United States Securities and Exchange CommissionWashington, D.C. 20549

Form 10-0

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\boxtimes	QUARTERLY REPORT PURSUANT TO SECTION ACT OF 1934	ON 13 OR 15 (d) OF THE SECURITIES EXCHANGE
	For the quarterly period O	
	TRANSITION REPORT PURSUANT TO SECTION ACT OF 1934	ON 13 OR 15 (d) OF THE SECURITIES EXCHANGE
	For the transition period for Commission File N	
	Ga	ia
	GAIA	,
	(Exact name of registrant	as specified in its charter)
	COLORADO (State or other jurisdiction of incorporation or organization)	84-1113527 (I.R.S. Employer Identification No.)
	833 WEST SOUTH LOUISVILLE, CO (Address of princips	DLORADO 80027
	(303) 22 (Registrant's telephone nur	
		eports required to be filed by Section 13 or 15 (d) of the Securities h shorter period that the registrant was required to file such reports) as. YES NO
	Indicate by check mark whether the registrant has submitted ele- eractive Data File required to be submitted and posted pursuant to F ceding 12 months (or for such shorter period that the registrant was	Rule 405 of Regulation S-T (§232.405 of this chapter) during the
	Indicate by check mark whether the registrant is a large accelerating company, or an emerging growth company. See the definition apany," and "emerging growth company" in Rule 12b-2 of the Exc	ns of "large accelerated filer," "accelerated filer," "smaller reporting
Non-	ge accelerated filer n-accelerated filer cerging growth company	Accelerated filer Smaller reporting company
com	If an emerging growth company, indicate by check mark if the raplying with any new or revised financial accounting standards pro	egistrant has elected not to use the extended transition period for vided pursuant to Section 13(a) of the Exchange Act. \Box
Act)	Indicate by check mark whether the registrant is a shell company). YES \square NO \boxtimes	y (as defined in Rule 12b-2 of the Exchange
	Indicate the number of shares outstanding of each of the issuer's	classes of common stock, as of the latest practicable date:
	Class A Common Stock (\$.0001 par value) Class B Common Stock (\$.0001 par value)	Outstanding at May 3, 2018 12,483,728 5,400,000

GAIA, INC. FORM 10-Q

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PART I—FINANCIAL INFORMATION

Item 1. Financial Statements (Unaudited)

Unaudited Interim Condensed Consolidated Financial Statements

We have prepared our unaudited interim condensed consolidated financial statements included herein pursuant to the rules and regulations of the Securities and Exchange Commission. Certain information and note disclosures normally included in annual financial statements prepared in accordance with accounting principles generally accepted in the United States have been condensed or omitted pursuant to these rules and regulations, although we believe that the disclosures made are adequate to make the information not misleading. In our opinion, the unaudited interim condensed consolidated financial statements contain all adjustments (consisting of only normal recurring adjustments) necessary to present fairly, in all material respects, our consolidated financial position as of March 31, 2018, the interim results of operations for the three months ended March 31, 2018 and 2017, and cash flows for the three months ended March 31, 2018 and 2017. Operating results for the three-month period ended March 31, 2018 are not necessarily indicative of the results that may be expected for a full year or any future interim period. These interim statements have not been audited. The balance sheet as of December 31, 2017 was derived from our audited consolidated financial statements included in our annual report on Form 10-K. The interim condensed consolidated financial statements contained herein should be read in conjunction with our audited consolidated financial statements, including the notes thereto, for the year ended December 31, 2017.

GAIA, INC.

Condensed Consolidated Balance Sheets

	N	Iarch 31,	De	ecember 31,
(in thousands, except share and per share data)	2018		2017	
	(u	naudited)		
ASSETS				
Current assets:				
Cash	\$	50,671	\$	32,778
Accounts receivable		1,305		1,055
Prepaid expenses and other current assets		3,385		3,082
Total current assets		55,361		36,915
Building and land, net		18,287		17,028
Media library, software and equipment, net		21,662		20,387
Goodwill		10,609		10,609
Investments and other assets		12,718		12,040
Total assets	\$	118,637	\$	96,979
LIABILITIES AND EQUITY		_		
Current liabilities:				
Accounts payable, accrued and other liabilities	\$	6,328	\$	16,848
Deferred revenue		4,407		3,316
Total current liabilities		10,735		20,164
Deferred taxes		164		663
Contingencies (Note 6)				
Equity:				
Gaia, Inc. shareholders' equity:				
Class A common stock, \$.0001 par value, 150,000,000 shares				
authorized, 12,483,546 and 9,769,961 shares issued and outstanding				
at March 31, 2018 and December 31, 2017, respectively		1		1
Class B common stock, \$.0001 par value, 50,000,000 shares				
authorized, 5,400,000 issued and outstanding				
at March 31, 2018 and December 31, 2017, respectively		1		1
Additional paid-in capital		138,181		100,560
Accumulated deficit		(30,445)		(24,410)
Total equity		107,738		76,152
Total liabilities and equity	\$	118,637	\$	96,979

See accompanying notes to the interim condensed consolidated financial statements.

GAIA, INC.

Condensed Consolidated Statements of Operations

	For the Three Months Ended March 31,			
(in thousands, except per share data)	2018	2017		
	(un	audited)		
Net revenues				
Streaming	\$ 9,138	3 \$ 5,209		
DVD subscription and other	477	575		
Total net revenues	9,615	5,784		
Cost of revenues				
Streaming	1,181	743		
DVD subscription and other	91	77		
Total cost of revenues	1,272	820		
Gross profit	8,343	4,964		
Expenses:		_		
Selling and operating	14,810	10,465		
Corporate, general and administration	1,411	1,352		
Total operating expenses	16,221	11,817		
Loss from operations	(7,878	(6,853)		
Interest and other income, net	17	7 44		
Loss before income taxes	(7,861	(6,809)		
Income tax benefit	(1,826	(629)		
Net loss	\$ (6,035	(6,180)		
Loss per share				
Basic and diluted	\$ (0.39)	<u>)</u> \$ (0.41)		
Weighted-average shares outstanding:				
Basic and diluted	15,364	15,153		

See accompanying notes to the interim condensed consolidated financial statements.

GAIA, INC.

Condensed Consolidated Statements of Cash Flows

	For the Three Months Ended March 31,		
(in thousands)		2018	2017
		(unaudited)	
Operating activities:			
Net loss	\$	(6,035) \$	(6,180)
Adjustments to reconcile net loss to net cash used in operating activities:			
Depreciation and amortization		1,550	1,041
Share-based compensation expense		254	413
Changes in operating assets and liabilities:			
Accounts receivable, net		(250)	(211)
Prepaid expenses and other assets		(981)	125
Accounts payable and accrued liabilities		1,481	(2,004)
Deferred revenue		1,091	625
Net cash used in operating activities		(2,890)	(6,191)
Investing activities:			
Additions to media library, property and equipment		(4,058)	(2,456)
Net cash used in investing activities		(4,058)	(2,456)
Financing activities:			
Repayments on line of credit		(12,500)	_
Proceeds from issuance of common stock		37,341	_
Net cash provided by financing activities		24,841	
Net increase (decrease) in cash		17,893	(8,647)
Cash at beginning of period		32,778	54,027
Cash at end of period	\$	50,671 \$	45,380

See accompanying notes to the interim condensed consolidated financial statements.

Notes to interim condensed consolidated financial statements

References in this report to "we", "us", "our" or "Gaia" refer to Gaia, Inc. and its consolidated subsidiaries, unless we indicate otherwise

1. Organization, Nature of Operations, and Principles of Consolidation

Gaia, Inc., was incorporated under the laws of the State of Colorado in 1988 and operates a global digital video subscription service and on-line community that caters to a unique and underserved subscriber base. Our digital content library of over 8,000 titles is available to our subscribers on most internet-connected devices anytime, anywhere commercial free. Our subscribers have unlimited access to a vast library of inspiring films, cutting edge documentaries, interviews, yoga classes, transformation related content, and more – 90% of which is exclusively available to our subscribers for digital streaming.

Our mission is to create a transformational network that empowers a global conscious community. Content on our network is currently curated into three channels, Yoga, Transformation and Seeking Truth, and delivered directly to our subscribers through our streaming platform. We curate programming for these channels by producing content in our in-house production studios with a staff of media professionals. This produced and owned content currently represents over 80% of total views. We complement our produced and owned content through long-term, predominately exclusive, licensing agreements.

In March 2018, we completed an underwritten public offering of 2,683,333 shares of our Class A common stock, which included 350,000 shares of Class A common stock issued pursuant to the over-allotment option granted to our underwriters, at a public offering price of \$15.00 per share. We received net proceeds of approximately \$37.1 million after deducting underwriting discounts and commissions and offering costs. A majority of our board of directors and executive management also participated in the offering.

We have prepared the accompanying unaudited interim condensed consolidated financial statements in accordance with accounting principles generally accepted in the United States ("GAAP") and they include our accounts and those of our subsidiaries. Intercompany transactions and balances have been eliminated. The unaudited condensed consolidated financial position, results of operations and cash flows for the interim periods disclosed in this report are not necessarily indicative of future financial results.

There have been no material changes in our significant accounting policies, other than the adoption of accounting pronouncements below, as compared to the significant accounting policies described in our Annual Report on Form 10-K for the year ended December 31, 2017.

Use of Estimates and Reclassifications

The preparation of financial statements in accordance with GAAP requires us to make estimates and assumptions that affect the amounts reported in the accompanying financial statements and disclosures. Although we base these estimates on our best knowledge of current events and actions that we may undertake in the future, actual results may be different from the estimates. We have made certain reclassifications to prior period amounts to conform to the current period presentations.

Recently Adopted Accounting Pronouncements

In May 2014, the Financial Accounting Standards Board ("FASB") issued ASU 2014-09, Revenue from Contracts with Customers (Topic 606) which amended the existing accounting standards for revenue recognition. ASU 2014-09 establishes principles for recognizing revenue upon the transfer of promised goods or services to customers, in an amount that reflects the expected consideration received in exchange for those goods or services. We adopted ASU 2014-09 in the first quarter of 2018 using the modified retrospective approach. Because our primary source of revenues is from monthly membership fees which are recognized ratably over each monthly membership period, the impact on our consolidated financial statements is not material.

Recently Issued Accounting Pronouncements Not Yet Adopted

In January 2017, the FASB issued ASU 2017-04, Intangibles – Goodwill and Other (Topic 350): Simplifying the Accounting for Goodwill Impairment, to simplify financial reporting by eliminating the need to determine the fair value of individual assets and liabilities of a reporting unit to measure goodwill impairment. We will adopt the new guidance in the fourth quarter of the current fiscal year when we perform our annual goodwill impairment analysis, with no expected impact on the results.

In February 2016, the FASB issued ASU No. 2016-02, Leases (Topic 842). The new standard establishes a right-of-use (ROU) model that requires a lessee to record a ROU asset and a lease liability on the balance sheet for all leases with terms longer than 12 months. Leases will be classified as either finance or operating, with classification affecting the pattern of expense recognition in the income

statement. The new standard is effective for fiscal years beginning after December 15, 2018, including interim periods within those fiscal years. Based on our preliminary assessment, we do not expect the new standard to have a material impact on our reported financial position or results of operations.

2. Revenue Recognition

Our primary source of revenues are from subscription fees. Subscribers are billed in advance at the start of their subscription and revenues are recognized ratably over the subscription period. Revenues are presented net of the taxes that are collected from members and remitted to governmental authorities. We are the principal in our partner relationships where we retain control over delivery to subscribers. For relationships where the partner controls the delivery to the subscriber, we recognize revenues on a net basis. Typically, payments made to partners for joint marketing activities are expensed.

Deferred revenue consists of subscription fees billed that have not been recognized. The vast majority of our deferred revenue is related to subscription fees that are expected to be recognized as revenue within the next month. The remaining deferred revenue balance is related to annual subscriptions, which will be recognized as revenue over the remaining subscription period, which is expected to occur over the next 12 months.

3. Equity and Share-Based Compensation

During the first three months of 2018, we issued 452 shares of our Class A common stock under our 2009 Long-Term Incentive Plan to our independent directors, in lieu of cash compensation, for services rendered in 2018. We valued the shares issued to our independent directors at estimated fair value based on the closing price of our shares on the date the shares were issued, which by policy is the last trading day of each quarter in which the services were rendered.

During the first three months of 2018 and 2017, we recognized \$254,000 and \$413,000, respectively, of associated stock compensation expense. Total share-based compensation expense is reported in selling and operating expenses and corporate, general and administration expenses on our condensed consolidated statements of operations. There were 29,800 options exercised during the first three months of 2018, with net proceeds of \$0.2 million.

4. Net Loss per Share

Basic net loss per share is computed by dividing the net loss by the weighted-average number of shares of common stock outstanding during the period. Diluted net loss per share is computed by giving effect to all potential shares of common stock, including stock options and restricted stock units, to the extent dilutive. Basic and diluted net loss per share were the same for the three months ended March 31, 2018 and 2017, as the inclusion of all potential common shares outstanding would have been anti-dilutive.

5. Income Taxes

Our provision for income taxes is comprised of the following:

	For the Three Months Ended March 31,			
(in thousands)	2018	2017		
Current:				
Federal	\$ —	\$ (107)		
State		(5)		
Total current		(112)		
Deferred:				
Federal	(1,818)	(495)		
State	(8)	(22)		
Total deferred	(1,826)	(517)		
Total income tax benefit	\$ (1,826)	\$ (629)		

The income tax benefit recorded during 2018 is a result of our historical alternative minimum tax payments becoming fully refundable in 2018. Periodically, we perform assessments of the realization of our net deferred tax assets considering all available evidence, both positive and negative. Based on our historical operating losses, combined with our plans to continue to invest in our revenue growth and generate losses for the next few years, we have a full valuation allowance on our deferred tax assets. As of March 31, 2018, our gross net operating loss carryforwards were \$40.0 million and \$12.9 million for federal and state, respectively.

6. Contingencies

From time to time, we are involved in legal proceedings that we consider to be in the normal course of business. We record accruals for losses related to those matters against us that we consider to be probable and that can be reasonably estimated. Based on available information, in the opinion of management, settlements, arbitration awards and final judgments, if any, that are considered probable of being rendered against us in litigation or arbitration in existence at March 31, 2018 and that can be reasonably estimated are either reserved against or would not have a material adverse effect on our financial condition, results of operations or cash flows.

Item 2.Management's Discussion and Analysis of Financial Condition and Results of Operations

Forward-Looking Statements

This report contains forward-looking statements that involve risks and uncertainties. When used in this discussion, we intend the words "anticipate," "believe," "plan," "estimate," "expect," "strive," "future," "intend", "will" and similar expressions as they relate to us to identify such forward-looking statements. Our actual results could differ materially from the results anticipated in these forward-looking statements as a result of certain factors set forth under "Risk Factors," "Management's Discussion and Analysis of Financial Condition and Results of Operations," "Quantitative and Qualitative Disclosures About Market Risk" and elsewhere in this Form 10-Q. Risks and uncertainties that could cause actual results to differ include, without limitation, general economic conditions, ongoing losses, competition, loss of key personnel, pricing, brand reputation, acquisitions, new initiatives we undertake, security and information systems, legal liability for website content, failure of third parties to provide adequate service, future internet-related taxes, our founder's control of us, litigation, fluctuations in quarterly operating results, consumer trends, the effect of government regulation and programs and other risks and uncertainties included in our filings with the Securities and Exchange Commission. We caution you that no forward-looking statement is a guarantee of future performance, and you should not place undue reliance on these forward-looking statements which reflect our views only as of the date of this report. We undertake no obligation to update any forward-looking information.

You should read the following discussion and analysis of our financial condition and results of operations in conjunction with the condensed consolidated financial statements and related notes included elsewhere in this document. This section is designed to provide information that will assist in understanding our condensed consolidated financial statements, changes in certain items in those statements from period to period, the primary factors that caused those changes and how certain accounting principles, policies and estimates affect the condensed consolidated financial statements.

Overview and Outlook

We operate a global digital video subscription service with over 8,000 titles in our English library that cater to a unique, underserved subscriber base. Our digital content is available to our subscribers on most internet-connected devices anytime, anywhere, commercial-free. Through our online Gaia subscription service our subscribers have unlimited access to a vast library of inspiring films, cutting edge documentaries, interviews, yoga classes, transformation related content, and more -90% of which is exclusively available to our subscribers for digital streaming. A subscription also allows our subscribers to download files from our library and view them without being actively connected to the internet.

Consumption of streaming video is expanding rapidly as more and more people augment their use of, or replace broadcast television and turn to, streaming video to watch their favorite content on services like Netflix, Amazon Prime, Hulu Plus, HBO Now and Gaia.

Gaia's position in the streaming video landscape is firmly supported by its wide variety of exclusive and unique content, which provides a complementary offering to other entertainment-based streaming video services. Our original content is developed and produced in-house in our production studios near Boulder, Colorado. Over 90% of our content is available for streaming exclusively on Gaia. By offering exclusive and unique content through our streaming service, we believe we will be able to significantly expand our target subscriber base.

Our available content is currently focused on yoga, transformation, seeking truth and conscious films. This content is specifically targeted to a unique customer base that is interested in alternatives and supplements to the content provided by mainstream media. We have grown these content options both organically through our own productions and through strategic acquisitions. In addition, through our investments in our streaming video technology and our user interface, we have expanded the many ways our subscription customer base can access our unique library of media titles.

Our core strategy is to grow our subscription business domestically and internationally by expanding our unique and exclusive content library, enhancing our user interface, extending our streaming service to new internet-connected devices as they are developed and creating a conscious community built on our content.

We reported net losses of \$6.0 million and \$6.2 million for the three months ended March 31, 2018 and 2017, respectively.

We are a Colorado corporation. Our principal and executive office is located at 833 West South Boulder Road, Suite G, Louisville, CO 80027-2452. Our telephone number at that address is (303) 222-3600. We maintain a website at www.gaia.com. The website address has been included only as a textual reference. Our website and the information contained on that website, or connected to that website, are not incorporated by reference into this Form 10-Q.

Results of Operations

The table below summarizes certain of our results for the periods indicated:

	For the Three Months Ended March 31,			
(in thousands, except per share data)	2018		2017	
Streaming revenues	\$	9,138	\$	5,209
DVD subscription and other revenues		477		575
Cost of streaming		1,181		743
Cost of DVD subscription and other		91		77
Selling and operating		14,810		10,465
Corporate, general and administration		1,411		1,352
Loss from operations		(7,878)		(6,853)
Interest and other income		17		44
Loss before taxes		(7,861)		(6,809)
Income tax benefit		(1,826)		(629)
Net loss	\$	(6,035)	\$	(6,180)

The following table sets forth certain financial data as a percentage of revenue for the periods indicated:

		For the Three Months Ended March 31,	
	2018	2017	
Net revenues			
Streaming	95.0 %	90.1 %	
DVD subscription and other	5.0 %	9.9 %	
Total net revenues	100.0 %	100.0 %	
Cost of revenues			
Cost of streaming	12.3 %	12.9 %	
Cost of DVD subscription and other	0.9 %	1.3 %	
Total cost of revenues	13.2 %	14.2 %	
Gross profit	86.8 %	85.8 %	
Expenses:			
Selling and operating	154.0 %	180.9 %	
Corporate, general and administration	14.7 %	23.4 %	
Total expenses	168.7 %	204.3 %	
Loss from operations	(81.9)%	(118.5)%	
Interest and other income	0.2 %	0.8 %	
Loss before taxes	(81.8)%	(117.7)%	
Income tax benefit	(19.0)%	(10.9)%	
Net loss	(62.8)%	(106.8)%	

Three months ended March 31, 2018 compared to three months ended March 31, 2017

Net revenues. Total net revenues increased \$3.8 million, or 65.5%, to \$9.6 million during the first quarter of 2018, compared to \$5.8 million during the first quarter of 2017. Net revenue from streaming increased \$3.9 million, or 75.0%, to \$9.1 million during the first quarter of 2018 from \$5.2 million during the first quarter of 2017. The increase in streaming revenues was primarily driven by our growth in the number of paying subscribers.

Cost of revenues. Cost of revenues increased \$0.5 million, or 62.5%, to \$1.3 million during the first quarter of 2018, from \$0.8 million during the first quarter of 2017 and, as a percentage of revenues, decreased to 13.2% during the first quarter of 2018 compared to 14.2% during the first quarter of 2017, primarily due to the increase in revenue. Cost of streaming revenues increased \$0.5 million, or 71.4%, to \$1.2 million during the first quarter of 2018 from \$0.7 million during the first quarter of 2017 and, as a percentage of streaming revenues, decreased to 12.9% during the first quarter of 2018 compared to 14.3% during the first quarter of 2017, primarily due to the lower cost of streaming associated with our higher volumes and an increase in revenue.

Selling and operating expenses. Selling and operating expenses increased \$4.3 million, or 41.0%, to \$14.8 million during the first quarter of 2018 from \$10.5 million during the first quarter of 2017 and, as a percentage of net revenue, decreased to 154.0% during the first quarter of 2018 from 180.9% during the first quarter of 2017. The decrease was primarily due to increased marketing spending for subscriber acquisition due to our focus on accelerated subscriber growth.

Corporate, general and administration expenses. Corporate, general and administration expenses remained unchanged at \$1.4 million during the first quarter of 2018 from the first quarter of 2017, and as a percentage of net revenues, decreased to 14.7% during the first quarter of 2018 from 23.4% during the first quarter of 2017.

Net loss. As a result of the above factors and a benefit from income taxes of \$1.8 million, net loss was \$6.0 million, or \$0.39 per share, during the first quarter of 2018 compared to a net loss of \$6.2 million, or \$0.41 per share, during the first quarter of 2017.

Seasonality

Our member growth exhibits a seasonal pattern that reflects variations when consumers buy internet-connected devices and, as a result, tend to increase their viewing, similar to those of traditional TV and cable networks. Our member growth is generally greatest in the fourth and first quarters (October through March), and slowest in the May through August period. As we expand internationally, we expect regional seasonality trends to demonstrate more predictable seasonal patterns as our service offering in each market becomes more established and we have a long history to such patterns.

Liquidity and Capital Resources

Our capital needs arise from working capital required to fund operations, capital expenditures related to acquisition and development of media content, development and marketing of our digital platforms, acquisitions of new businesses and other investments, replacements, expansions and improvements to our infrastructure, and future growth. These capital requirements depend on numerous factors, including the rate of market acceptance of our offerings, our ability to expand our customer base, the cost of ongoing upgrades to our offerings, our level of expenditures for marketing, and other factors. Additionally, we will continue to pursue opportunities to expand our media libraries, evaluate possible investments in businesses and technologies, and increase our marketing programs as needed. At March 31, 2018, our cash balance was \$50.7 million. We estimate that our capital expenditures, including investments in our media library, will total approximately \$9.0 million to \$13.0 million for the remainder of 2018, which will be funded through our available cash balance.

Since 2007, we have had an active shelf registration with the Securities and Exchange Commission for 5,000,000 shares of our Class A common stock. In March 2018, we completed an underwritten public offering of 2,683,333 shares of our Class A common stock under the shelf registration, which included 350,000 shares of Class A common stock issued pursuant to the over-allotment option granted to our underwriters, at a public offering price of \$15.00 per share. We received net proceeds of approximately \$37.1 million after deducting underwriting discounts and commissions and offering costs.

In the normal course of our business, we investigate, evaluate and discuss acquisition, joint venture, minority investment, strategic relationship and other business combination opportunities in our market. For any future investment, acquisition or joint venture opportunities, we may consider using then-available liquidity, issuing equity securities or incurring indebtedness.

While there can be no assurances, we believe our cash on hand, cash expected to be generated from operations, cash that could be raised by the sale of our stock, and current and potential borrowing capabilities should be sufficient to fund our operations on both a short-term and long-term basis. However, our projected cash needs may change as a result of acquisitions, product development, unforeseen operational difficulties or other factors.

As of March 31, 2018 we had no debt and an undrawn \$13.5 million line of credit secured by our real estate.

Cash Flows

The following table summarizes our primary sources (uses) of cash during the periods presented:

	For the Three Months Ended March 31,			
(in thousands)	2018	2017		
Net cash provided by (used in):				
Operating activities	(2,890)	(6,191)		
Investing activities	(4,058)	(2,456)		
Financing activities	24,841			
Net increase (decrease) in cash	\$ 17,893	\$ (8,647)		

Operating activities. Cash flow used in continuing operations decreased \$3.3 million during the first three months of 2018 compared to the same period in 2017. The decrease was primarily due to decreased operating losses in 2018 and favorable working capital dynamics from the growth in recurring subscriber revenues.

Investing activities. Cash flow used in investing activities increased \$1.6 million during the first three months of 2018 compared to the same period in 2017 primarily due to increased investment in our media library.

Financing activities. Cash flow from financing activities increased \$24.8 during the first three months of 2018 compared to the same period in 2017, primarily due to the net proceeds of \$37.1 million from the sale of Class A common stock in March 2018, offset by the repayment on the line of credit.

Item 3. Quantitative and Qualitative Disclosures About Market Risk

Not applicable.

Item 4.Controls and Procedures

Evaluation of Disclosure Controls and Procedures

Our management, with the participation of our Chief Executive Officer and Chief Financial Officer, conducted an evaluation of the effectiveness of the design and operation of our disclosure controls and procedures, as defined in Rule 13a-15(e) and Rule 15d-15(e) promulgated under the Securities Exchange Act of 1934. Based upon its evaluation as of March 31, 2018, our management has concluded that those disclosure controls and procedures are effective.

Changes in Internal Control over Financial Reporting

There were no changes in our internal control over financial reporting that occurred during the quarter ended March 31, 2018, that have materially affected, or are reasonably likely to materially affect, our internal control over financial reporting.

PART II—OTHER INFORMATION

Item 1. Legal Proceedings.

Item 1A. Risk Factors.

None.

There have been no material changes from the risk factors as previously disclosed under the heading "Risk Factors" in our Annual Report on Form 10-K for the year ended December 31, 2017.
Item 2. Unregistered Sales of Equity Securities and Use of Proceeds.
None.
Item 3. Defaults Upon Senior Securities.
None.
Item 4. Mine Safety Disclosures.
Not applicable.
Item 5. Other Information.
None.
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Item 6.Exhibits

Exhibit No.	Description
31.1*	Certification of the Principal Executive Officer pursuant to Rule 13a-14(a) under the Securities Exchange Act of 1934.
31.2*	Certification of the Principal Financial Officer pursuant to Rule 13a-14(a) under the Securities Exchange Act of 1934.
32.1**	<u>Certification of the Chief Executive Officer pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002.</u>
32.2**	Certification of the Chief Financial Officer pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002.
101.INS	XBRL Instance Document.
101.SCH	XBRL Taxonomy Extension Schema.
101.CAL	XBRL Taxonomy Extension Calculation Linkbase.
101.DEF	XBRL Taxonomy Extension Definition Linkbase.
101.LAB	XBRL Taxonomy Extension Label Linkbase.
101.PRE	XBRL Taxonomy Extension Presentation Linkbase.
* Filed	herewith

^{*} Filed herewith

^{**} Furnished herewith

SIGNATURES

Pursuant to the requirements of the Securities and Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf, by the undersigned, thereunto duly authorized.

Gaia, Inc. (Registrant)

May 7, 2018

Date

By:/s/ Jirka Rysavy

Jirka Rysavy

Chief Executive Officer (authorized officer)

May 7, 2018

Date

By:/s/ Paul Tarell

Paul Tarell

Chief Financial Officer

(principal financial and accounting officer)

CERTIFICATION

I, Jirka Rysavy, certify that:

- 1. I have reviewed this quarterly report on Form 10-Q of Gaia, Inc.;
- 2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- 3. Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- 4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15((f)) for the registrant and have:
 - (a) designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - (b) designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with the generally accepted accounting principles;
 - (c) evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - (d) disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
- 5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
 - (a) all significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - (b) any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: May 7, 2018

/s/ Jirka Rysavy

Jirka Rysavy Chief Executive Officer (principal executive officer)

CERTIFICATION

I, Paul Tarell, certify that:

- 1. I have reviewed this quarterly report on Form 10-Q of Gaia, Inc.;
- 2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- 3. Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- 4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15((f)) for the registrant and have:
 - (a) designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - (b) designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with the generally accepted accounting principles;
 - (c) evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - (d) disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
- 5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
 - (a) all significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - (b) any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: May 7, 2018

/s/ Paul Tarell

Paul Tarell Chief Financial Officer (principal financial officer)

CERTIFICATIONS PURSUANT TO 18 U.S.C. SECTION 1350, AS ADOPTED PURSUANT TO SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002

In connection with the Quarterly Report of Gaia, Inc. (the "Company") on Form 10-Q for the period ending March 31, 2018, as filed with the U.S. Securities and Exchange Commission on the date hereof (the "Report"), I, Jirka Rysavy, Chief Executive Officer of the Company, certify, pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, that to the best of my knowledge:

- (1) The Report fully complies with the requirements of Sections 13(a) or 15(d) of the Securities Exchange Act of 1934; and
- (2) The information contained in the Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

Date: May 7, 2018

/s/ Jirka Rysavy

Jirka Rysavy Chief Executive Officer (principal executive officer)

A signed original of the written statement required by Section 906 has been provided to Gaia will be retained by Gaia and furnished to the Securities and Exchange Commission or its staff upon request.

CERTIFICATIONS PURSUANT TO 18 U.S.C. SECTION 1350, AS ADOPTED PURSUANT TO SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002

In connection with the Quarterly Report of Gaia, Inc. (the "Company") on Form 10-Q for the period ending March 31, 2018, as filed with the U.S. Securities and Exchange Commission on the date hereof (the "Report"), I, Paul Tarell, Chief Financial Officer of the Company, certify, pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, that to the best of my knowledge:

- (1) The Report fully complies with the requirements of Sections 13(a) or 15(d) of the Securities Exchange Act of 1934; and
- (2) The information contained in the Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

Date: May 7, 2018

/s/ Paul Tarell

Paul Tarell Chief Financial Officer (principal financial officer)

A signed original of the written statement required by Section 906 has been provided to Gaia and will be retained by Gaia and furnished to the Securities and Exchange Commission or its staff upon request.