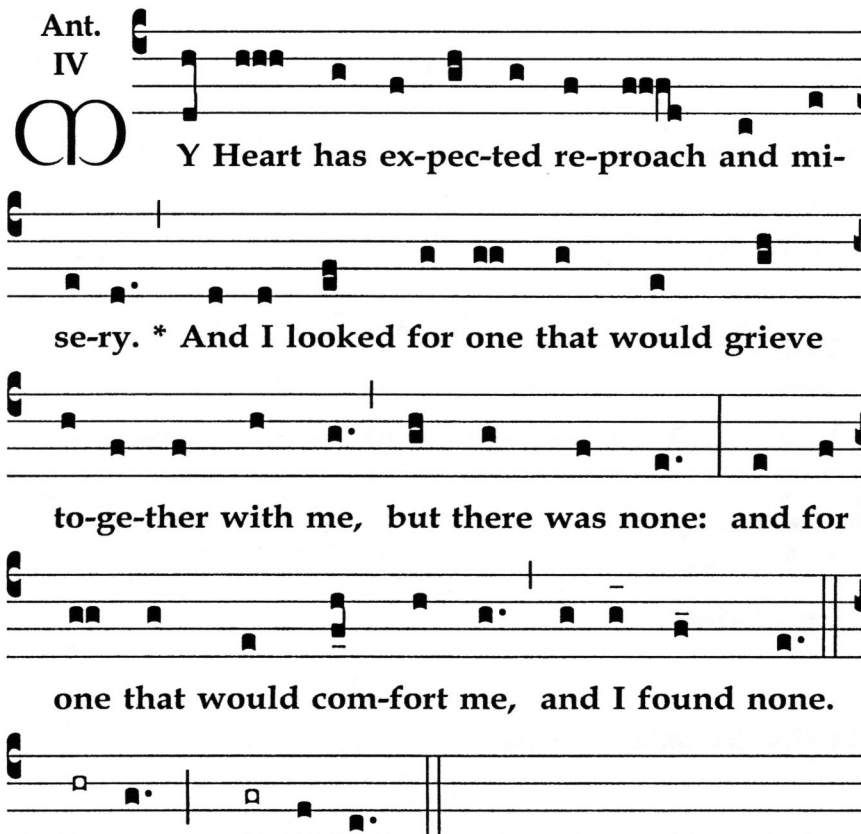
Know that he, the Lord, is God. †
He made us, we belong to him,
we are his people, the sheep of his flock.

Indeed, how good is the Lord, †
eternal his merciful love.
He is faithful from age to age.



SONG OF MARY

Ant.
IV



Y Heart has ex-pec-ted re-proach and mi-
se-ry. * And I looked for one that would grieve
to-ge-ther with me, but there was none: and for
one that would com-fort me, and I found none.



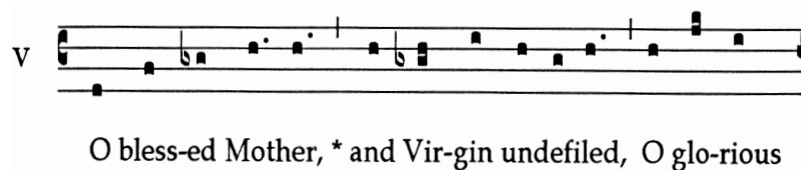
LITANY

℣ Lord, have mercy.

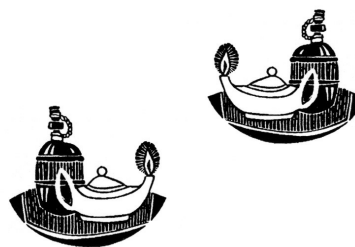
℟ Christ, have mercy. Lord, have mercy.

COMMEMORATION OF OUR LADY

V



O bless-ed Mother, * and Vir-gin undefiled, O glo-rious



LORD'S PRAYER

PRAYER

CONCLUDING VERSE

℣
II



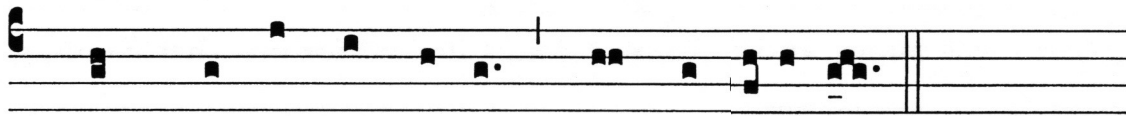
ET us bless the Lord. ℟ Thanks be to God.

Vigils

INVITATORY

The invitatory antiphon is sung in its entirety only before and after the psalm.

Inv.
VIII
C



HRIST who suf-fered for us-- * Come, let us a-dore!

HYMN

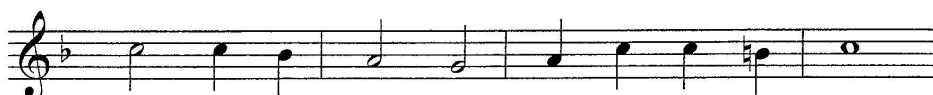
O SACRED HEART



1. O Sa-cred Heart, O Heart of Je - sus, hear!
2. Pierced by the lance on Cal - v'ry's cru - el tree,
3. O Sa-cred Heart, which shows such love for men,



1. O Sa-cred Heart a - flame with love di - vine!
2. A sav-ing flood of price - less gra - ces poured,
3. O Sa-cred Heart, so lit - tle loved in turn,



1. Take Thou my heart, draw me each day more near;
2. From His dear Heart, whose Blood was shed for me;
3. Take Thou my heart and make it Thine a - gain:



1. TakeThou my heart and let it rest in Thine.
2. The Sa - cred Heart of my e - ter - nal Lord.
3. May it with love of Thee for - ev - er burn. A - men.



TUNE: *Toulon*, 10.10.10.10, *Genevan Psalter*, 1551

TEXT: Isabel Williams, + 1911, alt; St. 3: C.G. Arnold, C.S.B., 1958

NOCTURN I**PSALM 8**

Ant.
VI

W HAT is man, that you make much of him,* or set your Heart up-on him?

]

How great is your name, O Lord our God,
through all the earth!

Your majesty is praised above the heavens;
on the lips of children and of babes

you have found praise to foil your enemy,
to silence the foe and the rebel.

When I see the heavens, the work of your hands,
The moon and the stars which you arranged,

what is man that you should keep him in mind,
mortal man that you care for him?

Yet you have made him little less than a god;
with glory and honor you crowned him,

gave him power over the works of your hand,
put all things under his feet.

All of them, sheep and cattle,
yes, even the savage beasts,

birds of the air, and fish
that make their way through the waters.

How great is your name, O Lord our God,
through all the earth

Glory . . .

PSALM 45 *[Read by the Psalmist]*

God is for us a refuge and strength,
a helper close at hand, in time of distress:

so we shall not fear though the earth should rock,
though the mountains fall into the depths of the sea,

even though its waters rage and foam,
even though the mountains be shaken by its waves.

The Lord of host is with us:
the God of Jacob is our stronghold.

The waters of a river give joy to God's city,
the holy place where the Most High dwells.

God is within, it cannot be shaken;
God will help it at the dawning of the day.

Nations are in tumult, kingdoms are shaken:
he lifts his voice, the earth shrinks away.

The Lord of hosts is with us:
the God of Jacob is our stronghold.

Come consider the works of the Lord
the redoubtable deeds he has done on the earth.

He puts an end to wars over all the earth; †
the bow he breaks, the spear he snaps.
[He burns the shields with fire.]

'Be still and know that I am God,
supreme among the nations, supreme on the earth!'

The Lord of hosts is with us:
the God of Jacob is our stronghold.

Glory . . .

PSALM 84

Ant.
VII

T

HE Lord will make us pros-per; * he will speak of peace for his peo-ple.

O Lord, you once favored your land
and revived the fortunes of Jacob,

you forgave the guilt of your people
and covered all their sins.

You averted all your rage,
you calmed the heat of your anger.

Revive us now, God, our helper!
Put an end to your grievance against us.

Will you be angry with us for ever,
will your anger never cease?

Will you not restore again our life
that your people may rejoice in you?

Let us see, O Lord, your mercy
and give us your saving help.

I will hear what the Lord God has to say,
a voice that speaks of peace,

peace for his people and his friends
and those who turn to him in their hearts.

His help is near for those who fear him
and his glory will dwell in our land.

Mercy and faithfulness have met;
justice and peace have embraced.

Faithfulness shall spring from the earth
and justice look down from heaven.

The Lord will make us prosper
and our earth shall yield its fruit.

Justice shall march before him
and peace shall follow his steps.

Glory . . .

SILENT PRAYER – READING – SILENT PRAYER



NOCTURN II**PSALM 85****Ant.
IV****O****Lord, you are good and for-giv-ing, * full of love to all who call.**

Turn your ear, O Lord, and give answer
for I am poor and needy.

Preserve my life, for I am faithful:
save the servant who trusts in you.

You are my God, have mercy on me, Lord,
for I cry to you all the day long.

Give joy to your servant, O Lord,
for to you I lift up my soul.

O Lord, you are good and forgiving,
full of love to all who call.

Give heed, O Lord, to my prayer
and attend to the sound of my voice.

In the day of distress I will call
and surely you will reply.

Among the gods there I none like you, O Lord;
nor work to compare with yours.

All nations shall come to adore you
and glorify your name, O Lord:

for you are great and do marvelous deeds,
you who alone are God.

Show me, Lord, your way †
so that I may walk in your truth.
Guide my hear to fear your name.

I will praise you, Lord my God, with all my heart
and glorify you name for ever;

for your love to me has been great:
you have saved me from the depths of the grave.

The proud have risen against me; †
ruthless men seek my life:
to you they pay no heed.

But you, God of mercy and compassion,
slow to anger, O Lord,

abounding in love and truth,
turn and take pity on me.

O give your strength to your servant
and save your handmaid's son.

Show me a sign of your favor †
that my foes may see to their shame
that you console me and give me your help.

Glory . . .

PSALM 95 *[Read by the Psalmist]*

O sing a new song to the Lord, †
sing to the Lord all the earth.
O sing to the Lord, bless his name.

Proclaim his help day by day, †
tell among the nations his glory
and his wonders among all the peoples.

The Lord is great and worthy of praise, †
to be feared above all gods;
the gods of the heathens are naught.

It was the Lord who made the heavens, †
his are majesty and state and power
and splendor in his holy place.

Give the Lord, you families of peoples, †
give the Lord glory and power,
give the Lord the glory of his name.

Bring an offering and enter his courts, †
worship the Lord in his temple.
O earth, tremble before him.

Proclaim to the nations: 'God is king.' †
The world he made firm in its place;
he will judge the peoples in fairness.

Let the heavens rejoice and earth be glad,
let the sea and all within it thunder praise,

let the land and all it bears rejoice,
all the trees of the wood shout for joy

at the presence of the Lord for he comes,
he comes to rule the earth.

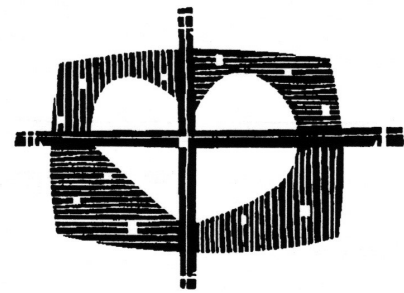
With justice he will rule the world,
he will judge the peoples with his truth.

Glory . .



PSALM 97**Ant.****I****A****LL the ends of the earth * have seen the sal-va-tion of our God.**Sing a new song to the Lord
for he has worked wonders.His right hand and his holy arm
have brought salvation.The Lord has made known his salvation;
has shown his justice to the nations.He has remembered his truth and love
for the house of Israel.All the ends of the earth have seen
the salvation of our God.Shout to the Lord all the earth,
ring out your joy.Sing psalms to the Lord with the harp
with the sound of music.With trumpets and the sound of the horn
acclaim the King, the Lord.Let the sea and all with it, thunder;
the world, and all its peoples.Let the rivers clap their hands
and the hills ring out their joyat the presence of the Lord: for he comes,
he comes to rule the earth.He will rule the world with justice
and the peoples with fairness.

Glory . . .

SILENT PRAYER – READING – SILENT PRAYER**RESPONSORY****Resp.****VI****C****HRIST has borne our sins; * it is He who grieves for us. ∇ Tru -ly he has borne our in-****fir-mi-ties. It is He. ∇ Glo-ry be to the Fa-ther, and to the Son, and to the Ho-ly Spir-it. ⓧ Christ.**

GOSPEL Mt 11:25-30

DOXOLOGY *Te decet* [GEN 3]

Te decet
I
T O you be praise, * to you our hymns are due. To
 you all glo-ry, God, the Fa-ther, and on-ly Son, with the
 Spir-it Pa-ra-clete, for-ev-er and ev-er-more. A- men.

NOTE: it is not clear in the ordo which *te decet* will be used, so I've put them both here since there is room.

Te decet
V
T O you be praise and glo-ry, God, the Fa-ther,
 and on-ly Son, with the Ho - ly Spir-it, for-ev-
 er and ev -er. A - men.

PRAYER: O God, through your mercy we possess the treasures of your love in the Heart of your Son, the same Heart we wounded by our sins. Grant that we may make reparation to him for our faults by offering him the worship of our devotion. Through Jesus Christ.

Lauds

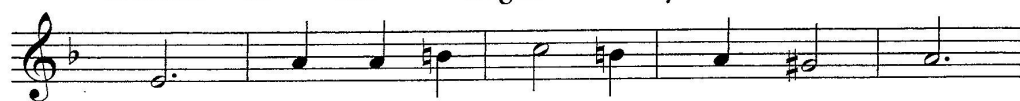
✠ O God, ✠ come to my assistance.

✠ O Lord, make haste to help me.

HEART OF OUR LORD, O LOVING HEART



1. Heart of our Lord, O lov - ing
2. O Je - sus, meek and pure of
3. Heart of the might - y Son of



1. Heart, For our of - fen - ses bruised and torn,
2. heart, Make thou our hearts like un - to thine.
3. God, See how our world is torn with strife;



1. Wound-ed, o - bey - ing un - to death,
2. There did the Word of God re - side,
3. All of our hope is placed in thee:



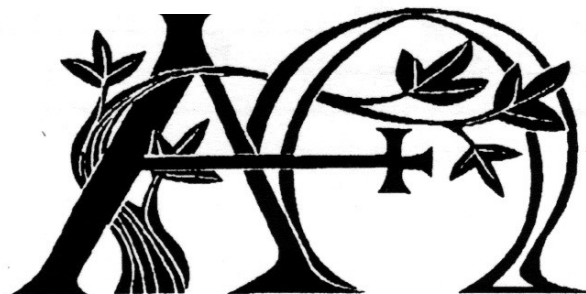
1. Cov - ered with sin - ners' bit - ter scorn.
2. There did his works re - splend - ent shine.
3. Grant us to see e - ter - nal life.



A - men.

TUNE: *Das Neugeborne, L.M., Melchior Vulpus, 1609*

TEXT: *Cor dulce, cor amabile, 20th c., Pius X Hymnal, 1952; Trans. New St. Basil Hymnal, 1958*




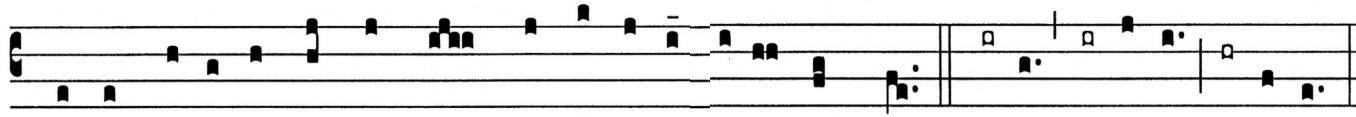
PSALM 102

Ant.

VII

S


 ING out, O heav-ens, * and re-joyce, earth, break forth in-to song, you moun-tains,


 for the mer-ci-ful Lord has washed our sins a-way in his own Blood.

My soul, give thanks to the Lord,
all my being, bless his holy name.

My soul, give thanks to the Lord,
and never forget all his blessings.

It is he who forgives all your guilt,
who heals every one of your ills,

who redeems your life from the grave,
who crowns you with love and compassion,

who fills your life with good things,
renewing your youth like an eagle's.

The Lord does deeds of justice,
gives judgment for all who are oppressed.

He made known his ways to Moses
and his deeds to Israel's sons.

The Lord is compassion and love,
slow to anger and rich in mercy.

His wrath will come to an end;
he will not be angry for ever.

He does not treat us according to our sins
nor repay us according to our faults.

For as the heavens are high above the earth
so strong is his love for those who fear him.

As far as the east is from the west
so far does he remove our sins.

As a father has compassion on his sons,
the Lord has pity on those who fear him;

for he knows of what we are made,
he remembers that we are dust.

As for man, his days are like grass;
he flowers like a flower of the field;

the wind blows and he is gone
and his place never sees him again.

But the love of the Lord is everlasting †
upon those who hold him in fear;
his justice reaches out to children's children

when they keep his covenant in truth,
when they keep his will in their mind.

The Lord has set his sway in heaven
and his kingdom is ruling over all.

Give thanks to the Lord, all his angels, †
mighty in power, fulfilling his word,
who heed the voice of his word.

Give thanks to the Lord, all his hosts,
his servants who do his will.

Give thanks to the Lord all his works, †
in every place where he rules.
My soul, give thanks to the Lord!

Glory . . .

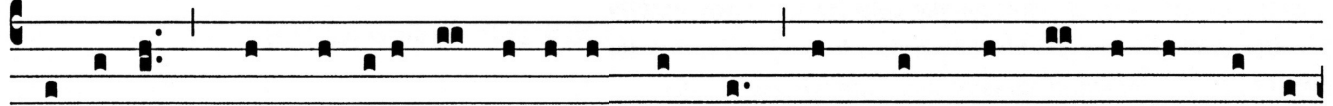


PSALM 62

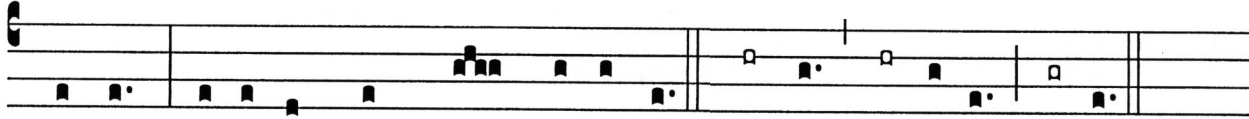
Ant.

IV

A



ND I said: * Then have I in vain jus-ti-fied my Heart, and washed my hands a-mong the in-



no-cent; and I have been scourged all the day.

O God, you are my God, for you I long;
for you my soul is thirsting.

My body pines for you
like a dry, weary land without water.

So I gaze on you in the sanctuary
to see your strength and your glory.

For your love is better than life,
my lips will speak your praise.

So I will bless you all my life,
in your name I will lift my hands.

My soul shall be filled as with a banquet,
my mouth shall praise you with joy.

On my bed I remember you.
On you I muse through the night

for you have been my help;
in the shadow of your wings I rejoice.

My soul clings to you;
your right hand holds me fast.

Those who seek to destroy my life
shall go down to the depths of the earth.

They shall be put into the power of the sword
and left as the prey of the jackals.

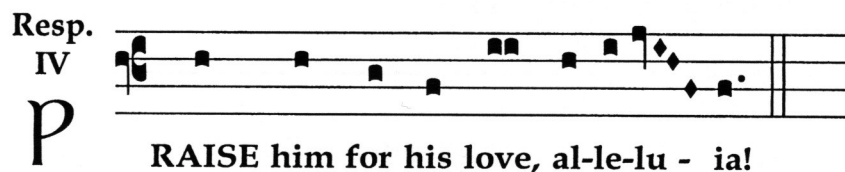
But the king shall rejoice in God; †
(all that swear by him shall be blessed)
for the mouth of liars shall be silenced.

Glory . . .



READING

RESPONSORIAL PSALM 148



Praise the Lord from the heavens,
praise him in the heights.

all mountains and hills,
all fruit trees and cedars,

Praise him, all his angels,
praise him, all his host.

beasts, wild and tame,
reptiles and birds on the wing;

Praise him, sun and moon,
praise him, shining stars.

all earth's kings and peoples,
earth's princes and rulers;

Praise him, highest heavens
and the waters above the heavens.

young men and maidens,
old men together with children.

Let them praise the name of the Lord.
He commanded: they were made.

Let them praise the name of the Lord
for he alone is exalted.

He fixed them for ever,
gave a law which shall not pass away.

The splendor of this name
reaches beyond heaven and earth.

Praise the Lord from the earth,
sea creatures and all oceans,

He exalts the strength of his people.
He is the praise of all his saints,

fire and hail, snow and mist,
stormy winds that obey his word;

of the sons of Israel,
of the people to whom he comes close.

Glory . . .



SONG OF ZACHARY

Ant.

IV

H

E was wound-ed for our in-i-qui-ties, * he
 was bruised for our sins: the chastisement of our
 peace was up-on him, and by his stripes we are
 healed.

See inside back cover for Song of Zachary

LITANY

Ÿ Lord, have mercy.

℞ Christ, have mercy. Lord, have mercy.

COMMEMORATION OF OUR LADY

III

Ho-ly Mother of God, * Mary e-ver virgin, in-ter-cede
 for us with the Lord our God. (P.T.) al-le-lu-ia, al-le-lu - ia.

LORD'S PRAYER

PRAYER

CONCLUDING VERSE

Ÿ

II

L

ET us bless the Lord. ℞ Thanks be to God.

Terce

Ÿ O God, ✠ come to my assistance.

℞ O Lord, make haste to help me.

Glory . . .

COME, HOLY SPIRIT, EVER ONE

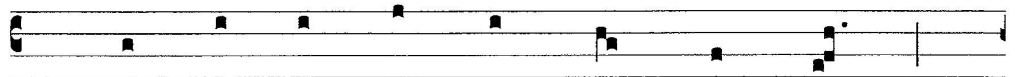
FESTAL



1. Come, Ho- ly Spir- it, ev- er One
2. Let flesh and heart and lips and mind
3. Al- might- y Fa- ther, hear our cry,



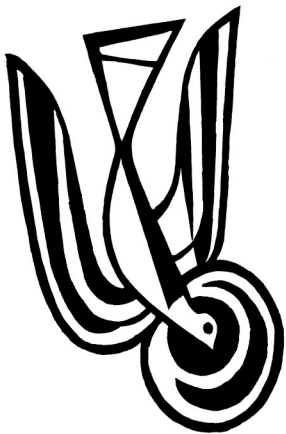
1. with God the Fa- ther and the Son:
2. sound forth our wit- ness to man- kind:
3. through Je- sus Christ our Lord most high,



1. it is the hour, our souls pos- sess
2. and love light up our mor- tal frame,
3. and with the Spir- it Par- a- clete,



1. with your full flood of ho- li- ness.
2. till oth- ers catch the liv- ing flame.
3. whose reign the end- less a- ges greet. A- men.



PSALMS 119, 120, 121

Ant.
V
p

UT me as a seal up-on your heart, * as a seal up-on your arm.

Psalm 119

To the Lord in the hour of my distress
I call and he answers me.

The Lord will guard you from evil,
he will guard your soul.

'O Lord. save my soul from lying lips,
from the tongue of the deceitful.'

The Lord will guard your going and coming
both now and for ever.

Glory . . .

What shall he pay you in return,
O treacherous tongue?

Psalm 121

I rejoiced when I heard them say:
'Let us go to God's house.'

The warrior's arrows sharpened
and coals, red-hot, blazing.

And now our feet are standing
within your gates, O Jerusalem.

Alas, that I abide a stranger in Meschech,
dwell among the tents of Kedar!

Jerusalem is built as a city
strongly compact.

Long enough have I been dwelling
with those who hate peace.

It is there that the tribes go up,
the tribes of the Lord.

I am for peace, but when I speak,
they are for fighting.

Glory . . .

For Israel's law it is,
there to praise the Lord's name.

Psalm 120

I lift up my eyes to the mountains:
from where shall come my help?

There were set the thrones of judgment
of the house of David.

My help shall come from the Lord
who made heaven and earth.

For the peace of Jerusalem pray:
'Peace be to your homes!'

May he never allow you to stumble!
Let him sleep not, your guard.

May peace reign in your walls,
in your palaces, peace!'

No, he sleeps not nor slumbers,
Israel's guard.

For love of my brethren and friends
I say: 'Peace upon you!'

The Lord is your guard and your shade;
at your right side he stands.

For love of the house of the Lord
I will ask for your good.

Glory . . .

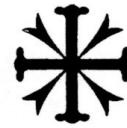
By day the sun shall not smite you
nor the moon in the night.

READING

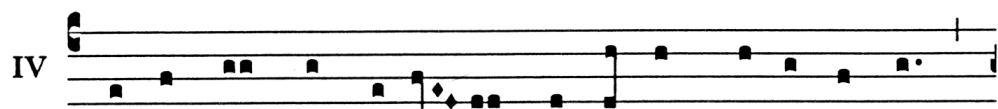
LITANY

℣ Lord, have mercy.

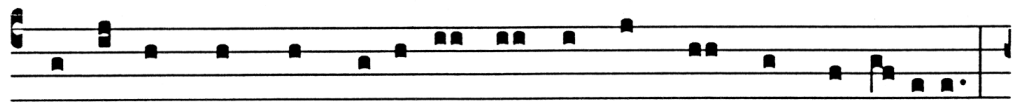
℟ Christ, have mercy. Lord, have mercy.



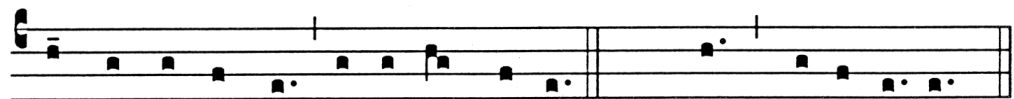
COMMEMORATION OF OUR LADY



In the bush seen by Moses, * as burning yet unconsumed,



we re-cog-nize the preser-va-tion of your glorious virginity:



O Mother of God, intercede for us. (P.T.) us, al-le-lu-ia.

PRAYER

CONCLUDING VERSE

℣ May God's help remain with us always

℟. And with our brothers and sisters who are away.

℣ May the souls of all the departed, through the mercy of God, rest in peace.

℟. Amen



Sext

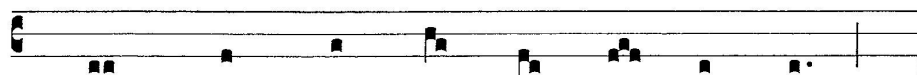
✠ O God, ✠ come to my assistance.

℟ O Lord, make haste to help me.

Glory . . .

O GOD OF TRUTH, O LORD OF MIGHT

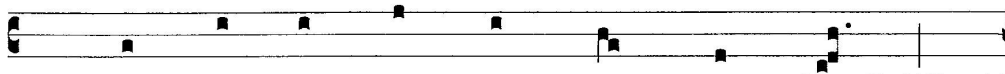
FESTAL



1. O God of truth, O Lord of might,
2. Ex- tin- guish now each sin- ful fire
3. Al- might- y Fa- ther, hear our cry,



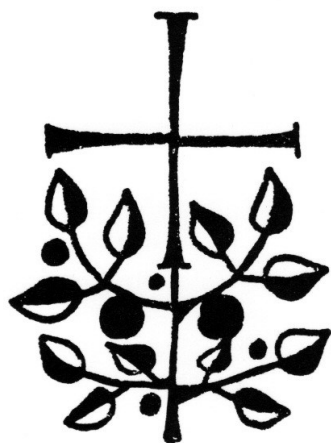
1. who or- der time and change a- right,
2. and ban- ish ev'- ry false de- sire;
3. through Je- sus Christ our Lord most high,



1. who send the ear- ly morn- ing ray
2. and while you keep the bod- y whole,
3. and with the Spir- it Par- a- clete,

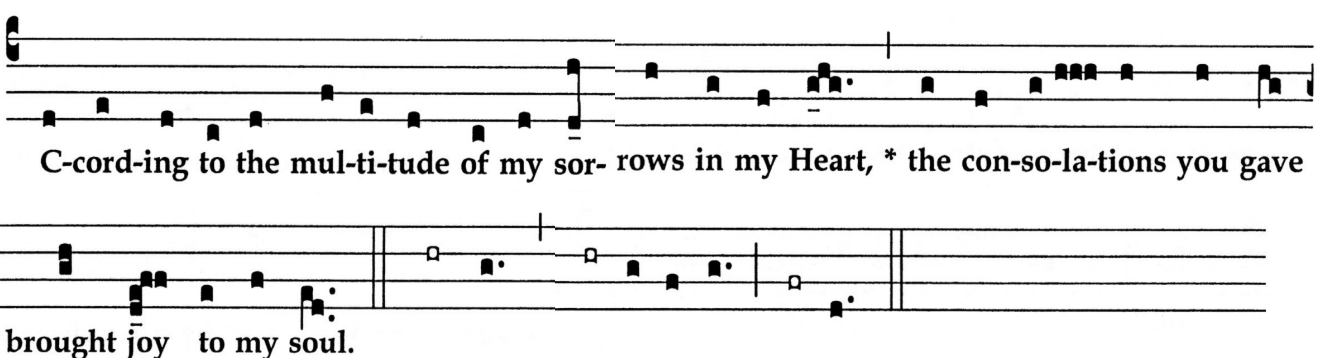


1. and light the glow of per- fect day.
2. shed forth your peace up- on the soul.
3. whose reign the end- less a- ges greet. A- men.



PSALMS 122, 123, 124

Ant.
I



C-cord-ing to the mul-ti-tude of my sor-rows in my Heart, * the con-so-la-tions you gave
me brought joy to my soul.

Psalm 122

To you have I lifted my eyes,
you who dwell in the heavens:

my eyes, like the eyes of slaves
on the hand of their lords.

Like the eyes of a servant
on the hand of her mistress.

so our eyes are on the Lord our God
till he show us his mercy.

Have mercy on us, Lord, have mercy.
We are filled with contempt.

Indeed all too full is our soul †
with the scorn of the rich,
(with the proud man's disdain).

Glory ---

Psalm 123

'If the Lord had not been on our side,'
this is Israel's song.

'If the Lord had not been on our side
when men rose against us,

then would they have swallowed us alive
when their anger was kindled.

Then would the waters have engulfed us,
the torrent gone over us;

over our head would have swept
the raging waters.'



Blessed be the Lord who did not give us
a prey to their teeth!

Our life, like a bird, has escaped
from the snare of the fowler.

Indeed the snare has been broken
and we have escaped.

Our help is in the name of the Lord,
who made heaven and earth.

Glory . .

Psalm 124

Those who put their trust in the Lord †
are like Mount Zion, that cannot be shaken,
that stands for ever.

Jerusalem! The mountains surround her, †
so the Lord surrounds his people
both now and for ever.

For the scepter of the wicked shall not rest
over the land of the just

for fear that the hands of the just
should turn to evil.

Do good, Lord, to those who are good,
to the upright of heart;

But the crooked and those who do evil, †
drive them away!
On Israel, peace!

Glory . .

READING

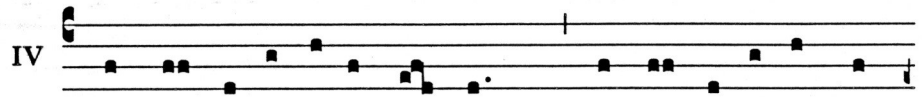
LITANY

✠ Lord, have mercy.

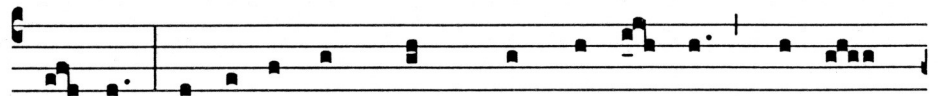
✠ Christ, have mercy. Lord, have mercy.



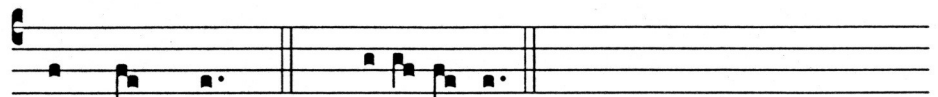
COMMEMORATION OF OUR LADY



The root of Jesse has blossomed; * the star of Ja-cob has



ris- en; a Virgin has brought forth the Sav-ior. Our God,



we praise you. (P.T.) al-le-lu-ia.

PRAYER



CONCLUDING VERSE

✠ May God's help remain with us always

✠ And with our brothers and sisters who are away.

✠ May the souls of all the departed, through the mercy of God, rest in peace.

✠ Amen

At the conclusion of Sext, there is a period of silence during which one may consider the events of the day. When the bells ring, stand and pray the Angelus silently. (The Angelus may be found on the inside back cover of this booklet.)

None

✠ O God, ✠ come to my assistance.

✠ O Lord, make haste to help me.

Glory . . .

O GOD, CREATION'S SECRET FORCE

FESTAL



1. O God, cre- a- tion's se- cret force,
2. Your light at e- ven- tide im- part,
3. Al- might- y Fa- ther, hear our cry,



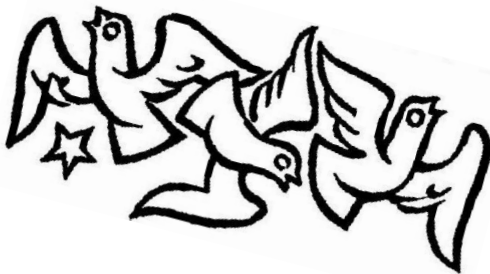
1. your- self un- moved, all mo- tion's source,
2. that light from us may ne'er de- part;
3. through Je- sus Christ our Lord most high,



1. who from the morn till eve- ning's ray
2. but let a ho- ly death ac- cord
3. and with the Spir- it Par- a- clete,



1. through ev'- ry change di- rect the day.
2. e- ter- nal glo- ry with the Lord.
3. whose reign the end- less a- ges greet. A- men.



PSALMS 125, 126, 127

Ant.
IV

HE place is ho- ly, * the place where the Most High dwells.

Psalm 125

When the Lord delivered Zion from bondage,
It seemed like a dream.

Then was our mouth filled with laughter,
on our lips there were songs.

The heathens themselves said: 'What marvels
the Lord worked for them!'

What marvels the Lord worked for us!
Indeed we were glad.

Deliver us, O Lord, from our bondage
as streams in dry land.

Those who are sowing in tears
will sing when they reap.

They go out, they go out, full of tears,
carrying seed for sowing:

they come back, they come back, full of song,
carrying their sheaves.

Psalm 126

If the Lord does not build the house,
in vain do its builders labour;

if the Lord does not watch over the city,
in vain does the watchman keep vigil.

In vain is your earlier rising,
your going later to rest,

you who toil for the bread you eat;
when he pours gifts on his beloved while they slum-
ber.

Truly sons are a gift from the Lord,
a blessing, the fruit of the womb.

Indeed the sons of youth
are like arrows in the hand of a warrior.

O the happiness of the man
who has filled his quiver with these arrows!

He will have no cause for shame
when he disputes his foes in the gateways.

Glory . . .

Psalm 127

O blessed are those who fear the Lord
and walk in his ways!

By the labor of your hands you shall eat.
You will be happy and prosper;

your wife like a fruitful vine
in the heart of your house;

Glory . . . your children like shoots of the olive,
around the table.

Indeed thus shall be blessed
the man who fears the Lord.

May the Lord bless you from Zion
all the days of your life!

May you see your children's children †
in a happy Jerusalem!
On Israel, peace!

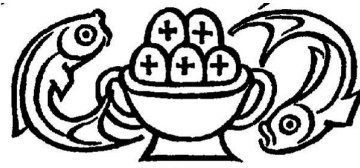
Glory . . .



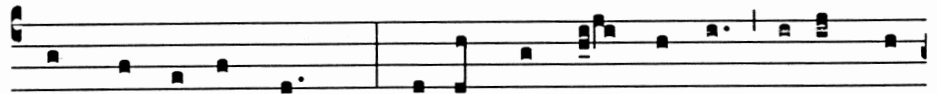
READING**LITANY**

℣ Lord, have mercy.

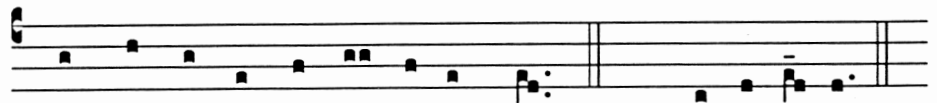
℟ Christ, have mercy. Lord, have mercy.

**COMMEMORATION OF OUR LADY**

Be-hold, Mary has given birth to our Sav-ior! * When John



saw him he ex-claimed, "Behold the Lamb of God; behold him



who takes a-way the sins of the world." (P.T.) al- le- lu - ia.

PRAYER**CONCLUDING VERSE**

℣ May God's help remain with us always

℟. And with our brothers and sisters who are away.

℣ May the souls of all the departed, through the mercy of God, rest in peace.

℟. Amen



Benediction Hymns

JESUS, THE VERY THOUGHT OF THEE

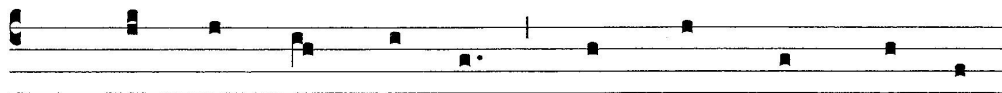
Mode III



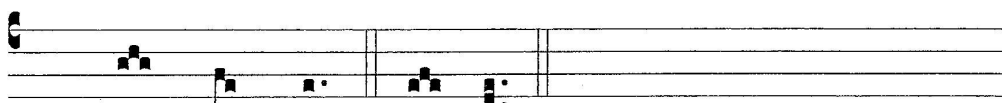
1. Je- sus, the ver- y thought of thee
2. O hope of ev- 'ry con- trite heart,
3. But what to those who find? Ah, this
4. Je- sus, our on- ly joy be thou,



1. With sweet- ness fills the breast; But sweet- er
2. O joy of all the meek, To those who
3. Nor tongue nor pen can show; The love of
4. As thou our prize wilt be; In thee be



1. far thy face to see, And in thy bless- ed
2. fall, how kind thou art! How good thou art to
3. Je- sus, what it is, None but who tru- ly
4. all our glo- ry now, And ev- er, through e-



1. pres- ence rest.
2. those who seek.
3. love him know.
4. ter- ni- ty. A- men.

TUNE: *Jesu dulcis memoria*, Hymnarium Cisterciense

TEXT: *Jesu, dulcis memoria*, 12th century



O SACRED HEART



1. O Sa-cred Heart, O Heart of Je - sus, hear!
2. Pierced by the lance on Cal - v'ry's cru - el tree,
3. O Sa-cred Heart, which shows such love for men,



1. O Sa-cred Heart a - flame with love di - vine!
2. A sav-ing flood of price - less gra - ces poured,
3. O Sa-cred Heart, so lit - tle loved in turn,



1. Take Thou my heart, draw me each day more near;
2. From His dear Heart, whose Blood was shed for me;
3. Take Thou my heart and make it Thine a - gain:



1. TakeThou my heart and let it rest in Thine.
2. The Sa - cred Heart of my e - ter - nal Lord.
3. May it with love of Thee for - ev - er burn. A - men.

TUNE: *Toulon*, 10.10.10.10, Genevan Psalter, 1551

TEXT: Isabel Williams, + 1911, alt; St. 3: C.G. Arnold, C.S.B., 1958



Second Vespers

✠ O God, ✠ come to my assistance.

✠ O Lord, make haste to help me.

Glory . . .

JESUS, FOR US DIDST HANG ON ROOD



1. Je - sus, for us didst hang on
 2. Je - sus, my Love! Of heart so
 3. Je - sus, grant me such love of

1. Rood, For love Thou gav - est Thine Heart's
 2. free, All this didst do for love of
 3. Thee That all my thought on Thee may

1. Blood, Love made of Thee our souls' True
 2. me, What shall I for this of - fer
 3. be, Turn Thou Thine eyes, I pray, on

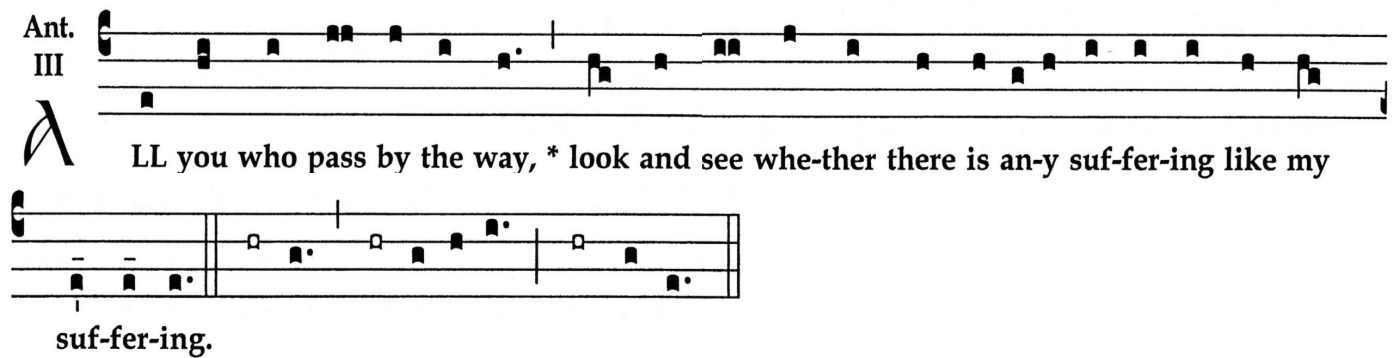
1. Food, Thy love has brought us to all good.
 2. Thee? Naught dost Thou crave but love from me.
 3. me, And gra - cious - ly my sor - row see!

A - men.

TUNE: *Jesus, My Love, L.M., Strassburg, 1590*

TEXT: Richard Rolle, + 1349

PSALM 21



My God, my God, why have you forsaken me?
You are far from my plea and the cry of my distress.

My God, I call by day and you give no reply;
I call by night and I find no peace.

Yet you, O God, are holy,
enthroned on the praises of Israel.

In you our fathers put their trust;
they trusted and you set them free.

When they cried to you, they escaped.
In you they trusted and never in vain.

But I am a worm and no man,
the butt of men, laughing-stock of the people.

All who see me deride me.
They curl their lips, they toss their heads.

'He trusted in the Lord, let him save him;
let him release him if this is his friend.'

Yes, it was you who took me from the womb,
entrusted me to my mother's breast.

To you I was committed from my birth,
from my mother's womb you have been my God.

Do not leave me alone in my distress;
come close, there is none else to help.

Many bulls have surrounded me,
fierce bulls of Bashan close me in.

Against me they open wide their jaws,
like lions, rending and roaring.

Like water I am poured out,
disjointed are all my bones.

My heart has become like wax,
it is melted within my breast.

Parched as burnt clay is my throat,
my tongue cleaves to my jaws.

Many dogs have surrounded me,
a band of the wicked beset me.

They tear holes in my hands and my feet
and lay me in the dust of death.

I can count every one of my bones.
These people stare at me and gloat;

they divide my clothing among them.
They cast lots for my robe.

Lord, do not leave me alone,
my strength, make haste to help me!

Rescue my soul from the sword,
my life from the grip of these dogs.

Save my life from the jaws of these lions,
my poor soul from the horns of these oxen.

I will tell of your name to my brethren
and praise you where they are assembled.

'You who fear the Lord give him praise; †
all sons of Jacob, give him glory.
Revere him, Israel's sons

—>

For he has never despised
nor scorned the poverty of the poor.

From him he has not hidden his face,
but he heard the poor man when he cried.'

You are my praise in the great assembly.
My vows I will pay before those who fear him.

The poor shall eat and shall have their fill. †
They shall praise the Lord, those who seek him.
May their hearts live for ever and ever!

All the earth shall remember and return to the Lord, †
all families of the nations worship before him
for the kingdom is the Lord's; he is ruler of the na-
tions.

They shall worship him, all the mighty of the earth;
before him shall bow all who go down to the dust.

And my soul shall live for him, my children serve him.
They shall tell of the Lord to generations yet to come,

declare his faithfulness to peoples yet unborn:
'These things the Lord has done.'

Glory . . .



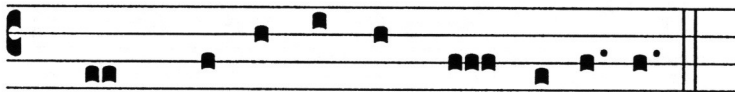
READING

CANTICLE FROM EPHESIANS

Resp.

II

p



RAISED be the Sa-cred Heart of Je-sus!

Praised be the God and Father
of our Lord Jesus Christ,

who bestowed on us in Christ
every spiritual blessing in the heavens.

God chose us in him before the world began
to be holy and blameless in his sight.

He predestined us to be his adopted children †
through Jesus Christ
such was his will and pleasure

that all might praise the glorious favor
that he has bestowed on us in his beloved.

In him and through his blood
we have been redeemed and our sins forgiven

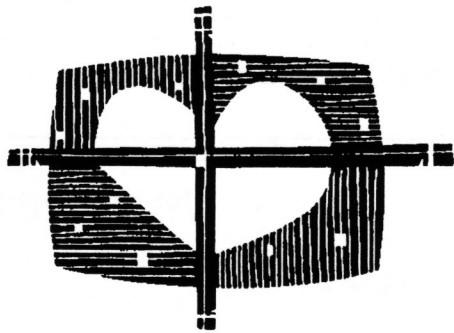
so immeasurably generous
is God's favor to us.

God has given us the wisdom
to understand fully the mystery,

the plan to be carried out in Christ,
in the fullness of time,

to bring all things into one in him
in the heavens and on the earth.

Glory . . .



SONG OF MARY

Ant.

I

W

HEN they came to Je-sus, * and saw that
he was al-read-y dead, they did not break his
legs; but one of the sol-diers o - pened his side

See inside back cover for the Song of Mary

LITANY

V Lord, have mercy.

R Christ, have mercy. Lord, have mercy.

COMMEMORATION OF OUR LADY

v

O bless-ed Mother, * and Vir-gin undefiled, O glo-rious
Queen of the world, plead for us before the Lord.

LORD'S PRAYER

PRAYER

CONCLUDING VERSE

V

II

L

ET us bless the Lord. R Thanks be to God.

